

# Volts and Jolts

Published monthly for the members of RED LAKE ELECTRIC COOPERATIVE, Inc.

One of the Minnkota Power Systems

SERVING THE FOUR-COUNTY AREA OF MARSHALL, PENNINGTON, RED LAKE AND POLK

and a portion of the lands of the Red Lake Band of Chippewa

VOL. 48 - NO. 10

RED LAKE FALLS (RED LAKE COUNTY), MINNESOTA 56750

**JULY 2013** 

## HAPPY 75TH ANNIVERSARY





Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

INCORPORATED JULY 30, 1938

#### Straight Talk on Energy:

#### Finding the right energy balance Trying to find an energy source that is affordable, reliable and environmentally friendly has always been a

balancing act. Your cooperative's wholesale power supplier, Minnkota Power Cooperative, has a portfolio that reflects its location near some of the nation's best coal and wind resources. You also receive a fair amount of energy from the Garrison Dam, which created Lake Sakakawea in central North Dakota. Listed below are some pros and cons of different fuels used for generating electricity.

#### Coal

#### Pros

- · Abundant North Dakota has an
- 800-year supply. compared to other fuels. Generators
- that use coal are proven technology. · Reliable - Coal is baseload generation, meaning a power plant
- can run 24/7 with this fuel source. Increasingly cleaner – Technology exists, which Minnkota uses, to drastically cut nitrogen oxides, sulfur
- dioxide and mercury emissions.

Water Pros

Cons

Nuclear Pros

- Environmental groups and the federal government continue to attack coal due to its higher carbon dioxide output, which they believe is a contributor to climate change.
- Regulations and legislation have made it next to impossible to build a new coal-fired power plant.

Emissions free renewable resource. Affordable unless a prolonged drought occurs.

· Virtually no resources left to develop · Does affect fish migration and changes the A prolonged drought could raise prices and en its rated capacity

Reliable unless a prolonged drought occurs.

#### **Natural** gas Pros

- Currently rivals coal in terms of affordability.
- · Abundant fuel supply.
- · Can be used as either peaking (as needed) or baseload generation.
- The price of natural gas has historically been very volatile.
- · Fracking is an environmenta concern in its own right.
- . The flaring of methane naturally present in these natural gas wells is many greenhouse gas than carbon dioxide. This may negate any advantage natural gas has over coal in terms of

#### Wind

- Pros
- · Emissions free and renewable
- resource. · Cheaper than other forms
- of renewable energy but still more expensive than coal or natural gas. · Landowners receive royalties
- · Not reliable. The wind energy you receive from your cooperative is only available
- when the wind blows . Can disrupt the path of birds
- · Is an eyesore to some. · Still needs to be backed up by a reliable, baseload energy source like natural gas.
- · Is not a baseload energy source like natural gas or

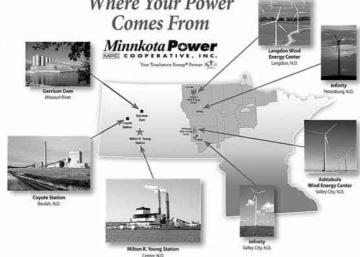
## Solar

- Pros · Emissions free and renewable
- · As technology improves, may be a supplement to power certain items in the home.

#### Cons

- · Very expensive in its current
- · Only available up to 18 percent of the time in the region.
- If implemented in a large scale would take up large amounts of land.
- · May not be the best fit for

# Where Your Power



PKM News · May/June 2013 7

#### Cons . The U.S. still hasn't figured out what to do

Reliable energy; available 24/7.

- with the spent radioactive mater · Takes a long time to build
- · There is a stigma associated with nuclea

#### **QUICK TAKES**

A look at some statistics from your Red Lake Electric Cooperative

Red Lake Electric Cooperative promotes energy conservation by offering the following rebates to customers who purchase any of the following new appliances that are Energy Star® rated

products. Products are easily identified by the Energy Star® logo. An additional \$25 rebate is given on a refrigerator or freezer if the old unit is recycled. # Water Heater must have energy factor of .91 or greater, be a minimum of 80 gallons and be controlled under the load management program.

Call us today at 1-800-245-6068 or 218-253-2168 if you have any questions on how to qualify for your Energy Star® rebate from Red Lake Electric Cooperative.

## **Red Lake Electric Cooperative Energy Star Appliance Rebates** \$150 \$50 \$25 \$25 Electric Water heater # Clothes Washer

#### Storm on July 12 causes damage and outages began service restoration shortly It is termed as a micro burst

that swept through the Thief River Falls area in the early evening hours of July 12. The storm caused much structural damage to personal property and to electric cooperative struc-

Following the storm Red Lake Electric Cooperative had 694 accounts without electrical power. The bulk of the outages were located in the immediate Thief River Falls area and east about five miles. There were some individual outages west of Thief River Falls, south of Middle River and on the western edge of the Red Lake Indian Reservation.

Red Lake Electric crews

after the passing of the storm. As the evening progressed, a heavy fog set in and it was apparent service would not be restored to all of the accounts that night. The crews suspended their efforts at 2:00 a.m. July 13 with 90 accounts still without electrical service.

Restoration efforts resumed at 7:00 a.m. and were a challenge due to the number of trees downed on power lines and poles with several of the lines being river crossings. The crews worked 17 continuous hours with (2206003.01 Newfolden Coop Oil Co.) the last member having electrical service restored at 11:30 p.m.

As a result of the storm there were 12 broken poles, two yard services destroyed, several wire breaks, numerous downed trees and a mile of Minnkota Power Cooperative transmission line on the ground.

Red Lake Electric employees extend their gratitude to the many understanding and helpful cooperative members. Maybe you called to report a problem site, maybe you helped cut and clear trees, maybe you provided cold refreshments, or maybe you offered encouraging words of support and appreciation whatever your role, we Thank



Red Lake Electric Cooperative crews and property owners worked to restore electrical power to 694 accounts, that were left without power, following the micro burst that hit the Thief River Falls area the evening of July 12. Cleanup for property owners will span many days with the landscape to never be the same again.



Poles of a three phase line east of Thief River Falls lay on the ground following the strong winds that passed through the Thief River Falls area on the evening of July 12. Red Lake Electric had 12 broken poles as a result of the storm.

More storm damage photos on page 5

#### In this month's Volts and Jolts

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Recipe Corner From the Mail Bag

Feature of the Month Stenberg farm Hanson farm

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Copper Theft Summer Safety Tips



#### Manager's **Comments**

by Roger Johanneck



#### **Independence and Power**

If we were looking for reminders to not take these two important things (Independence and Power) for granted, we have not had to look too far this

Our patriotism is made quite visible with all the flag waving this time of year; at all the summer celebrations, parades, as well as businesses and homes flying our nation's colors in tribute. It sure makes one feel proud to see this patriotism, to be part of a nation that can freely do what we do. Our recent July 4th holiday is another good reminder of the freedoms and independence we enjoy in our United States. We are reminded to not take this freedom for granted, but it is easy to do; freedom is all many of us have known here in our land. Our hats off and thanks to all who have served and are serving our country today.

The July 12th storm that knocked out power to about 700 of our customers living in the Thief River Falls area and east (29808005.01 Lyle Haagenson) our most recent large scale reminder that nature can disrupt the flow of electrical power in a hurry. Given the reli-

ability of the system we have in place to serve members, it is easy to take for granted that we will have electrical power whenever we need it. While we do preach that all of us need to be prepared for events like this one, it does catch many homeowners off guard. What you can take for granted however is that when events like this do happen, our employees will do what we can to restore electricity to you as quickly as we can without jeopardizing the safety of the employees and the members we

#### Happy 75th!

Many of you already know that your Red Lake Electric Cooperative is celebrating it's 75th anniversary this year and officially that happens this month; Tuesday, July 30th to be exact. This date in 1938 was the official incorporation date of the Cooperative which was first named the Red Lake County Power and Light Association. I think as a tribute to the Cooperative's founding fathers, it would be fitting if all of us do something special to mark the occasion on July 30th.

We could turn on some extra lighting, appliances, fans,

motors, etc. just to splurge on electricity a bit. Or, we could put a conservation twist on the day by turning off all the lights in the evening and light up an old oil lamp to read by. I don't have an oil lamp but I do have a Coleman lantern that I used to take on camping trips. I couldn't get it to work the last time I tried to light it but maybe with a little more coaxing and fresh fuel I could get it going again. How about hauling some water to the garden in 5-gallon pails instead of using the garden hose hooked to an electric pump to do the watering?

The more I think about it, maybe doing those things I suggested isn't necessary as a show of thanks to the Cooperative's founding fathers, or to appreciate the convenience of having power, lights and water with the flip of a switch. The July 12th storm that knocked out power, and other power-interrupting storms that we can recall, are reminder enough of what it's like to live without electricity. Happy 75th Red Lake Electric Cooperative!

## Benjamin Franklin's electric breakthroughs still keep homes safe

Benjamin Franklin is remembered as a writer, politician, scientist, and inventor. His discoveries related to electricity are still important to this day, and fortunately we have a better understanding of how to safely use electricity. The Energy Education Council encourages you to learn from Benjamin Franklin and practice safety around electricity.

Benjamin Franklin was fascinated by the power and mystery of electricity. He and some of his contemporaries had a theory that lightning was electricity. This led Franklin and his companions to conduct a famous experiment involving a kite and a key. During a storm, Franklin flew a kite with a key attached to the bottom. Lightning struck the kite and transferred from the kite to the key. The experiment proved that lightning was electricity.

However, Franklin's experiment was very risky and shows us how dangerous it is to be outside during a storm. No matter how curious you are, it is never safe to go outside in severe weather, and it is especially dangerous to fly a kite in such weather. Franklin is very fortunate that he was not killed or seriously injured during his experiment.

It is important to pay attention to weather reports so you know when storms are approaching and can make plans to be inside. Lightning can strike up to 10 miles from the

area in which it is raining, even house damage. if (4523004.01 Scott and Brenda Edgar) you do not see clouds. This means that if you can hear thunder, you are within striking distance. After a storm, wait until 30 minutes has passed without lightning or thunder before you go outside.

Franklin did have safety in mind when he invented the lightning rod. It was created to protect homes from fires started by lightning. Lightning rods are placed on the top of buildings, where they attract lightning. The rod is attached to a wire that leads to the ground, which is designed to safely dissipate lightning's power into the

Franklin's curiosity in electricity was spurred on by the lightning experiment. He continued to contribute to electrical discoveries over the course of his life. He coined phrases such as positive, negative, charge, and discharge that are still used to describe electricity. He helped pave the way for future electrical discoveries and inven-

Franklin passed way in 1790 at the age of 84, but he lives on through his writings, terminology, and inventions. To learn more about electricity, the safe way, visit SafeElectricity.org.

Source: Safe Electricity

## Stay active as you get older: quick tips

Before you begin...

If you have a health problem like heart disease, diabetes, or obesity, talk to your doctor about the types and amounts of physical activity that are right

Aim for 2 hours and 30 minutes a week of moderate aerobic activities.

Choose activities that make your heart beat faster, like walking fast, dancing, or raking leaves.

Start slowly. Build up to 30 minutes on most days of the week, at least 10 minutes at a

Tell your doctor if you have shortness of breath, chest pain,

or unplanned weight loss. Do strengthening activities 2 days a week.

Try using exercise bands or lifting hand weights. You can also use cans of food as weights.

Breathe out as you lift something, and breathe in as you relax. Holding your breath can cause changes in your blood pressure.

Do balance activities 3 or more days a week.

Practice standing on one

Learn tai chi ("ty chee"), a

Stand up from a sitting posi-

Chinese mind-body exercise that involves moving the body slowly and gently. Sign up for a yoga class, or

try following a yoga video at home. For more information about

staying active as you get older, visit:

http://go4life.nia.nih.gov/get -started

http://nihseniorhealth.gov/ex erciseforolderadults/healthbenefits/01.html

Source: healthfinder.gov

## **NOTICE**

Hidden within the text of the articles of this issue of the Volts & Jolts are the names and account numbers of some RLEC members. They will appear within the articles in parenthesis as such (9999999.99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your electric bill.

## Don't take a vacation from retirement planning

By Doreen Friel

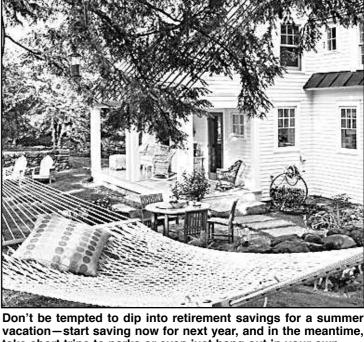
With warm weather and kids out of school, lots of us want to get away. While it may be tempting to tap into retirement savings-or even suspend retirement plan contributions to fund a vacation, don't do it. Keeping retirement savings on a steady track prepares you for the biggest vacation of your life: retirement.

In 2010, nearly 20% of individuals who took out loans on their 401(k) plans defaulted on those loans, according to a study conducted by researchers from the Brookings Institution and financial analysis firm Navigant Economics. Even if you repay the loan, or temporarily suspend putting money into your 401(k), you're still robbing from yourself long term for a trip that will be over in just a week or two.

Instead, shelve the grand vacation. Take day trips or explore points of interest near your home, such as parks, historical sites, and museums. Look closer to find fun in your own backyard.

If you still want to get away, consider only what you can already afford. Try driving, rather than flying. Stay in hotels with kitchenettes to save big on meals—even if you pay a little more for the room.

And start planning now for your 2014 get-away. Set aside just \$100 per month (with an opening account balance of \$1 and 1% interest, compounded monthly), and you could have \$1,206.53 in just 12 months, according BankRate.com's Simple Savings Calculator. Bump your monthly savings to \$200, and you (3701004.04 Raymond C. arth) would have accumulated \$2,412.04 for your 2014 getaway. By planning ahead, you can enjoy the vacation you want without tapping into your retirement savings.



vacation—start saving now for next year, and in the meantime, take short trips to parks or even just hang out in your own backyard. Source: Touchstone Energy® Cooperatives

Don't want to write a check? Want to save on postage? Red Lake Electric has a new payment option to make paying your bill easy. This service is free. Sign up is simple. Go to www.redlakeelectric.com and click on the Bill4U icon.

- Bill4U allows you to make your payments 24 hours a day directly from your checking or savings account eliminating the cost of the check and postage.
- Bill4U allows you access to your billing statements at any time.
- Bill4U allows you to view and compare your kilowatt-hour usage. If you have any questions or need more information, visit our web site or call Red Lake Electric 800-245-6068.





# 🔁 Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

## Things you should know about your electric service

#### **BILLINGS AND COLLECTION**

You will receive your energy bill on or near the 20th of each month.

Payment of your monthly energy bill is due on the 20th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour drive-up drop box located next to the RLEC office, by Auto Pay, Bill4U, or by mail. Payment must be in the office, drop box, Auto Pay, Bill4U, or in the mail, as evidenced by the postmark, by the 5th day of the following month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills, the min-

imum late payment charge will be \$1.00. If your payment is not received by the 15th of the month, a final notice of disconnection statement will be included on your following bill. The final notice statement will notify you when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service, a \$60 collection fee will be charged to your account, even if you pay the collector.

To have a disconnected service reconnected, all amounts owing, a \$60 reconnection fee, and a security deposit must be paid. If the service must be reconnected after normal working hours, a \$120 reconnection fee must be paid.

#### **BAD CHECKS**

A \$15 charge plus any applicable bank charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped.

#### OUTAGES

- In case your electricity goes out, please do the following:
- 1. Check your fuses or breakers at the yard pole or meter pedestal.
- 2. Call your neighbor to see if they are out of electricity also.
- 3. Call the RLEC office (218-253-2168 or 1-800-245-6068) during working hours or 218-253-2200 after hours. We will accept collect calls for outages only.

## **METER TESTS**

RLEC has a schedule in place to have its meters periodically tested for accuracy. Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to you.

and payment service

#### STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not reporting a stopped meter.

#### **METER READINGS**

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, there is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office.

#### **GENERAL SERVICE RATES**

Facilities charge variable \$27 to \$35 month April-December . . . . . . . . . . . . 9.5¢ Kwh January-March ......9.9¢ Kwh Multiphase users add \$22/month cost of

service charge. Standby, \$12/month (meter disconnected but the power line retained; standby is not available on services larger than 15 KVA

Security light: high pressure sodium, \$8/month; mercury vapor, \$9/month; water heater flat credit, \$7/month (January-April billing); off-peak equipment charge, \$5.50/month per heat meter; off-peak energy

rate: 5.5¢/kWh long-term control, 7.5¢/kWh short-term control.

transformer capacity).



**Red Lake Electric Cooperative, Inc.** 

One of the Minnkota Power Systems

### RED LAKE ELECTRIC COOPERATIVE, Inc. **VOLTS & JOLTS**

**Mission Statement** 

It is the mission of Red Lake Electric Cooperative to

enhance the quality of life for people of our service area

by consistently providing quality electric service and

other valued services while holding our employees, our

community and our environment in high regard.

(USPS 663-400)

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#### **OFFICERS AND DIRECTORS**

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Steven Linder, Peter Mosbeck, Colette Kujava, Randy Versdahl, Stacy Blawat Subscription Rate\$2.50 per year

## Recipe Corner



#### **Almond-Green Bean Salad**

- 4 c. lettuce, chopped
- 3 c. frozen green beans, defrosted (about 1 pound)
- 1 c. cherry tomatoes, halved
- 1/3 c. sliced red onion
- 2 Tbsp. balsamic vinegar
- 1 Tbsp. olive oil (can use other vegetable oil as well)
- 2 Tbsp. slivered almonds, toasted

Rinse lettuce with cold running water; drain in colander and blot dry with paper towels. Mix all ingredients together in a large mixing bowl. Serve immediately or chill briefly before serving, up to 1 hour.

Each 1 1/2 cup serving: 116 calories, 6 g fat, less than 1 g saturated fat, 0 mg cholesterol, 13 mg sodium, 14 g carbohydrate, 5 g fiber, 4 g protein. Diabetic exchange: 3 vegetables.

#### **Cabbage Crunch Salad**

- 1 package prepared cole slaw mix (including chopped cabbage and other veggies)
- 2 packages tomato ramen noodles (separate noodles and seasoning packets; reserve seasoning packets for dressing)
  - 4 green onions, chopped
  - 1 c. slivered almonds
- Dressing:
- 2 seasoning packets from ramen noodle packages
- 6 Tbsp. white vinegar
- 6 Tbsp. sugar
- Before serving:
- 3/4 c. cooking oil
- 1 tsp. pepper

In a large bowl, mix the prepared cole slaw mix, 2 packages tomato ramen noodles, crushed, green onions and almonds; set aside. Dressing: in a small bowl, combine the 2 seasoning packets, vinegar and sugar; mix well. Put in microwave oven for 1 minute, or until sugar dissolves. Pour over cabbage mixture; refrigerate. Just before serving, stir in cooking oil and pepper.

## Red Lake Electric Cooperative, Inc. **Operating Report**

MONTHLY COMPARISON

		MAY	MAY
		2012	2013
Total Revenue	\$	897,273	\$ 1,028,336
Total Margins	\$	54,579	\$ 118,645
Cost of Power			
KWH's Purchased	7	,936,753	8,543,598
Capital Credits Paid to Estates	\$	13,286	\$ 6,436

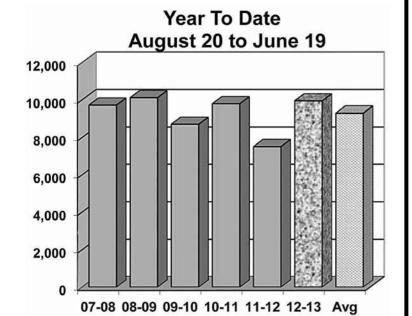
#### YEAR TO DATE COMPARISON

MAY 2012	MAY 2013
Total Revenue\$6,119,741	\$6,690,788
Total Margins\$ 717,318	\$1,126,930
Cost of Power\$4,273,280	\$ 4,425,189
KWH's Purchased60,471,498	66,763,002
New Service Connections13	9
Customers Served5,211	5,232
Capital Credits Paid to Estates \$ 53,998	\$ 48,406
Miles of Line	
Overhead2,324	2,324
Underground245	256

## **DEGREE DAYS**

To determine degree days, you must calculate the daily mean temperature for the time period you are measuring. Degree day computation is based on the assumption that a building does not require any heat if the outside temperature averages 65 degrees during a 24-hour period. To obtain a degree day figure, the high temperature and the low temperature for the day are added and the total divided by two. That figure is then subtracted from 65. For example, if the high temperature was 30 degrees and the low temperature 10 degrees, the figure would be 30+10=40; 40/2=20; 65-20=45. This would be a 45-degree day. The higher the degree day figure, the more heat required to warm your home.

#### DEGREE DAYS May 20 to June 19 300 250 200 150 100 50 13 08 09 12



#### Banana-Zucchini Bread

- 4 eggs
- 2 c. sugar
- 1 c. vegetable oil
- 2 medium ripe bananas, mashed (about 1 cup)
- 3 c. all-purpose flour
- 1-1/2 tsp. baking powder
- 1-1/2 tsp. baking soda 1-1/2 tsp. ground cinnamon
- 1 tsp. salt
- 1-1/2 c. shredded unpeeled zucchini
- 1 c. chopped pecans

In a mixing bowl, beat eggs. Blend in sugar and oil. Add bananas and mix well. Combine flour, baking powder, baking soda, cinnamon and salt; stir into egg mixture. Stir in zucchini and pecans just until combined. Pour into two greased 9 in. x 5 in. x 3 in. loaf pans. Bake at 350° for 50 minutes or until a toothpick comes out clean. Cool for 10 minutes. Remove from pans to wire racks to cool completely. Yield: 2 loaves

#### Nine-Day Coleslaw

- 1 large head cabbage (about 3 pounds), shredded
- 1 large onion, chopped
- 2 c. sugar Dressing:
- 1 c. vinegar
- 1/2 c. vegetable oil
- 2 Tbsp. sugar
- 2 tsp. salt
- 1 tsp. celery seed

In a large bowl, lightly toss cabbage, onion and sugar; refrigerate. In a saucepan, combine dressing ingredients; bring to a boil. Remove from the heat and cool for 1 hour. Pour over cabbage mixture and toss. Chill at least 1 hour before serving. Coleslaw may be stored in the refrigerator for up to 9 days.

**Yield**: 16-20 servings.

#### **Stuffed Peppers**

- 6 lbs. green peppers, seeded 1 lb. ground beef, cooked and drained
- 1 c. cooked rice
- 1 (24 oz.) can tomato sauce
- 2 tsp. salt
- 1 clove garlic, minced 2 Tbsp. chopped onion
- 1 qt. boiling salted water

Place seeded peppers in boiling water for 5 minutes. Remove, cool. Preheat oven to 350°. Cook onion and garlic with beef until tender. Stir in salt, rice and half of the tomato sauce, heat. Stuff each pepper with meat mixture and stand upright in baking dish. pour rest of tomato sauce over peppers and bake, covered, 45 minutes. Uncover, bake another 15 minutes.

## Healthy snacks: quick tips for parents

#### Healthy snack ideas

"Ants on a log" (celery with peanut butter and raisins)

Fresh or canned fruit (in 100% juice, not syrup) with fatfree or low-fat vanilla yogurt

low-fat cheese

Frozen grapes (rinse and freeze grapes overnight) Whole-wheat bread or apple

slices with peanut butter

Quesadillas (low-fat cheese on a whole-wheat tortilla)

Unsalted pretzels or airpopped popcorn

Baked tortilla chips and salsa Whole-wheat pita bread with

Water or fat-free or low-fat

Put fresh fruit in a bowl at eye-level in the refrigerator or on the kitchen counter. It will be

easier for kids to see and grab. On the go

Put dried fruits and nuts,

fresh veggies, or fruit in small baggies

Pack low-fat string cheese sticks.

#### Set the rules

Teach your kids to ask before Whole-grain crackers with they help themselves to snacks. Eat snacks at the table or in the kitchen, not in front of the

TV. Serve snacks in a bowl. Don't let kids eat snack foods directly out of the bag or box.

Drink water or fat-free or low-fat milk instead of soda or juice.

For more information on nutrition and kids, visit: http://www.choosemyplate.gov/ food-groups/downloads/Ten Tips/DGTipsheet11KidFriendly VeggiesAndFruits.pdf

http://www.nhlbi.nih.gov/he alth/public/heart/obesity/wecan/ eat-right/choosing-foods.htm

Source: healthfinder.gov

#### **Tangy German Potato Salad**

- 7 medium potatoes (about 1-3/4 pounds)
- 8 bacon strips
- 1 small onion, chopped
- 1/2 c. diced celery 3 Tbsp. sugar
- 3 Tbsp. all-purpose flour 3/4 c. water
- 1/2 to 3/4 c. vinegar
- 1/4 to 1/2 tsp. salt Pepper to taste
- Peel potatoes; place in a saucepan and cover with water. Cook until tender but firm. Meanwhile, in a skillet, cook the bacon until crisp. Drain, reserve 3 Tbsp. drippings. Crumble bacon; set aside. In the drippings, saute onion and celery until tender. Add sugar, flour, water, vinegar, salt and pepper; cook and stir until mixture boils and thickens. Drain potatoes; slice and place in a large bowl. Add the

#### **Strawberry-Rhubarb Squares**

bacon and sauce; toss gently to coat. Serve warm or at room tem-

- 1/2 c. margarine or butter softened
- 1/2 c. packed brown sugar
- 1/2 tsp. vanilla
- 1 c. flour
- 3/4 c. quick-cooking oats 1/3 c. chopped nuts
- 1/4 tsp. baking soda

perature. **Yield:** 6 servings

- 1/4 tsp. salt
- 1 c. sugar
- 1/3 c. flour 1 Tbsp. milk

- 2 c. sliced strawberries
- 2 c. sliced rhubarb (about 4 stalks)

Mix margarine, brown sugar, and vanilla in a bowl. Stir in 1 cup flour, oats, nuts, baking soda, and salt until crumbly. Reserve 1 cup crumbly mixture. Press the rest in an ungreased, square 8 x 8 x 2 or 9 x 9 x 2 pan. Mix granulated sugar, 1/3 cup flour, milk, and eggs in large bowl until smooth, fold in strawberries and rhubarb. Pour in pan. Sprinkle with reserved crumbly mixture. Bake at 350° until topping is golden brown and filling is set - about 40 to 50 minutes. Serve with Brown Sugar Topping. Refrigerate any remaining

Brown Sugar Topping: Beat 1 cup chilled whipping cream, 1/4 cup packed brown sugar, and 1/2 teaspoon vanilla until stiff.

#### **Zwieback Rolls**

Fresh zwieback is baked in many German Mennonite homes to serve to friends who might drop in, or for the weekly Sunday dinner known as Faspa.

- 5 to 6 c. all-purpose flour
- 1/4 c. sugar
- 1 package (1/4 oz.) active dry yeast 2 tsp. salt
- 1-3/4 c. milk

1/2 c. vegetable oil 1/4 c. water

In a mixing bowl, combine 2 c. flour, sugar, yeast and salt. In a saucepan, heat the milk, oil and water to 120°-130°. Add to dry ingredients; beat until smooth. Stir in enough remaining flour to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 6-8 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour. Punch dough down and divide into fourths. Divide three of the portions into eight pieces each; shape into balls and place on greased baking sheets. Divide the fourth portion of dough into 24 small balls. Make an indentation in the top of each larger ball; press one small ball atop each larger ball. Cover and let rise in a warm place until doubled, about 45 minutes. Bake at 375° for 20-25 minutes or until golden brown. Yield: 2 dozen Nutritional Analysis: One roll (prepared with skim milk) equals 142 calories, 201 mg sodium, trace cholesterol, 23 g carbohydrate, 3 gm protein, 4 gm fat. Diabetic Exchanges: 1-1/2 starch, 1 fat.

# From the Mail Bag

#### Dear RLEC,

Thanks for the money for top rabbit. I used it to buy another

rabbit at the fair. Sincerely, **Brock Tvedt** Happy-Go-Lucky 4-H Club **Red Lake County 4-H** 

#### Dear RLEC,

Thank you so much for awarding me the Red Lake Electric Cooperative scholarship. Our family has been members of the Co-op for three generations. My grandfather, Norman Dufault, was on the board for many years and was very proud of it. Thank you

Emma Dufault **Crookston High School** 

again.

Thank you for the contribution towards the 4-H business awards. It is greatly appreciated by myself and the 4-H pro-

> Thanks again, **Abigail Gerardy** Happy-Go-Lucky 4-H Club **Red Lake County 4-H**

#### Dear RLEC,

Thank you for the \$20 award for my 4-H project in computer programming. I got a Grand Champion for my batch file. I am a member of the Huot Hustlers Group.

**Jacob Solie Huot Hustlers 4-H Club Red Lake County 4-H** 

The Gazette only in Red Lake County

# **Call Before You Dig**

With the arrival of spring, many people have plans for excavating and planting projects. To ensure your safety and the safety of others, before digging or planting, call Gopher State One Call, 1-800-252-1166.



Red Lake Electric Cooperative members and area contractors are reminded, if you are planning to dig deeper than one foot, you must call Gopher State One Call it's the law!

A call to Gopher State will get all utility underground lines and pipes located and marked, free of charge, within 48 hours.

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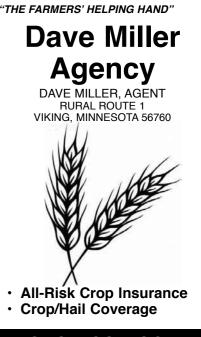


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## **VOLTS AND JOLTS FEATURE OF THE MONTH**

#### Young Stenberg helps power up the farm



Alma and Don Stenberg

Don Stenberg remembers digging holes with his father at the age of 10 so that poles could be drive the frost out of the installed for electricity at his family's farm.

In 1943, Stenberg, along with his father, Oscar, mother, Signe, and sister, Barbara, moved onto a farm that his father did most of the was just off the main electric line but had not much as he could. RLEC yet been electrified. The came out and set the previous owners declined the electric service at the residence. which is located between Oklee and Plummer, so the home had not been included when the main line came through that area. As it was in the fall when the family moved to the farm and requested service, Red Lake Electric Cooperative (RLEC) explained that they did not dig poles in the winter months and the family would have to wait until the spring thaw, or they could dig the holes themselves. That's just what they did.

the poles should go along the 1,020 feet from the main line to the home. Stenberg and his father Oscar shoveled

and it was Don's job to not have electricity at carry firewood to each site. Oscar set fires to ground so the holes could be dug.

RLEC furnished special shovels with long handles to dig the holes. Stenberg remembers that digging, but he helped as poles and wires that winter. The farm was electrified before spring.

The home was not wired for electricity, so Oscar had that done. The most important reason for electricity was for the water pump. Although the farm had a windmill that powered the pump for water into the barn, it was not reliable unless it was a windy day. With elecwater tricity, pumped directly into the barn, but was still carried by hand into the home for several years.

"What we enjoyed most right away was RLEC staked where pumping water for the cows," said Stenberg. The family had dairy cattle, chickens and turkeys and also farmed small grains. Stenberg snow from those spots explains that they did

the home they moved from and most of his neighbors didn't have the service, so they didn't know what it was like to live without it until they had it.

"Not many others in the area had it," he says, "So we couldn't miss it. Once you got it, you couldn't get over how nice it was to have it and just flipping the switch and watching the light bulb light up!"

Stenberg married his wife Alma, in 1959, the day after he was discharged from the Army. The couple returned to the area and soon purchased the farm from Oscar and Signe in the mid 1960s. In 1973 they sold the home and yard, but kept the farmland. A new home was built, just over a mile south of the first home, and the couple still resides there today. They have three children and six grandchildren. Their son, Jeff, now runs the farm. Don helps during planting and harvest and several of the grandsons work in the venture as well.

## Elmer Hanson remembers setting poles

Elmer Hanson was inspired by the Red Lake Electric Cooperative areas that were dry, but booklet celebrating their 75th anniversary to share a story of setting poles for RLEC in his booklet reminded him of the summer of 1949, just high school, as it fea- the poles were to be the pole and start all over

tured a picture of workers setting a pole, just like he did that year.

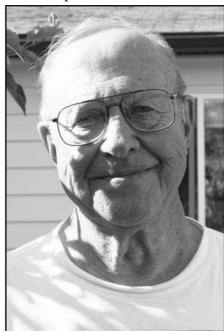
Hanson reminisces that he was seventeen-years-old when he answered an ad in the Oklee newspaper for help setting poles. He worked for a contractor out of Fargo, N.D., and was the youngest of the four man crew. On that first day he rode his bike the few miles into Oklee carrying his lunch and ready to work at his

first paying job off of supplies. In actuality, Hanson explains with a chuckle, he had only driven a few times on the farm where he grew up and never on the high-

way or through town! He made it to Thief River Falls that day and back with the supplies and the men headed out to work. A crew would go ahead of them and dig the holes for the poles. Hanson's crew would then come and set the poles in place. The foreman would use a plumb tool to set it just right. Then, workers using pike poles while other workers filled in

place to secure the pole. This worked well in when the land was too wet, approach was used. youth. The cover of the if the land was wet or puddles existed. Often

the crew ahead would



**Elmer Hanson** 

replied. That first day and their pike poles. The often joking and visiting. they sent him to Thief crew came to a spot on He enjoyed his experistake was in the middle of a large water hole. and waded into water two or three feet deep. A corner pole was to be set here, which was taller and bigger than the regular poles, so the crew struggled to get it in place.

Normally, once it was in place, the foreman let brought back lots of would place a pipe containing a small dynamite charge inside. The charge would go off and push the pole up and it would come back down with enough force to set held the pole in place it in the ground. "For some reason the foreman figured being it was such around the pole with dirt a large pole, it needed a and tamped the soil in little more dynamite,"

remembers Hanson, "He set the charge off and the pole didn't just go up a little and settle down an explosive like the other poles we had set in place. It shot Holes could not be dug up in the air and went clear across the road and landed in the field on the north side of the road!" before his senior year of then only stake where The crew had to retrieve

> again. "By the time we were all done, we were covered in mud and soaking wet," he laughs, "We must have gotten it right as the pole is still standing and I think of the fun time we had setting it every time I go by!"

> Hanson fondly remembers that summer job. He explains that the crews usually went five or six miles a day setting poles, often riding on the back of the truck between jobsites. He explains that the

the family farm. When placed and move on. crew, which included he got there, they asked Hanson's crew would two other men from the if he could drive truck. then set poles with the Oklee area, were fun to "Oh, sure!" Hanson aid of a Jenny machine work with as they were River Falls, Minn, in a County Road 7 near ence working that sumone-ton flatbed truck for McIntosh where the mer and learning how to work with others.

"Its kinda fun to drive They donned hip boots around now and see that some of the poles are still there that I set back then," he says, "Every time I take that County Road 7, I see that pole and it reminds me of that story and the Red Lake Electric Cooperative 75th Anniversary booknice, old memories."

> Hanson still lives just a few miles east of Oklee with his wife of 55 years, Doris. The couple has one son, six daughters, and were also foster parents for many years. They have twenty-one grandchildren and one great-grandchild.

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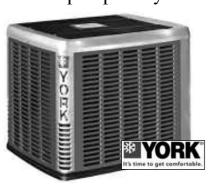
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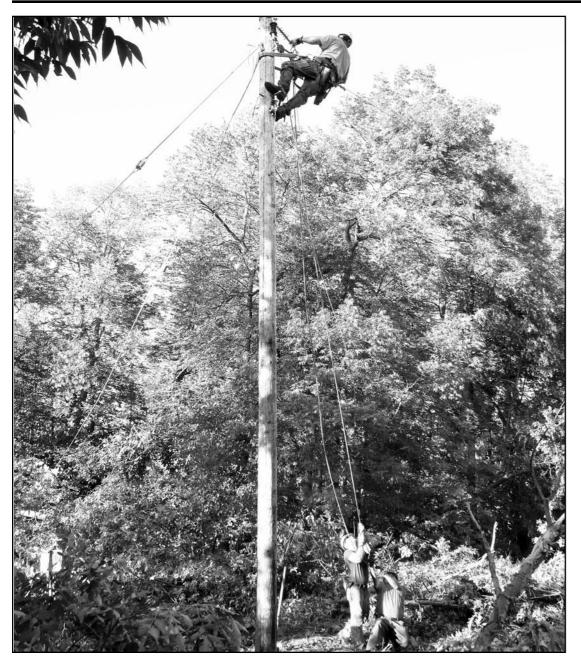
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One of the Minnkota Power Systems



Several of the downed power lines, following the strong winds on July 12 in Thief River Falls area, were in river bottoms which were areas not accessible to trucks. Linemen Aaron Derosier and Steve Kruse, on the ground, use a hand-line to hoist a wire to Branden Narlock, lineman on the pole, as they prepare to reattach the wire to the pole. Power restoration to Red Lake Electric members, following the storm, spanned nearly 30 hours as the last service was re-energized at 11:30 pm July 13.



One mile of transmission line poles were toppled by the strong winds of the micro burst that traveled through the area east of Thief River Falls on July 12. These poles are located south of Minnkota Power Cooperative's 115 KV substation located east of Thief River Falls along Highway



To help commemorate Red Lake Electric Cooperative's 75th anniversary, clippings and pictures from past issues of the "Volts and Jolts" have been used at district meetings, the annual meeting and in the anniversary report and video. The Cooperative has had requests from members to re-publish and share some of these past publishings.

This ad and references to the use of electricity appeared in the November 1951 issue of the Volts & Jolts.

#### MAKE IT A LIVE WIRE KITCHEN

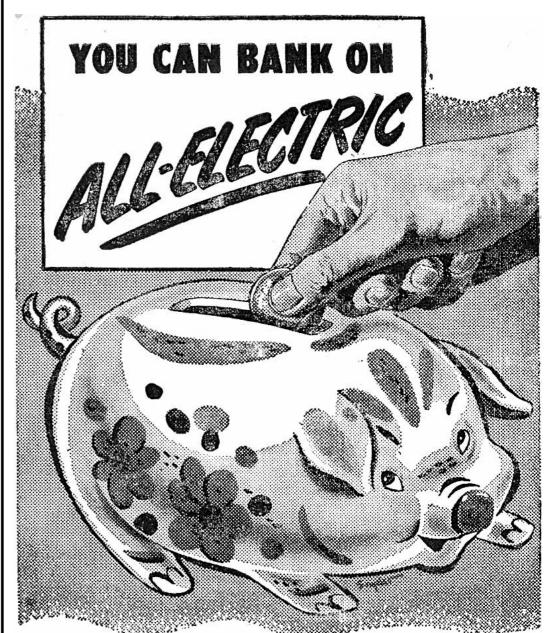
The fully electric kitchen so widely publicized may not be possible in every home but a large percentage of American homemakers will be purchasing additional electrical equipment soon. Such equipment operating efficiently can lighten the work load to such a degree that electricity is often called the extra "hired girl." It is ready to work for the homemaker at any hour of the day or night, is never temperamental, never asks for days off, and costs so little that any homemaker would be ashamed to offer similar wages for help.



#### Down The Drain

If your hot water faucet is dripping even as little as 100 drops a minute, you will lose about 151 gallons of water a month. You will have wasted the 25 or 30 kilowatts you used to heat that water plus the kilowatts you used to pump it. (Even if it's the cold water faucet dripping, you will be wasting the kilowatts used to pump it.) How do we know? Ralph Wright, who works for an electric co-op in Oklahoma, ran a test on it.

Why are we concerned if you want to waste electricity? Mostly because we want our members to use electricity profitably, not merely to use electricity.



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#### **Informational Web Sites**

The following is a list of Web sites that can provide information and education in reference to electrical safety and energy conservation. These Web sites are listed as links on Red Lake Electric Cooperative's Web site at www.redlakeelectric.com.

- Electrical Safety Foundation International: www.esfi.org
- Alliance to Save Energy: www.ase.org • US Environmental Protection Agency: www.epa.gov/greenhomes
- Energy Star: www.energystar.gov
- Minnesota Safety Council: www.minnesotasafetycouncil.org
- Safe Electricity: www.safeelectricity.org • Lighting Controls Association: www.aboutlightingcontrols.org
- US Consumer Product Safety Commission: www.cpsc.gov



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Red Lake Electric line crews use a Bobcat to set a new pole in a river bottom east of Thief River Falls. The old pole was broken as a result of fallen trees following the strong winds on July 12.



Damaged grain bins, houses, garages, cars, boats and other personal property were left in the after-math of the micro burst that hit the Thief River Falls area the evening of July 12. Pictured are some of the damaged bins of Kristen Inc. Farms east of Thief

# Summer safety tips

When the weather gets hot, we head outdoors for sun and fun. Keep in mind some tips from the Electrical Safety Foundation International to make sure everyone has a safe summer.

Water and electricity don't mix. Summer is the season for swimming and boating, and awareness of electrical hazards around water can prevent deaths and injuries.

Sailboats often have masts of 30 feet or more, which are dangerous when they come into contact with overhead power lines. Look up as you get close to (5207003.02 Carl Peterson, Jr.) shore, and stay at least 10 feet away from overhead lines. Coming into contact with an energized power line causes serious and sometimes lethal electric shock.

Use covers on outdoor power outlets, especially near swimming pools. Keep cords and electrical devices away from the water, and never handle electrical items before

you've dried off. Use a ground fault circuit interrupter (GFCI) to help prevent electrocutions and electrical shock injuries. These devices interrupt the flow of power when they sense a surge. Portable GFCIs require no tools to install and are available at prices ranging from \$12 to \$30.

**Lightning and storms:** 

Lightning strikes are fatal in 10% of victims, and 70% suffer serious long-term effects, according to the National Weather Service. Because lightning can travel sideways for up to 10 miles, blue skies are not a sign of safety. If you hear thunder, take cover.

If weather conditions indicate a storm, stay inside—away from doors and windows-or seek shelter in a low-lying area away from trees and any metal, including sheds, clotheslines,



As kids-and adults-head outdoors for fun in the sun, make sure your loved ones know safety basics about taking cover during storms, and keeping water and electricity far away from each other. Source: Touchstone Energy® Cooperatives

Understand your electrical

system-know which fuse or

circuit breaker controls each

off before starting work and take

measures to ensure they're not

turned back on while working.

Make sure circuits are turned

Use a circuit tester—always

Find more safety tips at

Source: Electrical Safety

switch, light and outlet.

test before you touch.

Foundation International

poles and fences. If you're near water, stay as far away as possi-

If you're in a group, spread out—don't stand close together.

Indoors, unplug electronics before the storm arrives, and don't use corded phones.

Avoid plumbing—sinks, bathtubs, faucets

Don't forget about your pets. Doghouses are not safe from lightning, and chained animals

are easy targets. If your home is flooded dur-(6116001.05 Jeanette McMullen) a storm, don't turn on appliances or electronics until given the okay by an electrician. If there's laying water, don't go inside. The water could be energized.

Working with large appli-

conditioners, are responsible for almost 20% of consumer-product electrocutions each year.

If your air conditioner goes out, keep a few things in mind before you start poking around. Large appliances, such as air



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#### Copper Theft: from minor nuisance to major problem

conductors of heat and electricity. This rise in prices makes copper an attractive target for thieves. Those who steal copper are not only risking their own lives, but put the safety and well-being of others at risk.

Recently in SE Minnesota, a 21 year old male was electrocuted while in the process of stealing copper off an energized power pole. Near Charleston, West Virginia, about 200 people were left without telephone service because thieves stole 80 feet of phone cable. In 2011 a man was found dead on an Indianapolis rooftop after reportedly trying to steal copper from an energized 24,000 volt transformer. His accomplice reported seeing a "huge blue flash." In 2010 a couple was charged with murder when their partner was electrocuted while attempting to steal copper from a power substation.

According to the U.S. Department of Energy, the theft of copper and losses to businesses hovers around \$1 billion and is having a major impact on commercial businesses and farms. The increase in copper theft has disrupted the flow of electricity, slowed down construction projects, and knocked out irrigation networks across the United States.

"Stealing material from an electric substation or utility poles can cause not only serious injuries and death, but extensive

Copper is one of the best outages, fires and explosions consequences that impact inno-(2115002.02 Plante) people," says Natalie Hemmer of the Safe Electricity Advisory Board. "The minimum damage that can occur is an outage, which may affect thousands of individuals.'

"These deaths and damages are completely unnecessary, and they could happen anywhere," adds Hemmer. "People must be aware of this kind of theft and that tampering with electric power facilities can result in extremely dangerous situations. Always alert your utility provider when you see or suspect suspicious activity."

Safe Electricity offers these tips to help safeguard against electrical dangers and prevent copper theft: If you notice anything unusual with electric facilities, such as an open substation gate, open equipment, hanging wire, etc. contact your electric utility immediately.

If you see anyone around electric substations or electric facilities other than utility personnel or contractors, call the police.

on the outside of your house and business to deter possible thieves.

Install motion-sensor lights

system. Being caught on video is (5516001.02 Ira Cota) a deterrent to criminals.

Post "No Trespassing" placards around the property or signs indicating the presence of a surveillance or security system to deter thieves. Even with nonactive systems, these signs tend to discourage some instances of metal theft.

Remove access to buildings and roofs. Eliminate items that allow for easy entry to buildings, such as trees, ladders, scaffolding, dumpsters and accumulated materials such as pallet

Store tools and wire cutters in a secure location, and never leave them out while away.

If you work in construction, do not leave any wires unattended or leave loose wire at the job site, especially overnight. Consider hiring a night security

Help spread the word about the deadly consequences that can result from trying to steal copper.

Copper theft is not harmless. Dealing with any metal and electricity is a dangerous combination, especially when it is done without permission or training, and places the thief and others in danger.

"People who think stealing electric wire is a quick way to earn some easy money should think again," says Hemmer. "The value of metal is not worth losing a life.

For more information, visit www.SafeElectricity.Org. Source: Safe Electricity



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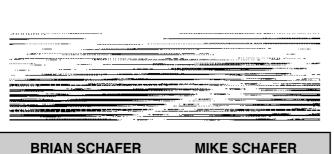
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Pictures - Misc. 2- Large decorative vases 12" Television Mix Master electric fry pan Small misc. vases **Silverware** Misc. pots and pans **Christmas decorations** 

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T13243B V6, XL, 8' Box <b>\$3,599</b>	B0960 Heated Leather, Moonroof, 61k
'03 Ford Escape 4x4	'07 Ford Expedition 4x4
C13163A XLT, Cloth	T13150A Eddie Bauer, Moonroof, DVD
'01 Ford Focus 2 Door ZX3	'09 Honda Civic 4 Door EXL
C13232A Moonroof, Cloth, 84k <b>\$5,799</b>	B0962A Moonroof, Leather Seats, 54k
'02 Ford F150 SuperCab 4x4	'04 Chev Silverado Crew Cab 4x4
T1223B 5.4L, XLT, Cloth	T13136A Z71, Cloth, 72k
'02 Chev TrailBlazer 4x4	T13210A V6, Moonroof, 49k <b>\$17,999</b>
S0963A V6, LS Package, Cloth, 122k <b>6,999</b>	'10 Mercury Milan Premier
'04 Chrysler Town & Country Van	B0966 4 cyl, Leather, 44k
T13055B DVD, LX Package, Quads <b>6,999</b>	'12 Ford Focus SE Hatchback
'06 Ford Focus 4 Door SES	T13078C 4 Cyl, Heated Seats, 8k
C13237B ZX4, Cloth Seats, 100k	'08 Chev Silverado Ext Cab 4x4
'06 Ford Taurus SE	T13242A Z71, LT, Cloth, 67k <b>\$19,999</b>
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'05 Chev Suburban 4x4	S0955 Nav, Moonroof, Leather Buckets, 67k \$26,999 '10 Ford Edge SEL AWD
C13028A LT, Moonroof, DVD, 123k <b>\$12,499</b>	B0967 Heated Leather, Moonroof
'03 Ford F150 SuperCab 4x4	'11 Ford Edge SEL AWD
T13184B XLT, Power Seat, 85k	B0964 Heated Leather, Vista Roof, 30k
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T13241A XLT, V6, 71k <b>\$13,499</b>	T13177A XLT Chrome, 5.0L Long Box, 28k \$28,999
'04 Chev Silverado Crew Cab 4x4	'12 Chev Silverado 1500 Crew 4x4

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Wristbands: Adults \$10 Under 21 \$ 5

#### Summerfest 2013 Red Lake Falls



#### July 26 & 27, 2013

#### Friday, July 26th

5:00 pm Walleye Supper @ American Legion Club 6:00 pm Little Miss & Junior Miss Summerfest Pageant @ City Hall Auditorium 6:30 - 8:00 pm Scavenger Hunt - Front Steps of St. Joseph Church (2 age groups: 8-12 & 13-18, \$300 in prizes) 9:00 pm - 12:00 am Teen Dance @ Band Shell - \$5 Admission

Saturday, July 27th 7:00 am - 12:00 pm City Wide Rummage Sale Lion's 5K – 10K Run/Walk – Registration 7:00 am at Voyageur's View 8:00 am 3<sup>rd</sup> Annual Simon Schmitz Softball Slam – Softball Fields 9:00 am - 12:00 pm Lion's French Toast Breakfast @ American Legion Club 1<sup>st</sup> Annual American Legion Motorcycle Run - \$10 Registration @ Legion 10:30 am - 5:00 pm 11:00 am Kid's Games – sponsored by Women of Today @ Riverside Park 12:00 - 6:00 pm Classic Car Show - downtown 1:00 pm Community Band Concert – downtown Fun & Games at the RLF Swimming Pool 1:00 - 5:00 pm Bean Bag Toss and Washoo Tournament - downtown 12:00 - 2:00 pm Bingo @ American Legion Club Box Maze Adventure @ LHS Gymnasium Stage (\$3 unlimited) 2:00 - 6:00 pm Beer Garden - sponsored by TnJ's Bar & Supper Club 5:00 pm - 1:00 am 5:00 - 8:00 pm Turkey Supper by TnJ's @ Community Hall Basement 7:00 pm Miss Tootsie Contest @ City Hall Auditorium (\$3 Admission) 9:00 pm - 1:00 am Dance to "Work Release" - sponsored by Thibert Chevrolet & Buick

#### Climbing Wall sponsored by MN National Guard

**Boy Scouts Dunk Tank** 

Oof Da Tacos \* Triple C Concessions \* Boy Scouts Ice Cream Stand

Summerfest Sponsors:

Unity Insurance • Phil'er Up Storage • Otter Tail Power Co. • Johanneck Plumbing & Heating Johnson Funeral Home • Unity Bank North • Chateau Motel & Liquor • Northwest Manufacturing Red Lake County Insurance • Gunder Austad Post 22 • Red Lake County Cooperative Muldoon Law Office \* Eckstein's Sanitary Service \* Dan's Trucking \* Schafer Electric Red Lake Co-op Federal Credit Union • Red Lake Falls Veterinary Clinic • Lambert Insurance Thibert Chevrolet & Buick • Garden Valley Telephone Co. • Alcorn Dentistry Red Lake Falls Civic & Commerce Association

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Red Lake Electric Cooperative is pleased to offer you Auto Pay. Now you can have your monthly energy bill paid automatically from your checking or savings account. You can receive the Auto Pay service by completing the Auto Pay sign-up sheet and returning it to Red Lake Electric Cooperative.

The Auto Pay service is free of charge. Not only is this service free, you will eliminate the expense of writing a check, postage to mail your payment and no more late payment penalties because your bill will be paid on time, every month, for you.

Your payment will be automatically made for you on the 5th of each month. If the 5th

falls on a weekend or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's energy bill statement.

Continue to pay your monthly bill until you are notified on your bill that the Auto Pay has been set up for you.

If you have any questions about the Auto Pay please call RLEC at 800-245-6068 or 218-253-2168.

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RLEC ELECTRIC ACCOUNT #

NAME (PRINT)

**ADDRESS** 

**TELEPHONE #** 

NAME OF FINANCIAL INSTITUTION

CHECKING ACCOUNT #

SAVINGS ACCOUNT #

SIGN HERE TO AUTHORIZE

Please return this authorization form with a blank, voided check to: Red Lake Electric Cooperative, P.O. Box 430, Red Lake Falls, MN 56750

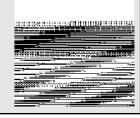


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