

Volts and Jolts

Published monthly for the members of RED LAKE ELECTRIC COOPERATIVE, Inc.

One of the Minnkota Power Systems

SERVING THE FOUR-COUNTY AREA OF MARSHALL, PENNINGTON, RED LAKE AND POLK

and a portion of the lands of the Red Lake Band of Chippewa

VOL. 49 - NO. 11

RED LAKE FALLS (RED LAKE COUNTY), MINNESOTA 56750

AUGUST 2014

Tornado and forceful winds causes damage and outages on July 21

Confirmed by the National Cooperative Weather Service an EF-2 rated tornado traveled through parts of our service territory during the late evening on July 21.

The route of the tornado started in the southwest corner of Polk County and ended in the southwest portion of Red Lake County. Not only did the tornado affect many of our members, there were also many residences within Red Lake Electric's service territory that were pounded by damaging straight line winds and excessive rain.

The storm caused extreme structural damage to personal property and to electric cooperative structures. Following the storm, Red Lake Electric

accounts without electricity. The outages were spread throughout a large portion of our service territory, from Crookston up to Viking on the West side and Trail to up to Goodridge on the East side of our service territory.

Red Lake Electric crews began service restoration shortly after the passing of the storm. The crews worked through the night and continued working (2208002.01, Robbie and Angie Anderson) throughout the day into the evening on July 22.

Two line crews came to assist from area Cooperatives; PKM linemen Joe Marcotte, Ben Pahlen and Scott Slusar of

Warren and Clearwater-Polk linemen Travis Huot and Josh Hendricks of Bagley.

The crews suspended their efforts in the late evening on July 22 with 21 accounts still without electricity. Power was restored to all accounts having an active residence on July 23; two farm sites remained without electrical power until the following morning.

As a result of the storm there have been 25 reported broken poles, wire breaks and numerous downed trees.

Red Lake Electric employees extend their gratitude to the many understanding and helpful cooperative members. Thank You!



Red Lake Electric had 21 three-phase poles toppled by the tornado that traveled from southwest Polk County to southwest Red Lake County on July 21. Power restoration spanned short of 48

Operation Round Up® grant applications due Sept. 9

Organizations involved in community projects and charities are encouraged to apply for funds from Operation Round Up at this time. Completed grant applications are due in the Red Lake Electric Cooperative (RLEC) office by September 8.

Operation Round Up is a program adopted by RLEC headquartered in Red Lake Falls. members choosing to "round up" their monthly electric bill payment provide funds for this effort. Today 91 percent of RLEC members now choose to contribute pennies each month to enhance their communities.

Funds will be donated primarily to nonprofit organizations to

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Recipe Corner Mail Bag

began in 1993, \$409,000 has been granted to community organizations and charities. Money is donated for the betterment of the community within the outside service area boundaries of RLEC.

The Red Lake Electric Trust Board of Directors determines grants. Board members are Patty Mickelson, Oklee; Van Swanson, Thief River Falls; Randy Knutson, Newfolden; Roger Johanneck and Bonnie Christians, Crookston.

To apply for Operations Round Up grants, organizations should contact the RLEC office in Red Lake Falls at 218-253-

programs. Since the program application must be completed and submitted along with a financial statement from the organization. The grant application form is available on the Cooperative's Web www.redlakeelectric.com or an application form is included on

> For more information contact Roger Johanneck, general manager of RLEC, at 218-253-2168 or 800-245-6068.



It's the 20th. I wonder why I haven't received my electric bill?

Remember RLEC has changed the dates of the billing cycle. You should receive your electric bill by the 10th of each month and your payment must be postmarked by the 25th to avoid a late charge. Any questions or concerns, call 800-245-6068 or email redlake@minnkota.com.

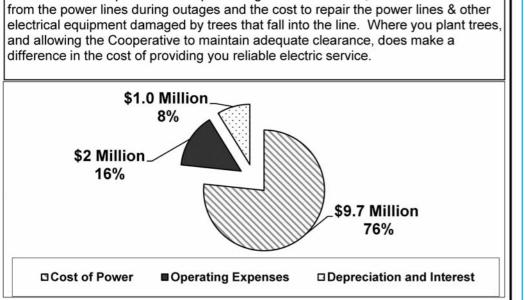
QUICK TAKES

A look at some statistics from your Red Lake Electric Cooperative

QUICK TAKES

A look at some statistics from your Red Lake Electric Cooperative

Did you ever think about how trees impact the cost of doing business at your Red Lake Electric Cooperative? Last year, RLEC's cost to provide electric service to it's members totaled \$12.7 million. About 1/6th (\$2 million) of that total cost represents Operating expenses. Operating expenses include, among other things, the cost to cut trees from the powerlines as part of regular maintenance, the cost to clear them from the power lines during outages and the cost to repair the power lines & other electrical equipment damaged by trees that fall into the line. Where you plant trees, and allowing the Cooperative to maintain adequate clearance, does make a





Kevin Reich retired from Red Lake Electric Cooperative after 40 years with the Cooperative. Thank you, Kevin, for your years of dedicated service to Red Lake Electric Cooperative.

In this month's Volts and Jolts Manager's Comments Page 5 Are you grounded? GFCI outlets can help! Local 4-Hers receive awards from RLEC Feature of the Month Respect those "green boxes" called transformers Amiot Farm receives Century Farm status



Manager's **Comments**

by Roger Johanneck



Storm drops power lines; raises questions

The July 21st wind storm that blew through eastern North Dakota and NW Minnesota, including Red Lake Electrics service area, created problems and power outages for many. All toll, about 1,800 of Red Lake 5,000 Electric's member accounts experienced service interruption from that wind storm.

Even after power was restored to all services, the repair work continues on poles and other equipment that only got a temporary fix in order to get the juice flowing again. Electric system problems from storms like this one have a way of showing up again. Branches that were hung up in a tree later make their way onto the line and create a blink in power or possibly another outage.

While your Cooperative has experienced bigger storms, that have knocked out power to more than the 1,800 this one did, or were more costly and kept power off longer, this was a significant event. After events like this storm, as employees, we ask what we could have done better or different to help restore power quicker.

What about equipment and manpower; did we have the right tools and adequate staffing to do our work? Now that the recovery efforts are still fresh in our mind, it's a good time to assess what worked, what didn't and what can we do or change to improve upon the process we have in place for responding to major service interruptions.

As members you might be asking yourselves what you could do differently, if anything, to avoid or minimize the inconvenience caused when the power goes out. Certainly having a backup generator goes a long way towards minimizing a power outage. What about trees? It is a good time to look around

your property and consider the Huot and Terrebonne substarisk that trees may pose if you have them within striking distance of Red Lake Electric's power-line or your own service wires. At least 60 of the service interruptions from this storm were individual in nature, mostly caused by trees in the member's yard falling into the electrical equipment.

You might also question why Red Lake Electric doesn't just install more underground lines. Certainly having underground lines vs. overhead power lines would help avoid most of the tree and wind problems this storm created. While underground cable might seem like an attractive solution, it is not without a price.

Underground construction is about twice as expensive as overhead construction. Underground construction has its benefits but it has a shorter life than overhead construction and is not immune to rodents, shovels, backhoes and whatever else we move earth with. It would be very expensive to make significant overhead power line replacements to our electric plant.

Because of the widespread nature of this storm, the cause of service interruption extended beyond our service area boundaries. Transmission lines delivering power to our service area at the Hazel, Huot, Terrebonne and Gentilly Creek Substations were damaged causing loss of service to all customers served out of these four substations. Substation power was restored after a half-hour at the first three subs and after 4 ½ hours at the Gentilly Creek sub.

Once power was restored to the substations, our crews could begin turning lines back on and restoring power. Unfortunately, major damage to our threephase distribution lines near the

tions delayed our restoration efforts.

After the initial blow went through and the damage was done, our phones were busy. We appreciate the information members called in. Spotting problems on the line and making repairs after dark just takes longer to do than when crews are working during the day. You alerting us to problem areas such as where trees where on the line, wires down and poles broken went a long way in accelerating our restoration efforts.

We had all Red Lake Electric employees help out in some way with this storm recovery effort. In addition to our crews, five line workers from neighboring Clearwater-Polk electric cooperative in Bagley and PKM electric in Warren gave us a hand fixing up the storm damage. I sincerely appreciate the extended work days our employees and invited help endured to get power restored. I was very pleased with their effort and hope you were too.

Kevin Reich retires: As Kevin already noted in his last column to the membership, his career has come full circle here at Red Lake Electric. No doubt Kevin was a well-known employee of the Cooperative. His work brought him to many homes and businesses throughout our service area over his 40 years in member services. I know, too, those associations with the membership was something Kevin enjoyed a great deal about his job here.

I congratulate Kevin on his successful career here at Red Lake Electric; thanks for your good works Kevin and may you have a long, healthy and happy



Report from the Office

by Shirley Bregier

It already has been feeling like fall in the mornings with the heavy dew and cool temps. I, for one, don't feel we have had much summer yet and am not ready for fall, much less to say the winter that follows right

As we move into fall and you start using your off peak electric heat, I ask that you to read your off peak meter at the end of the month and compare the meter reading to the off peak reading on your electric bill. Sometimes when a meter hasn't had any activity for a while the automated meter reading (AMR) device doesn't always start up when the meter does.

Once you start using electric

heat please be sure your electric bill reflects that usage. If your meter readings do not match what is on the electric bill, please let us know so we can get it remedied.

Remember, if your off peak meter isn't working properly you will be paying full rate for the electricity you use to heat your home instead of the reduced off peak rate.

We have now completed two billing cycles where we have billed an additional 10 days during each cycle. Starting Aug. 1 we will once again be billing you for a one month period; the bill you receive at the beginning of September will be for usage Aug. 1 thru Aug. 31. The reason

for the extra 10 days for two billing cycles was so we could bring your meter readings up to the end of the month.

We have been reading your electric meter on the 10th of the month since early 2000's. We will now be reading your meter at the end of the month. You should be receiving your electric bill around the 10th and it will now need to be paid by the 25th to avoid a collection fee. We appreciate your understanding as we work thru this change.

As we move into the fall harvest season, please remember to look up, look around and be

Another Great Choice for Good Health Carly Haas, PA-C is available Monday-Friday for patients of all ages at RiverView Clinic-Red Lake Falls. Same day appointments are available, call 218.253.4606. RIVERVIEW HEALTH Exceptional People. Exceptional Care. Park Place Mall, Red Lake Falls

Closed Labor Day

In observance of Labor Day, Red Lake Electric Cooperative's headquarters will be closed Monday, September 2.

In case of an electrical outage or emergency call the Cooperative's after-hour phone number 218-253-2200.

Have a safe, enjoyable Labor Day weekend. If your weekend activities take you outdoors, remember to look up for overhead power lines!

ELECTRIC HEAT EXEMPTION

This is to certify that the primary source of heat for my residence is electricity and I am eligible for the electric heating sales tax exemption as provided by Minnesota State Law. The primary source is the source that supplies more heat than any other source for the largest period of time during the heating season.

Date	Account number
Social Security Numbe	•
Signaturo	

Mission Statement

It is the mission of Red Lake Electric Cooperative to enhance the quality of life for people of our service area by consistently providing quality electric service and other valued services while holding our employees, our community and our environment in high regard.



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

RED LAKE ELECTRIC COOPERATIVE, Inc. **VOLTS & JOLTS**

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Colette Kujava, Robert Finstad, Stacy Blawat Subscription Rate\$2.50 per year

AFTER-HOURS **OUTAGE PHONE** 218-253-2200

NOTICE

articles of this issue of the Volts & Jolts are the names and account numbers of some RLEC members. They will appear within the articles in parenthesis as such (9999999.99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your

Hidden within the text of the electric bill.

🛂 Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Things you should know about your electric service

BILLINGS AND COLLECTION

You will receive your energy bill on or near the 0th of each month. Payment of your monthly energy bill is due on the 10th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour drive-up drop box located next to the RLEC office, by Auto Pay, by mail or by Bill4U on www.redlakeelectric.com.

Payment must be in our office or in the mail as evidenced by the postmark on or by the 25th day of the month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills; the minimum late payment charge will be \$1.00.

If your payment is not received by the end of the month a notice of disconnection statement will be included in the message area on your following energy bill. The disconnection statement will give a final notice of when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service a \$60 collection fee will be charged to your account, even if you pay the collector.

To have a disconnected service reconnected, all amounts owing including the \$60 reconnection fee and a security deposit must be paid. If the service must be reconnected after normal working hours a \$120 reconnection fee must be paid.

BAD CHECKS

A \$15 charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped along with any applicable bank

charges.

pole or meter pedestal.

OUTAGES

In case your electricity goes out, please do the following: 1. Check your fuses or breakers at the yard

2. Call your neighbor to see if they are out of electricity also.

800-245-6068) during working hours or 218-

3. Call the RLEC office (218-253-2168 or 1-253-2200 after hours.

METER TESTS

RLEC has a schedule in place to have its meters periodically tested for accuracy. Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to

STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not

reporting a stopped meter. **METER READINGS**

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, that is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office. Keep in mind that the reading on

your bill is from the end of the month. GENERAL SERVICE RATES

Facilities charge variable \$27 to \$35 month April-December......9.5¢ Kwh January-March 9.9¢ Kwh Long term off peak 5.5¢ Short term off peak7.5¢

Off-peak equipment charge, \$5.50/month per heat meter.

Multiphase users add \$22/month cost of service charge.

Standby, \$12/month (meter disconnected but the power line remains; standby is not available on services larger than 15 KVA transformer

Security light: LED, \$8/month; High pressure sodium, \$8/month; mercury vapor, \$9/month; water heater flat credit, \$7/month (January-April billing)

Recipe Corner



Cucumber Salad

1 lg. onion 4 medium cucumbers 1-1/2 cups mayonnaise

Salt and pepper 2-3 Tbsp. vinegar

Scrub cucumbers with a brush and dry. Do not peel. Slice thinly. Combine mayonnaise, sugar, salt and pepper and enough vinegar to make it pourable but still thick. Pour over cucumbers and onions. Mix well and refrigerate overnight. You can add more onions and cucumber until dressing is gone.

Beer and Honey Spareribs

Country style spareribs

2 cups of beer

1 cup of honey

1 tsp. dry mustard

1 Tbsp. chili powder

1 tsp. sage

1 Tbsp. "Mrs. Dash" (original)

3 Tbsp. lemon juice

1 Tbsp. Worcestershire

Par-boil spareribs approximately 15 to 20 minutes. Let cool and place ribs in a large bowl. Mix ingredients well and pour over ribs. Let stand in refrigerator 12 hours (or more) turning several times. Remove ribs from marinade, reserving liquid.

Place ribs on rack of a hot grill or broiler, approximately four inches from heat. Cook, turning frequently and brushing with marinade until ribs are a dark brown and glazed.

Yield: six servings

Peach Crisp Dessert

1-29 oz. can sliced peaches 1 butterscotch cake mix

1/2 cup margarine, melted 1 cup flaked coconut

1 cup walnuts, optional Pan size: 9 x13 inch

Oven temp: 350° Bake time: 50-60 minutes

Pour peaches with syrup into ungreased pan. Sprinkle with cake mix, then coconut and nuts. Pour melted margarine over the cake mix. Bake.

Hamburger Bean Hotdish

1/2 lb. bacon, chopped

1 large onion, diced

1 lb. hamburger

1 can lima beans 1 can kidney beans

1 can pork and beans 1 cup ketchup

1 tsp. mustard

1/2 cup brown sugar

1 1/2 tbsp. vinegar

Brown hamburger and onion. Fry bacon well and drain. Place into casserole dish or roaster and add all other ingredients. Bake for one hour at 350° or use slow cooker. Freezes well also.

Chicken Marinade

Chicken Breasts Worcestershire Sauce Lemon Pepper Lawry 's Salt Lemon Juice Pepper Italian Dressing

Lay chicken breasts in pan. Put a few drops of Worcestershire sauce on each. Cover with lemon pepper, Lawry's salt, lemon juice (1 tsp. each breast), pepper and dressing.

Marinate turning every four hours. Grill 25 minutes turning every five min-

Blueberry Coffee Cake

3/4 cup sugar 2 cups blueberries

1/4 cup shortening **Topping:**

1 egg 1/2 cup brown sugar

1/2 cup milk

1/3 cup flour 2 cups flour

1/2 tsp. cinnamon

2 tsp. baking powder 1/4 cup soft butter

1/4 tsp. salt Nuts, if desired

Pan size: 8 x 8 inch

Oven temp.: 375°

Bake time: 25-35 minutes

Mix sugar, shortening and egg thoroughly. Stir in milk. Sift together flour, baking powder and salt. Mix the two mixtures together. Carefully blend in blueberries. Pour into greased pan. Sprinkle with topping. Bake.

From the Mail Bag

Thank you for sponsoring my champion breeding ewe lamb, top dairy production and the lamb rate of gain trophies at the Pennington County Fair.

> Sincerely, Samantha Larson, Steiner 4-H Club

Dear RLEC,

I am very thankful for you sponsoring the leadership award. I hope you will do it next year also it means a lot to us all 4-Her's to have people care about us in the animal business. Sincerely,

Steven Hanson Highlanding 4-H Club

Dear RLEC,

Thanks for supporting the Marshall County Fair and for donating money for the trophy! I won it in swine showmanship! Thanks Again!

Dustin Dahl New Maine 4-H Club

Dear RLEC,

Thank you for sponsoring the rabbit herdsmanship award. We really appreciate what you have done! Once more, thank you! **Sanders Rabbit Showers**

Sanders 4-H Club

Dear RLEC,

Thank you for supporting the 4-H showmanship trophy. I won with my pig.

Tucker Lunke **New Maine 4-H Club, TRF**

Dear RLEC,

Thank you very much for sponsoring my herdsmanship

Rylie Nelson Independent 4-H'er

Dear RLEC,

Thank you for sponsoring the beef herdsmanship award at the Pennington County Fair. We worked very hard to keep our stall looking its best! It was a great fair! Thanks for all your support in the 4-H program! Sincerely,

Alanis, Noah and Malena Rupprecht Silverton 4-H Club, TRF

Dear RLEC,

Thank you for your business award for top in house project/show. I competed in all the house categories and received the overall grand champion award. Thanks for supporting Red Lake County 4-

> Sarah Quick Happy-Go-Lucky 4-H Red Lake County

Dear RLEC,

I am writing to express my sincere gratitude to you for making the Red Lake Electric Scholarship possible. I was thrilled to learn of my selection for this honor and I am deeply appreciative of your support.

Sincerely, **Taylor Myers** Viking

Dear RLEC,

We don't often take the time to say "Thank You" as much as we should.

Thank you to Red Lake Electric for your fine and dependable service. I want to make a special note of thanks to Mike for all his help. He came to my rescue two times in one week! My water heater called it quits at about 10 a.m., Mike was here and replaced it by midafternoon. Wow! Thank You!

> Laura Nelson St. Hilaire

Dear RLEC,

My wife, Emma and I want to express our appreciation to you, members of your staff and the line crew who restored our electricity after the storm on Monday night, July 21. We lost power around 9:30 p.m. and it was back on before 5 a.m. on Tuesday. Red Lake Electric

Cooperative management and staff provide excellent service to all those they serve! Sincerely,

Jack and Emma McKeever **Red Lake Falls**

New study links playing games to greater mental sharpness

Older adults who enjoy mentally stimulating games may have bigger brains and sharper thinking skills than their peers, new research suggests. The study looked at the connection between playing games such as puzzles, crosswords, cards and checkers and mental acuity for adults in their 50s and 60s.

Researchers found that people who played those games at least every other day per-

required to warm your home.

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09

10

11

ory and other mental functions. And, based on MRI scans, they had greater tissue mass in brain areas involved in memo-

However, the chicken-oregg question (120002.01, Farners Co-op Creamery) remains, said lead researcher Stephanie Schultz. "The causeand-effect here is unclear," said Schultz, a research specialist at the University of

Wisconsin, Madison.

science initiatives for the Alzheimer's Association, agreed. "We don't know whether crosswords and puzzles will stave off dementia," he noted. But, he said, the results fit in with a body of research suggesting that mental "exercise" might help delay the onset of dementia in some

Alzheimer's is marked by the buildup of abnormal protein deposits in the brain known as plaques and tangles. But researchers know that some people are able to keep up their day-to-day functioning despite those brain changes.

theory, Hartley One explained, is that people who are more educated, or engage in mentally stimulating activities, have a bigger "cognitive reserve" to draw upon when Alzheimer's-related

changes begin. If mental exercise is beneficial, is there something special about games -- as opposed to reading a good book? Hartley said it's possible; games not only stimulate the mind, but can keep older adults socially active as well, he noted. Schultz agreed. "Our findings suggest that cognitively stimulating activities -- games, in particular -- may be beneficial," she said. "Whether that's

due to the cognitive stimulation or the social aspect, or both, is a good question."

The findings are based on 329 older adults who were free of dementia, but at increased risk of Alzheimer's. Three quarters of the study volunteers had a strong family history of Alzheimer's disease. Forty percent had a gene that's linked to the disease. On average, the researchers found. study participants who said they played games at least every other day performed better on standard tests of memory and other mental abilities, compared to those who played games less often.

Schultz said future research should try to weed out whether certain games seem more promising than others -- and then put them to test. That means designing trials where older adults would actually be randomly assigned to take up mentally stimulating activities

Hartley agreed that studies like those would be useful. But for now, he said, people can think of mental exercise as one part of a healthy lifestyle that might affect their dementia risk later. He suggested people eat a healthy diet, get physical as well as mental exercise, and talk to their doctors about managing cardiovascular risk

POWER LINES MAY BE OVERHEAD

factors like high blood pressure and cholesterol. "It's about how you manage your whole life," Hartley said.

Schultz was scheduled to present the findings Monday at the Alzheimer's Association International Conference in

Denmark. Copenhagen, Because the findings are being presented at a meeting, rather than published in a peerreviewed journal, they should be viewed as preliminary.

Source: Health Finder

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DEGREE DAYS July, 2014 40 35 30 25 20 15 10

12

13

14

DEGREE DAYS

To determine degree days, you must calculate the daily

mean temperature for the time period you are measuring.

Degree day computation is based on the assumption that

a building does not require any heat if the outside temper-

ature averages 65 degrees during a 24-hour period. To obtain a degree day figure, the high temperature and the

low temperature for the day are added and the total divid-

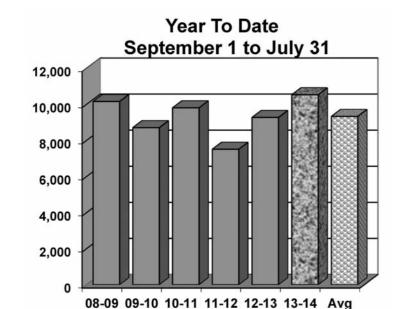
ed by two. That figure is then subtracted from 65. For

example, if the high temperature was 30 degrees and the

low temperature 10 degrees, the figure would be

30+10=40; 40/2=20; 65-20=45. This would be a 45-degree

day. The higher the degree day figure, the more heat



Red Lake Electric Cooperative, Inc. Operating Report

MONTHLY COMPARISON

	JUNE 2013	JUNE 2014
Total Revenue\$	829,289	\$ 653,797
Total Margins\$	(28,654)	\$ (279,394)
Cost of Power\$		
KWH's Purchased\$	7,331,341	\$ 7,819,271
Capital Credits Paid to Estates\$	15,847	\$ 3,998
Average outage time in minutes	4	2
per member		

YEAR TO DATE COMPARISON

TEMIT TO DATE O		10014
	JUNE 2013	JUNE 2014
Total Revenue	\$7,520,077	\$ 7,997,305
Total Margins	\$1,098,276	\$ 1,130,167
Cost of Power		\$5,374,017
KWH's Purchased	74,094,343	78,422,602
New Service Connections	12	11
Customers Served	5,235	5,270
Capital Credits Paid to Estates	\$ 20,547	\$ 27,544
Average outage time in minutes	15	37
per member		
Miles of Line		
Overhead	2,324	2,323
Underground	256	264

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VOLTS AND JOLTS FEATURE OF THE MONTH

Tranquil Amiot Farm endures throughout the century

By Seleena Navar

Pulling into the driveway of the Regis and Bobbie Amiot farmstead, one can't help but feel the tranquility. Maybe its the pair of German Shorthairs, Tootsie and Shelby, frolicking in the grass outside. Perhaps its the giant weeping willow, which Regis remembers as a small tree when he was just a boy, positioned in the center of the turn around drive. Then again, it could be the welcoming sign which proudly declares "The Amiots, Regis, Bobbie, Taylor and Mallory" all lived and grew here, as a family, once upon a

As the Amiot farmstead celebrates a milestone of distinction, being recognized as a Century Farm, it seems fitting to revisit its roots and realize where it all began, 100 years ago, when Joseph Amiot, Regis grandfather, bought the farm northwest of Gentilly in 1914.

Joseph, originally from east of Gentilly, married his wife, Olive Fortier, on Oct. 10, 1904. Ten years later the couple purchased the bare farmstead, building a shed in which they lived with their family. In 1916 a grainery was constructed and the family resided in that until the completion of their home later the same year.

At that time Joseph, who bought his first tractor in 1924, a four horse-power Fordson, farmed small grains along with raising pigs, chickens and dairy cattle. Thankfully the couple had six children to contribute to the on-going tasks of life on the farm, and one of their sons, Napoleon, would decide that the farmstead was the right place for



The Amiot family proudly displayed their Century Farm plaque during the Polk County Fair in Fertile. They are, from left, daughterin-law Diana, daughter Mallory, Bobbie, Regis and son, Taylor. The future of the Amiot farm rests in the hands of Taylor and Diana as they will be moving onto the farmstead in 2016.

him. He, along with his wife, small grains and dairy cattle and Alexina, purchased the farm from his parents in 1947, one year after Joseph and Olive retired to Crookston.

Napoleon's love of the farm dates back to his birth on Dec. 11, 1916. That year the family home was completed, and Napoleon came along just in time to grace the new structure, having been born in what is now a bathroom, a tidbit he loved sharing over the years with his many grandchildren. When Napoleon and Alexina bought their farmstead the home was just over 30 years old.

Business on the farm at that time became more focused on

the new owners, who honeymooned on that very farmstead, raised five children of their own. In 1954 they purchased 160 acres, selling the land in 1973 as they went about the business of retiring.

True to form, one of the Amiot men, who came of age on the farm, decided it was the right place to be and raise his family.

Into the picture entered Regis, the second son of Napoleon and Alexina, who married Crookston native Bobbie Romance in 1975. Bobbie, the daughter of a stayat-home mom and father who worked for the Minneapolis Star

Tribune, was not a country girl and admitted, "I was a little leary about country living, but adapted quite quickly.'

By that time the farm was much quieter than in the days of yore. According to Regis, the dairy cattle left in 1959, so when he took over it was strictly a crop farm with potatoes, small grains and soybeans filling the

Nevertheless Bobbie, who graduated from Northland College in Thief River Falls with a degree as a medical secretary prior to marrying Regis. tried her hand at driving grain truck during harvest time. The couple laughed as they recalled

her stint behind the wheel didn't last long. "I got fired," she said teasingly.

Bobbie has stayed busy with employment at RiverView Health in Crookston for 39 years as a medical transcriptionist and for the past two years as clinic support specialist. Regis remained the man in charge on the farm, relishing in his years of self-employment, and at the present time he is employed by Tri-Valley Heartland Express as a bus driver and rents out his farmland.

Along the way the couple has raised two children, son Taylor, now 31, and daughter Mallory, 29. In 1988-1989 they built an

addition to the original house and completed remodeling on the impressive three-bedroom structure.

Of his decision to carry on the farming tradition of his father and grandfather before him, Regis kidded, "The only way for my parents to get rid of me was to move into town!" He went on to reveal that he had lived on the farmstead the longest of all generations, and when he and Bobbie move into Crookston, which is planned for 2016, he will have logged 63 years on the farm, stating, "Even Dad left when he was about 55."

The Amiot farm will soon become home for a new generation as son Taylor, a civil engineer by Williston, N.D., and his wife, Diana who is a crop production research specialist, plan to take up residence there and write the next chapter in the farm's history. Their story begins with country roots as Diana, the daughter of Paul and Kathleen Hanson, grew up just across the way from her future husband near Gentilly.

It will be a bittersweet transition for Regis, who recalled the days when his grandpa used to come out and check on the farm while Regis worked alongside his own father. Regis said there will be times when he will stop by and visit the nice raspberry patch which the farm now boasts, he will pick a basket to take home to Bobbie, and soak up a little of the peace and tranquility which life on the farm has offered to his generation, the ones before him, and the ones yet to come, as the Amiot Farm embraces life in its next century.



An aerial view shows the bustling Amiot farmstead, located northwest of Gentilly, sometime in the 1950's with the original home and several outbuildings which once contained pigs, chickens and cattle.



This photo of the Amiot Century Farm was taken in 2010 and shows how the property has evolved throughout the years, with many mature trees surrounding the homestead.



The tranquility of the Amiot Farm can be described as magical. A sign welcomes visitors to the well-manicured property and a majestic weeping willow tree sits in the center of the turn around driveway.

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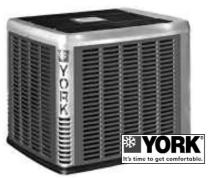
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One of the Minnkota Power Systems



Red Lake Electric lineman Troy Schmitz (left) and PKM lineman Joe Marcotte (right) work together as they unframe a broken three-phase pole. Twenty five broken poles were reported as a result of the tornado that passed through the area on July 21.

Should I co-sign a loan?

It's not unusual for a lender to require a co-signer when lending to a first-time borrower or a borrower with a credit history that does not meet the lender's standards. By co-signing a loan, you promise to pay any missed payments or even the remainder of the loan debt if the borrower defaults, and you link your credit history to that of the borrower, subjecting your credit score to the behaviors of someone else.

Before committing your financial assets to vouch for someone else's loan worthiness, it's wise to evaluate the risk and consider all options. Ask yourself the following questions to (6226001.04, Angela Klasen) gain a better understanding of the risk

involved and whether or not you should co-sign a loan. How well do I know the

borrower, and what is their character? Co-signing a loan should be

reserved for trustworthy people who you know well. Ask yourself if the personal responsibility and financial habits you've seen the borrower display make you comfortable or uncomfortable with co-signing for their loan.

Also, evaluate your comfort in having frank financial discussions with the borrower. If you've not yet discussed the potential consequences of cosigning the loan with the borrower, now is the time to do so. Be honest about any reservations you have and the financial burden their default would have on your financial future. Use their response to inform your decision.

Can I afford to pay back the loan?

Even if you and the borrower both assume that he or she will pay back the debt on schedule, circumstances can change, and you should be prepared to assume payments at any time.

Evaluate your budget. If vou don't have a monthly budget, now is an excellent time to create one. Try an online budget tool if you need help (https://www.budgetpulse.com).

If the primary borrower defaults, you will need cash on hand every month to pay back

Are you grounded? GFCI outlets can help! Did you know there are dif- tors electrical currents that

ferent types of electrical outlets? Each are designed for different purposes; however, there is one specific type that stands high above the rest the ground-fault circuit interrupter (GFCI) outlet. GFCIs have saved thousands of lives and cut the number of electrocutions in half since the 1970s. If your home lacks GFCI outlets, don't fret—you can learn how to "get grounded."

GFCIs are the most efficient outlet in protecting from electrical shock. If it senses a loss of current, the outlet switches off power to that circuit. These devices can either be installed in your electrical system or built into a power cord. The third hole at the bottom of the outlet is known as the "ground" slot, and it moni-

the loan. Consider how this

kind of expense would affect

your own financial health over

a period of months, years—or

What is the purpose of the

Helping a family member or friend in a time of dire need

might be worth your financial

sacrifice; other situations may

not. Is the need medical or

educational? Is the loan to start

a business? Is it a mortgage for

a new home? Is it money for a

purchase that isn't critical?

Apply your personal values to

the situation and weigh the

value of your assistance

Helping a loved one over-

come a financial obstacle to a

better life is a laudable act, but you should be certain of your finances and personal values before committing to co-sign a

loan. If you need help assessing your financial situation, consider seeking resources at

your local bank or contact a

trusted personal financial plan-

on consumer finance issues for

the National Rural Electric

Cooperative Association, the

Arlington, Va.-based service

arm of the nation's 900-plus

consumer-owned, not-for-prof-

Allison B. Goldberg writes

against your financial risk.

even decades.

flow through the left "neutral" slot and the right "hot" slot on each outlet.

A GFCI can react faster than a blink of an eye to any imbalance of power by immediately shutting off the electrical current. These outlets are now a requirement in all places where water could potentially come into contact with electrical products such as bathrooms, garages, outdoors and kitchens. GFCIs are not exclusive to three-prong outlets. They can be installed into standard outlets, and there are even portable devices available when installation is not practi-

GFCIs should be tested at least once a month to ensure they are working effectively. The first step you need to take

is to test an item, such as a lamp, that visibly powers on when plugged in. Push the "reset" button to prepare the outlet then push the "test" button. Did your lamp turn off? If it did, the GFCI is working properly. Now, hit the "reset" button once again to power it back on. If your lamp did not power off, (4911001.05, Kenneth Graves) then you should contact a certified electrician to correct the problem.

Next time you have a free moment, take the time to look around your house. If you're not "grounded," consider updating your electrical outlets to GFCIs.

Sources: Electrical Safety Foundation International, Consumer Product Safety Commission

PKM linemen Ben Pahlen, in the bucket, and Joe Marcotte, on the ground, worked to reattach wires to the new three-phase pole. Red Lake Electric also received help from Clearwater-Polk linemen Travis Huot and Josh Hendricks and PKM lineman

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falls on a weekend or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's energy

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bill statement.

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Local 4-Hers receive awards from Red Lake Electric

Each year, Red Lake Electric Cooperative sponsors awards for 4-H exhibitors at area county fairs.

Pictured are 4-Hers who received awards at the Pennington County Fair held July 16 through 20 and the Marshall County Fair held July 23 through 27.



Tucker Lunke from the New Maine 4-H Club was the Jr. Showmanship Champion in the Swine Division at the 2014 Marshall County Fair. Tucker's parents are Brad and Sara Lunke of rural Thief River Falls.

Photo courtesy of Marshall County Extension

Tip of the month

homes can be extremely hot, making living conditions uncomfortable. Before you fire up your air conditioner, (3728026.01, Brian Peterson) try cooling off with a ceiling

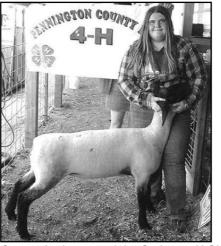
During summer months our fan first. Using ceiling fans can actually raise your thermostat setting by four degrees and still feel just as comfort-

Source: U.S. Department of



Winning an award for Top Dairy at the 2014 Pennington County Fair was Samantha Larson of the Steiner 4-H Club. The award was sponsored by Red Lake Electric Cooperative.

Photo courtesy of Thief River Falls Times



Samantha Larson of the Steiner 4-H Club won the Champion Ewe Award at the 2014 Pennington County Fair. The award was sponsored by Red Lake Electric

Photo Courtesy of Thief River Falls Times



Malena Rupprecht of the Silverton 4-H Club won the Beef Rate of Gain Award with the steer she entered at the 2014 Pennington County Fair. This award was sponsored by Red Lake Electric Cooperative. Malena will be taking her steer to the State Fair.

Photo courtesy of Thief River Falls Times

Give your home an electrical checkup

From refrigerators to lights to computers—electricity is an important and integral part of our everyday lives. Just because it has become such an easily overlooked part of our daily scenery, does not mean that we should overlook the importance of using it safely. Keep your family safe in your home by brushing up on how to use electricity safely and by periodically giving your home an electrical checkup.

"Any type of appliance that uses electrical power can have an electrical failure or malfunction," says Molly Hall, executive director of the Energy Education Council's Safe Electricity program. "Take steps in your home to minimize the risk."

Remember, the combination of electricity and water is dangerous. Make sure outlets in the kitchen, bathrooms, laundry, workshop, basement, garage, or any area with access to water are equipped with a ground fault circuit interrupter

(GFCI). A GFCI monitors the flow of electricity in a circuit. If there is an irregularity, even a small one, the flow of electricity is shut off, preventing an electric shock. GFCIs should be tested monthly to ensure they are working properly.

Periodically check outlets loose-fitting plugs. Replace missing or broken wall plates so wiring and components are not exposed. If you have young children or pets at home, install tamper resistant outlets (TROs) or cover unused outlets with plastic safety caps.

Never force plugs into outlets, and never remove the grounding pin (third prong) to make a three-prong plug fit a two-prong outlet. A twopronged outlet may not be grounded and should be updated and replaced by a qualified electrician. Additionally, avoid overloading outlets with adapters and too many appliance plugs.

"It can be very tempting to add just one more plug to that outlet or power strip, but adding one more electrical device just might overload the outlet and (4432021.03, Larry and Bea Kruse) start a fire, so fight the urge to find ways to plug additional devices into an outlet," Hall advises. "As an alternative, unplug a device or two-before plugging in a new one."

Also, as a safety precaution, make it a habit to remove a cord from the outlet by pulling on the plug rather than the cord itself. Make sure cords are not frayed or cracked, placed under carpets or rugs, or located in high traffic areas. If a cord is damaged in any way, replace it. Do not nail or staple them to walls, floors or

other objects. "Extension cords are designed for temporary use only," Hall says. "They should never be put in place as a longterm solution. A qualified electrician can help you install the necessary wiring and receptacle outlets for a permanent

Check wattage to ensure light bulbs match the fixture

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requirements. Replace bulbs that have higher wattage ratings than recommended. Screw them in securely. Also, consider using LED or CFL bulbs to reduce energy use in your home.

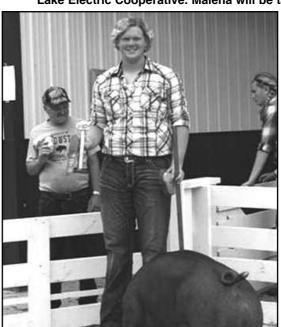
Make sure fuses are properly sized for the circuit they are protecting. If you do not know the correct rating, have an electrician identify and label the correct size to be used. Always replace a fuse with the same size you are removing. Check to make sure circuit breakers are working properly.

If an appliance repeatedly blows a fuse, trips a circuit breaker, or has given you an electrical shock, immediately unplug it and have it repaired or replaced. Look for cracks or damage in wiring and connectors, and use surge protectors

to protect electronics. Check periodically for loose wall receptacles, wires, or loose lighting fixtures. Listen for popping or sizzling behind sounds walls. Immediately shut off, then professionally replace light switches that are hot to the touch and lights that spark and flicker.

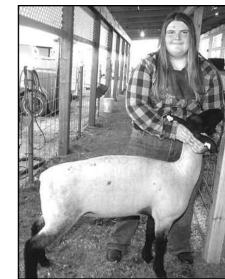
As you continue to upgrade your home with more lighting, appliances, and electronics, your home's service capacity may become overburdened. If fuses blow or trip frequently, have a professional determine the appropriate service requirements for your home.

For more information on electrical safety, SafeElectricity.org.



Dustin Dahl from the New Maine 4-H Club was the Sr. Showmanship Champion in the Swine Division at the 2014 Marshall County Fair. Dustin's parents are Kelly and Alice Dahl of Newfolden.

Photo courtesy of Marshall County Extension



Steiner 4-H member Samantha Larson received an award at the 2014 Pennington County Fair for Market Lamb Rate of Gain. The award was

sponsored by Red Lake Electric.

Photo courtesy of Thief River Falls

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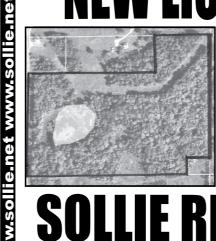
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VOLTS & JOLTS August 2014

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A bin constructed too close to a power line may need to be moved, or the

Correcting a Code violation is expensive for the property owner and the power suppli-

The (5526004, Daniel J. Schmitz) clearances mandated by the NESC apply to bins that were constructed or expanded after August 1989.

thinks they have a violation, or is planning to build a bin to contact Red Lake Electric Cooperative Line Department. Call Bob Guillemette at 253-2168 or 800-245-6068.



Red Lake Electric Cooperative, Inc.

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Red	commended distances from power line	s
*******	143' mini	imum
n.	80' minimum	50' high bin
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Yes	No	formation on numb			area as defined in #7?
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The information contained in this statement is for the purpose of obtaining funding from the Red Lake Electric Trust on behalf of the undersigned. Each undersigned understands that the information provided herein is used to determine funding, and each undersigned represents and warrants that the information provided is true and complete and that the Red Lake Electric Trust may consider this statement as continuing to be true and correct until a written notice of a change is provided. The Red Lake Electric Trust is authorized to make all inquiries they deem necessary to verify the accuracy of the statements made herein.

NAME OF ORGANIZATION

SIGNATURE OF REPRESENTATIVE

DATE

Are you wondering why your electric bill isn't in your mail box on the 20th?



Remember RLEC has changed the dates of the billing cycle to coincide with the calendar month. You should receive your electric bill by the 10th of each month and your payment must be postmarked by the 25th to avoid a late charge. Any questions or concerns, call 800-245-6068 or email redlake@minnkota.com.

Respect those "green boxes" called transformers

seen those green metal boxes located near a house, and realize they have something to do with electrical service. About the size of a dog house, these boxes are called pad-mounted transformers and they're a key part of the underground electrical system that delivers high voltage power to your home.

The role of these green boxes is to take high voltage electricity supplied by your utility, and convert or "transform" it into lower voltage power that can be used by homes and businesses. Padmounted transformers are only found where electric service is buried underground, rather than supplied from overhead lines and poles.

Planting shrubs around these transformer boxes, or blocking their access in any way creates a hazard for your power supplier. Just as blocking a fire hydrant is a safety violation, (4322003.02, Jean B. Wold) anything that obstructs access to a transformer creates a similar hazard.

In the event of an electrical sides. Look for caution stick-

Most homeowners have emergency, utility crews need quick access to unlock and open the transformer cover. A common example is a house fire, where power must be turned off to allow firefighters to safely enter the home and extinguish the blaze. Any effort and time wasted in

distances. Never dig beside a transformer or (3128002.04, Trent M. Stately)install fences, storage buildings or plantings near them. Utility crews need clear

ers on transformers to clarify

safety measures and clearance

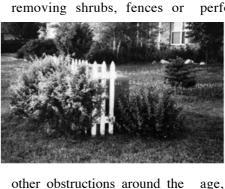
access 24 hours a day to safely perform necessary maintenance or restore power.

Adequate space is needed for air circulation around transformers and other electrical equipment. This allows heat to escape during hot weather and extends the life of the equipment. Excessively high temperatures might

eventually cause oil leakage, which could further increase the chance of equipment failure.

During your next landscaping project, please resist the temptation to "hide" your transformer behind plantings or other obstructions. These green boxes play a crucial role in providing electricity to your property.

Source: Rural Electricity and four feet from all other Resource Council



transformer could result in fur-

ther loss of property or even

landscaping near electrical

equipment, keep in mind these

clearance and safety guide-

of 10 feet in front of the trans-

former (the side with the lock)

Always maintain clearance

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Saddles & Tack



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111Main Ave. Downtown Red Lake Falls - 218-253-2091 You can't go Wrong at Wright's