

# Volts and Jolts

Published monthly for the members of RED LAKE ELECTRIC COOPERATIVE, Inc.

One of the Minnkota Power Systems

SERVING THE FOUR-COUNTY AREA OF MARSHALL, PENNINGTON, RED LAKE AND POLK

and a portion of the lands of the Red Lake Band of Chippewa

VOL. 48 - NO. 12

RED LAKE FALLS (RED LAKE COUNTY), MINNESOTA 56750

SEPTEMBER 2013

## **National Farm Safety** and Health Week September 15 – 21, 2013

third week of September has been recognized as National Farm Safety & Health Week. This recognition has been an annual promotion initiated by the National Safety Council and has been proclaimed as such by each sitting U.S. President since Franklin D. Roosevelt signed the first document. Over the years, the develof (3833006.05 Heath Larson) National Farm Safety & Health Week materials has shifted to the National Education Center for Agricultural Safety.

In this month's

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Fall brings beauty, har-

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Feature of the Month

Wells Century Farm

Peterson Century Farm

Large construction and farm

equipment leads to overhead power line conversions

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Power Savers incentives con-

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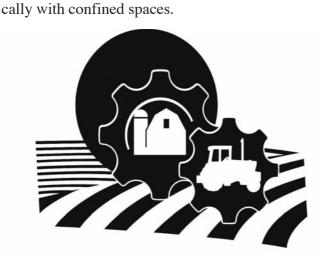
Recipe Corner

Each year since 1944, NECAS is the agricultural partner for NSC and has been serving the agricultural family and business community since 1997.

National Farm Safety & both on the farm and the Health Week is "Working Together for Safety in Agriculture". Go to our web site: www.necasag.org for information and public service announcements opment and dissemination related to this year's theme. We are most grateful to our friends at Illinois Farm Bureau for their work in developing the logo again this year. For National Farm Safety & the past few years, there has been an increasing focus on the safety and health issues Confined Agricultural Spaces. Several agencies are working together to develop safety and rescue programs dealing specifi-

The theme "Working Together for Safety in Agriculture" is one that hits home and reminds us that it is everyone's The 2013 theme for responsibility for safety roadways rural America. The new data for the Department of Labor shows the agricultural sector is still the most dangerous in America with 475 fatalities, which equals 21.2 deaths per 100,000 workers. When combining all labor sectors the death rate was 3.2%

> As we recognize Health Week this September, please join us in promoting safe and healthy practices on our farms and ranches across the U.S. and in our neighboring countries as producers continue the harvest season.



## WORKING TOGETHER for Safety in Agriculture

National Farm Safety & Health Week September 15-21, 2013

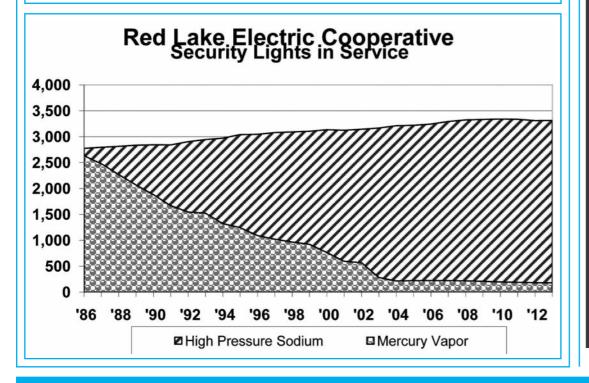
#### **QUICK TAKES**

A look at some statistics from your Red Lake Electric Cooperative





The shorter daylight hours that come with this time of year doesn't mean you have to be in the dark. Red Lake Electric Cooperative has outdoor Security Lighting available for just pennies a night. The monthly \$8 charge inloudes all costs to operate and maintain the light. If you want to add lighting to your yard or work area, give us a call today. 1-800-245-6068 or 218-253-2168



## Protect your home from electrical fires

Each year, electrical failures and malfunctions cause 43,900 home fires, resulting in 438 deaths, 1,430 injuries, and \$1.47 billion in property damage. But many home electrical fires can be prevented simply by understanding basic electrical safety principles and following safe practices.

This year's Fire Prevention Week campaign—Oct. 6-12—focuses on kitchen fires. The Electrical Safety Foundation International (ESFI) and the National Fire Protection Association (NFPA) have teamed up to offer safety tips to help protect your home and family:

- Safety should always be the top priority when working with electricity. ESFI recommends that a qualified, licensed electrician perform all home electrical work in compliance with local and national safety standards.
- Consider having your circuit breakers replaced with arc fault circuit interrupters (AFCIs), which provide enhanced electrical fire protection by detecting dangerous arcing conditions.
- Make sure all electrical panel circuits are properly labeled. Always replace fuses or circuit breakers with the correct size and amperage.
- Keep the area around the electrical panel clear so you can easily shut off power in an emergency.
- Every month, use the TEST button to check that ground fault circuit interrupters (GFCIs) at outlets and AFCIs are working properly.
- Be mindful of warning signs of an electrical problem, such as outlets and switches that are warm or make crackling, sizzling, or buzzing noises.
- Regularly check cords, outlets, switches, and appliances for signs of damage. Do not use damaged electrical devices.

- Do not use extension cords on a permanent basis, and never use them with space heaters or air conditioners.
- Avoid overloading outlets.
- Do not use lightbulbs that recommended exceed the wattage of the light fixture or lamp.
- Despite your best efforts at prevention, a fire could still happen. Follow these tips to make sure your family is prepared to make a safe escape:
- Install smoke alarms inside each bedroom, outside each sleeping area, and on every level of the home.
- Test smoke alarms every month by pushing the TEST button.
- Create a family fire escape plan that includes two ways out of each room.
- Pick an easy-to-find meeting place outside, a safe distance from your home.
- Practice your escape plan by having at least two fire drills a year. One fire drill should be at night while your family is sleeping.
- If anyone in your household is deaf, or if your own hearing is diminished, consider installing a smoke alarm that uses a flashing light or vibration to alert you to a fire emergency.

Visit www.esfi.org for more home electrical safety information and for ESFI's Fire Prevention Week resources.

-Electrical Safety Foundation International



Fire Prevention Week 2013 is Oct. 6-12. Test smoke alarms every month by pushing the TEST button.



#### Manager's **Comments**

by Roger Johanneck



#### Success starts with the membership

Each year we get a report financially. from our lender, Cooperative Finance Corporation (CFC), that compares the financial and operating statistics of Red Lake Electric Cooperative (RLEC) with over 800 other Rural Electric Cooperatives (RECs) across the country, of which 43 were reporting from Minnesota. It also does comparisons to cooperatives similar in consumer size to RLEC, of which there are 95 across the U.S. This report provides an excellent benchmarking tool for your Cooperative's directors and employees to let us know how we are doing. I thought I would share a few of the 145 comparisons that were made in this report covering the past five years ending with 2012.

Ratio 1: Average total consumers served: RLEC ranked 667th out of 813 cooperatives reporting in the U.S; 146 REC's across the country are smaller than RLEC. RLEC ranked 29th in consumer size out of the 43 REC's in MN.

Ratio 5: Total miles of Power-line: RLEC ranked 415th in the country and 17th out of the 43 cooperatives in the state. These first two ratios show that RLEC serves not only a smaller than average number of consumers, but a smaller than average number of consumers (low customer density) for the amount of power lines we have in place. RLEC serves an average of two consumers per mile of power line; that is one-third of the median U.S. density and less than half the state median.

Ratio 8: Operating TIER (Times interest earned Ratio): RLEC ranked 97th in the U.S. and 1st in the state.

This measures the ability to generate sufficient revenues from our electric operations to repay interest on our Long Term

Ratio 16: Equity: RLEC ranked 321st in the U.S. and 8th in the state. The equity of 47% and the high operating TIER are two measures of financial strength for your cooperative and (4517011.05 DelRay

Physical activity is impor-

tant for everyone, including

pregnant women. Regular

physical activity during preg-

nancy can help you have a

more comfortable pregnancy.

It may also help reduce the

risk of complications during

your pregnancy, it's not too

If you weren't active before

pregnancy.

late to start.

Ratio 23: Blended Interest Rate: RLEC ranked 790th out of 806 in the country and 42nd out of 43 in the state. The Cooperative has refinanced some of its long term debt to take advantage of lower interest rates available today and is reflected in the average rate it pays compared to REC's across the U.S. and MN.

Ratio 60: Total kWh sold per mile of Power-line: RLEC ranked 746 out of 813 in the U.S. and 40 out of 43 in the state. RLEC's number is low in comparison and is a reflection of the more sparsely populated service territory we serve. It also is representative of having a fewer amount of commercial loads compared to the majority of other REC's.

Ratio 69: Residential kWh sold per total kWh sales: RLEC has more residential and fewer commercial energy sales compared to REC's across the U. S. and MN. The U.S. and state median for residential sales compared to total sales is 59% while RLEC's portion sold to the residential class is 72%.

Ratio 87: Total Controllable Expenses per Consumer: Controllable expenses include Operation and Maintenance, Administrative and General, consumer accounts and sales expense. RLEC's average cost is \$358 per consumer which compares favorably to the U.S. median of \$441 per consumer and the state median of \$450. One other comparison made is with cooperatives similar in size to RLEC across the country of which the median value for this group of Cooperatives is \$532. Despite our relatively small size, this statistic shows that RLEC has done a good job of controlling costs, even when compared to REC's much larger in size which has the advantages of economies of scale.

Ratio 88: Power Cost Per kWh purchased: RLEC ranked 205 out of 812 in the U.S. and 4th out of 43 in the state. Our meaningful service to all of you average cost of 73.8 mills per kWh compares higher than the Westman) a show that your U.S. median of 66.5 mills and cooperative is on solid ground the state median of 65.1 mills.

Ratio 90: Power cost as a % of Revenue: RLEC ranked 110 out of 813 in the U.S. and 4th out of 43 in the State. RLEC's portion of revenue to pay for wholesale power cost is 72.7% compared to 63% in both the U.S. and in MN.

Ratio 105: Total Cost of Service (minus power costs) per kWh sold: RLEC ranked 676 out of 813 in the U.S. and 41 out of 43 in the state. These are the expenses your cooperative has the most control over and a low number means the system is doing a good job at controlling these expenses. RLEC's cost of service is 24 mills per kWh which is less than the U.S. median of 36.2 mills per kWh, less than the state median of 35.4 mills and less than the median of 37.8 mills per kWh for coops similar in size to RLEC.

We know the favorable comparisons in a variety of categories didn't happen by itself. It takes an active participation by the membership for the Cooperative to succeed. Your constant business is the key to your Cooperative's success. By making electricity your energy of choice impacts our sales and when we can spread our fixed cost over more energy sales, it helps keep our average cost of energy competitive.

When energy sales are less, our average cost goes up. It is not complicated math, and how you support your Cooperative business makes a difference; the numbers in CFC's report support that

By staying informed about issues that affects your Cooperative through the news and information we provide in the newsletter, by attending Cooperative meetings, by electing directors that have your and the Cooperatives best interest in mind; it all makes a difference.

The employees are to be commended, too, for their efforts. They like their work and it gives them great satisfaction in knowing they are providing a and doing a pretty good job at it. Thanks for your business.



## **Member Service Department**

by Kevin Reich

#### Fall brings on beauty, harvesting and projects

the 30's that we experienced Monday morning, Sept. 16, remind us that fall is on the horizon. We are also reminded of that if we look at a calendar and see fall officially begins Sept. 22 with the autumnal equinox.

As I look out the window of my office I see a soft maple tree across the street that is beginning to show a tint of fall color. In another couple of weeks the beauty of fall should be painted on most poplar, maple and birch trees. I look forward to our annual fall drive to capture nature's beauty with the click of my camera lens.

The beauty of fall is also prevalent in the fields and gardens. The harvest of wheat is now complete which provides the golden glow of wheat stubble fields. The beans and corn

The outdoor temperatures in are turning yellow and brown but the sugar beet fields remain a vibrant green. In two weeks these green fields will turn to blackened soil put to rest for another season.

Our gardens also show the sign of fall as the corn is finished, the potato vines are drying up, the tomato plants display fruit from green to red and the green squash and orange pumpkins become visible through the maze of vines.

Fall is not only the time for the harvesting of crops, fruits and vegetables but also a time to tackle the many farm and yard projects that need to be completed before the onset of winter. These projects may include field ditching, field cultivation, hay hauling, bringing home the cattle, cleaning the flower beds or doing a fall landscaping project.

Another very important thing to have ready for winter is your home's heating system. Does the system need to be checked and made ready with a fall tuneup? Do you have an adequate fuel supply as winter approaches? Or maybe worst case scenario, due to past problems and unreliability, does your heating system need to be replaced? If this is the case – act quickly.

If you are considering a new heating system, Red Lake Electric offers incentives for the installation of qualifying heating and cooling equipment.

Whatever fall tasks and projects you are faced with I hope you can take time to enjoy the beauty that is bestowed upon the countryside this time of year. Have a safe and enjoyable fall.

#### **ELECTRIC HEAT EXEMPTION**

This is to certify that the primary source of heat for my residence is electricity and I am eligible for the electric heating sales tax exemption as provided by Minnesota State Law. The primary source is the source that supplies more heat than any other source for the largest period of time during the heating season.

Date	Account number	
Social Security Number		
Signature		_



#### 🛂 Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

## Things you should know about your electric service

#### **BILLINGS AND COLLECTION**

You will receive your energy bill on or near the 20th of each month.

Payment of your monthly energy bill is due on the 20th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour drive-up drop box located next to the RLEC office, by Auto Pay, or by mail. Payment must be in the office, drop box, Auto Pay, or in the mail, as evidenced by the postmark, by the 5th day of the following month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills, the minimum late payment charge will be \$1.00.

If your payment is not received by the 15th of the month, a final notice of disconnection statement will be included on your following bill. The final notice statement will notify you when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service, a \$60 collection fee will be charged to your account, even if you pay the collector.

To have a disconnected service reconnected, all amounts owing, a \$60 reconnection fee, and a security deposit must be paid. If the service must be reconnected after normal working hours, a \$120 reconnection fee must be paid.

#### **BAD CHECKS**

A \$15 charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped.

#### **OUTAGES**

In case your electricity goes out, please do the following:

1. Check your fuses or breakers at the yard pole or meter pedestal.

2. Call your neighbor to see if they are out of electricity also.

3. Call the RLEC office (218-253-2168 or 1-800-245-6068) during working hours or 218-253-2200 after hours. We will accept collect calls for outages only.

#### **METER TESTS**

RLEC has a schedule in place to have its meters periodically tested for accuracy Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to you.

#### STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not reporting a stopped meter.

#### **METER READINGS**

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, there is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office.

#### **GENERAL SERVICE RATES**

Facilities charge variable \$27 to \$35 month January-March ......9.9¢ Kwh Multiphase users add \$22/month cost of service charge.

Standby, \$12/month (meter disconnected but the power line retained; standby is not available on services larger than 15 KVA transformer capacity).

Security light: high pressure sodium, \$8/month; mercury vapor, \$9/month; water heater flat credit, \$7/month (January-April billing); off-peak equipment charge. \$5.50/month per heat meter; off-peak energy rate: 5.5¢/kWh long-term control, 7.5¢/kWh short-term control.

#### before, while, and after you

**Mission Statement** 

It is the mission of Red Lake Electric Cooperative to

enhance the quality of life for people of our service area

by consistently providing quality electric service and

other valued services while holding our employees, our

**Red Lake Electric Cooperative, Inc.** 

One of the Minnkota Power Systems

community and our environment in high regard.

Talk to your doctor about getting active during your pregnancy. As long as there isn't a medical reason for you to avoid physical activity dur-

Before you begin...

ing your pregnancy, you can exercise. begin or continue to do moderate physical activity.

Aim for 2 hours and 30 minutes a week of moderate aerobic activities.

If you weren't exercising before, start slowly. Spread your activity out over the

Choose activities that make your heart beat faster, like walking fast, dancing, swimming, or raking leaves. You should still be able to talk during these activities.

Be sure to drink extra water

Stay active during pregnancy: Quick tips

Take a break if you get short of breath or feel uncomfortable.

Follow these tips when you do strengthening exer-

Don't strain to lift heavy weights. Instead, do more repetitions (lifts) with lighter weights. You can also use cans

of food as weights. Make sure you aren't holding your breath while you exercise. Breathe out as you lift something, and breathe in

as you relax. Avoid exercises that could strain your lower back.

Avoid high-risk activities. Avoid exercising while lying on your back after the first trimester (12 weeks).

Stay away from activities that increase your risk of falling, like downhill skiing or horseback riding.

Avoid playing sports where you could get hit in the stomach, like basketball or soccer.

Source: healthfinder.gov (http://healthfinder.gov)

## RED LAKE ELECTRIC COOPERATIVE, Inc. **VOLTS & JOLTS**

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#### **OFFICERS AND DIRECTORS**

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Colette Kujava, Randy Versdahl, Stacy Blawat Subscription Rate\$2.50 per year

## **NOTICE**

Hidden within the text of the articles of this issue of the Volts & Jolts are the names and account numbers of some RLEC members. They will appear within the articles in parenthesis as such (9999999.99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your electric bill.

## **GOPHER STATE** ONE CALL

Call before digging! It's the law! 1-800-252-1166



#### **French Breakfast Muffins**

1/3 C. shortening 1 C. sugar (divided)

1 egg 1 1/2 C. flour

1 1/2 tsp. baking powder

1/2 tsp. salt

1/4 tsp. nutmeg

1/2 C. milk

1 tsp. cinnamon 1/2 C. butter (melted)

Grease 12 medium muffin cups (or use paper linings). Mix together well: shortening,  $1/2\,$  C. sugar and egg. Stir in flour, baking powder, salt and nutmeg, alternately with the milk. Fill cups 2/3 full. Bake 20-25 minutes in 350° oven. Mix remaining 1/2 C. sugar and cinnamon. Immediately after baking, roll puffs in melted butter, then cinnamon-sugar mixture. Serve hot.

#### **Bran Muffins**

1/2 C. shortening or margarine

1-1/2 C. white sugar

1 C. boiling water 1 C. Nabisco bran 2 C. buttermilk

2 C. bran flakes

2 1/2 tsp. soda

1/2 tsp. salt

2-1/2 C. sifted flour

Pour boiling water over bran. Let stand until cool. Cream shortening, sugar and add beaten eggs, add buttermilk and hot water mixture. Add bran flakes, soda and salt. Fold in flour until moistened. This dough can be refrigerated for 3 to 4 weeks to be baked at your convenience. Fill muffin tins 2/3 full. Bake 20-25 minutes at 400-

#### Red Lake Electric Cooperative, Inc. **Operating Report**

MONTHLY COMPARISON

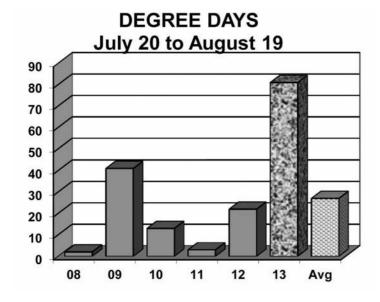
	JULY	
	2012	2013
Total Revenue		
Total Margins	(75,639)	\$ (20,556)
Cost of Power	688,097	\$ 657,100
KWH's Purchased	.8,394,438	7,806,663
Capital Credits Paid to Estates	3,659	\$ 6,841

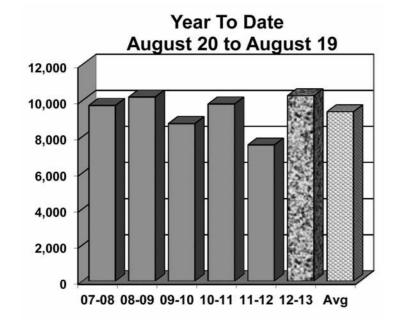
#### YEAR TO DATE COMPARISON

	JULY	JULY
	2012	2013
Total Revenue	.\$7,839,062	\$8,380,889
Total Margins	.\$ 591,215	\$1,077,721
Cost of Power	.\$5,624,111	\$5,720,786
KWH's Purchased	.76,659,857	81,901,006
New Service Connections	20	17
Customers Served	5,215	5,233
Capital Credits Paid to Estates.	.\$ 67,098	\$ 73,480
Miles of Line	,	•
Overhead	2,323	2,324
Underground		256
<b>5</b>		

## DEGREE DAYS

To determine degree days, you must calculate the daily mean temperature for the time period you are measuring. Degree day computation is based on the assumption that a building does not require any heat if the outside temperature averages 65 degrees during a 24-hour period. To obtain a degree day figure, the high temperature and the low temperature for the day are added and the total divided by two. That figure is then subtracted from 65. For example, if the high temperature was 30 degrees and the low temperature 10 degrees, the figure would be 30+10=40; 40/2=20; 65-20=45. This would be a 45-degree day. The higher the degree day figure, the more heat required to warm your home.





#### **Lemony Acorn Slices**

2 large acorn squash (about 2-1/4 pounds each)

1 C. plus 2 Tbsp. water, divided

1/2 C. sugar

2 Tbsp. lemon juice 1 Tbsp. butter or margarine

1/4 tsp. salt

1/8 tsp. pepper

Lemon wedges and fresh mint, optional

Wash squash. Cut in half lengthwise; remove and discard the seeds and membrane. Cut each half crosswise into 1/2-in. slices; discard ends. Place slices in a large skillet. Add 1 C. water; bring to a boil. Reduce heat; cover and simmer for 20 minute or until tender. Meanwhile, in a heavy saucepan, combine sugar and remaining water. Cook over medium heat until sugar melts and syrup is golden, stirring occasionally. Remove from the heat; carefully add lemon juice, butter, salt and pepper. Cook and stir over low heat until butter melts. Place squash on a serving plate; top with syrup. Garnish with lemon and mint if desired.

Yield: 6 servings.

#### **Carrot Muffins**

2 C. flour

1-1/4 C. sugar 1/2 C. raisins

1/2 C. coconut

1/2 C. nuts

1 tsp. cinnamon 1 tsp. nutmeg

2 tsp. soda

1/2 tsp. salt

2 C. grated carrots

Mix in order given. Fill muffin tins 2/3 full and let stand 20 minutes before baking. Bake 30 minutes at 325°.

#### **Hamburger Hot Dish**

4 oz. wide noodles

3/4 C. onion or less if desired 1 - 4oz. can sliced mushrooms

1/2 C. milk

1/2 C. diced American cheese

Salt and pepper

1/2 C. chow mein noodles

Cashew nuts on top

Fry hamburger slow. Add shortening, salt, pepper and onion. Then brown. Add cheese, mushrooms, mushroom soup and milk. Bake until it starts to boil.

#### **Vegetable Hot Dish**

1 lb. hamburger 4 sliced potatoes

1 C. celery

1 onion

4 carrots

1 can tomato soup 1 can cream of mushroom soup

Brown hamburger with onions and celery. Put potatoes and carrots in casserole. Add hamburger mixture and soups. Mix lightly or put in layers.

#### **Steamed Potato Sausage**

3 C ground beef

6 C. (ground or grated) raw potatoes

4 tsp. ground onions 4 tsp. salt

1/2 tsp. pepper

1 tsp. allspice

Mix well. Place in covered casserole or baking dish covered tightly with foil. Place in oven with a pan of hot water on lower rack. Let steam for about 2 hours at 350°.

#### **Zucchini Cupcakes**

3 eggs 1-1/3 C. sugar

1/2 C. vegetable oil

1/2 C. orange juice

1 tsp. almond extract 2-1/2 C. all-purpose flour

2 tsp. group cinnamon

2 tsp. baking powder

1 tsp. baking soda 1 tsp. salt

1-1/2 C. shredded zucchini Caramel Frosting:

1/2 tsp. ground cloves

1 C. packed brown sugar

1/2 C. butter or margarine

1/4 C. milk 1 tsp. vanilla extract

1-1/2 to 2 C. confectioners' sugar

In a mixing bowl, beat eggs, sugar, oil, orange juice and extract. Combine dry ingredients; add to the egg mixture and mix well. Add zucchini and mix well. Fill greased or paper-lined muffin cups twothirds full. Bake at 350° for 20-25 minutes or until cupcakes test done. Cool for 10 minutes before removing to a wire rack. For frosting, combine brown sugar, butter and milk in a saucepan; bring to a boil over medium heat. Cook and stir for 2 minutes. Remove from the heat; stir in vanilla. Cool to lukewarm. Gradually beat in confectioners' sugar until frosting reaches spreading consistency. Frost cupcakes.

**Yield:** 1-1/2 to 2 dozen

## From the Mail Bag

Dear RLEC,

Thank you for choosing me to be your recipient of your generous scholarship. It will help out tremendously with my tuition! Sincerely,

Alexandra Erickson

Dear RLEC,

Thank you for sponsoring the swine showmanship Marshall County trophy.

Jayce Lizakowski **Marshall County 4-H** 

Dear RLEC,

On behalf of the friends and family of Kris Fontaine, thank you once again for supporting the Kris Fontaine Memorial Golf Tournament. This past spring we were able to award 10 scholarships to outstanding Red Lake Falls scholar-athletes. We look forward to continuing to support Lafayette High School and our community. Thanks

Sincerely. Tania Waldal **Red Lake Falls** 

# Thank you

Thank you to the following members and friends for your hospitality.

> Vraa Farms Dale Anderson Colleen Hoffman Wayne Koland Deans Lawrenzs Mike Wavra

# September is fruits and veggies month

"Eat your fruits and vegetables." You've likely heard this statement since childhood. Research shows why it is good advice: Healthy diets rich in fruits and

vegetables may reduce the risk of cancer and other chronic diseases. Fruits and vegetables also provide essential vitamins and minerals, fiber, and other substances that are

important for good health. Most fruits and vegetables are naturally low in fat and calories and are

Eating fruits and vegetables of different colors gives your body a wide range of valuable nutrients, like fiber, folate, potassium, and vitamins A and C. Some examples include green spinach, orange sweet potatoes, black beans, yellow corn, purple plums, red watermelon, and white onions. For more variety, try new fruits and vegetables regularly.

Diets rich in dietary fiber have been shown to have a number of beneficial effects including decreased risk of coronary artery disease. Excellent vegetable sources: navy beans, kidney beans, black beans, pinto beans, lima beans, white beans, soybeans, split peas, chick peas, black

eyed peas, lentils and artichokes. Folate\*

Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord defect. Excellent vegetable sources: black eyed peas, cooked spinach, great northern beans and

asparagus. Potassium

Diets rich in potassium may help to maintain a healthy blood pressure. Good fruit and vegetable sources: sweet potatoes, tomato paste, tomato puree, beet greens, white potatoes, white beans, lima beans, cooked greens, carrot juice and prune juice. Vitamin A

Vitamin A keeps eyes and skin healthy and helps to protect against

etable sources: sweet potatoes, pumpkin, carrots, spinach, turnip greens, mustard greens, kale, collard greens, winter squash, cantaloupe, red peppers and Chinese cabbage.

Vitamin C

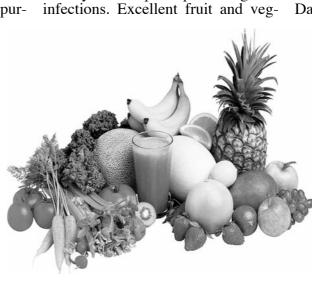
Vitamin C helps heal cuts and wounds and keep teeth and gums healthy. Excellent fruit and vegetable sources: red and green peppers, kiwi, strawberries, sweet potatoes, kale, cantaloupe, broccoli, pineapple, Brussels sprouts, oranges, mangoes, tomato juice and cauliflower.

Good sources: These foods contain 10 to 19 percent of the Daily Value per reference amount.

Excellent sources: These foods contain 20 percent or more of the Daily Value per reference amount.

\*The Institute of Medicine recommends that women of childbearing age who may become pregnant consume 400 micrograms of synthetic folic acid per day to supplement the folate they receive from a varied diet. (4608002.05 David Wilson) Synthetic folic acid can be obtained from eating fortified foods or taking a sup-

Source: Centers for Disease Control and Prevention



#### **Farmers Union Oil Company**

Thief River Falls



- Fertilizer
- Petroleum products
- Town and country deliveries
- Tires, batteries, accessories
- Farm supplies

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### **VOLTS AND JOLTS FEATURE OF THE MONTH**

#### Families in Beltrami and Pennington counties celebrate Century Farm status

By Heather Blodgett

The farm of Virgie and Bernie Wells has been named a century farm for 2013. Located near Goodridge, the farm is a mile east of the Beltrami County line and falls just inside the Red Lake Indian Reservation.

Started by Bernie's father, Andrew, in 1913, the land was an assignment to Andrew and his wife, Myrtle, by the reservation as Andrew was one-half Chippewa. The couple moved onto the 160 acres of land and built a very small home. A new home was built in 1935. They had seven children, six of whom were born in the home on the farm. Bernie was the youngest of those children and is the only one still living.

Andrew and Myrtle started with one horse and a single cow. They later drove sheep across the land from Red Lake to add to their livestock. More horses and cattle were also added through the years. Andrew chopped wood and sold it in Goodridge to supplement income for the family. The couple was also instrumental in founding the Reiner Lutheran Church near Goodridge.

Virgie met Bernie when she was on her way to a basket social. When they were first dating, he came to pick her up for a date at her parents' home and managed to get his vehicle stuck in the road. "My dad had a D John Deere tractor to pull it out and Bernie didn't know how to



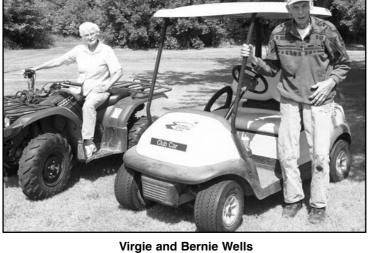
start it, but I did," exclaims Virgie. "So I started it and pulled him out," she says. "And she's been pulling me out ever since," says Bernie with a smile. "And he keeps getting stuck!" laughs Virgie.

They married in 1947, in a ceremony held right on the farm. The couple had five children, Terry, Kathi, Candace, and twin boys, Brent and Brian. The first year of marriage was spent living with Andrew and Myrtle on the farm. Andrew and Myrtle then retired and moved to Thief River Falls and left Bernie and Virgie to continue farming. "We just hoped to improve on what they started," says Virgie. "They started it all. There are a lot of memories of them here."

The couple had dairy and beef cattle, chickens, turkeys and pigs, and also farmed hay, oats, barley, wheat and flax throughout the years. Milk and eggs harvested from the farm were sold locally. "Eggs bought the groceries when we were first married," says Virgie. The farm was electrified by Red Lake Electric Cooperative a few years later in 1950.

"I've never worked for anyone but myself," says Bernie, as he reminisces of his work on the land. "It seems like a blur," says Virgie. "We had a lot of cattle and we farmed a lot, but we never had any hired help, just our kids and us." She explains that her and Bernie do most everything together. "The kids say, Dad's work is his play," she says. "He loves to work."

Continued on page 5



By Heather Blodgett

Andy and Karen Peterson's farm has recently been honored as a century farm. Although their address is rural Trail, Minn., the farm is located several miles north of Trail in Deer Park Township.

Andy's grandfather, John Peterson, immigrated to the United States in the late 1800s from Sweden. After residing in Madison County, Minn, he moved north of Trail and later, in 1904, settled in Deer Park Township where he purchased land and began farming. He married Esther, who had also emigrated from Sweden, in 1907. The couple built a log cabin and three of their children were born there. Deciding they needed to expand for their growing family, a farm was purchased less than a mile east of their property and the couple moved into the farmhouse there in 1912 and established what has become the century farm. Two more sons were born and soon after, Esther became very ill. She passed away at the age of 27, leaving John with five children under the age of eight.



John and Esther Peterson



**Andy and Karen Peterson** 

for the children while he worked and the oldest son, Adolph, helped John with the farming, which included dairy cattle.

Adolph continued to help his father with the farming and married Luella Klove in 1941. The couple moved into the farm house and took over the dairy operation. John purchased a farm across the road and moved there with his youngest son,

Joseph. Adolph and Luella brought four children into the union. Their son, Andy, married Karen Jensen in 1969 and the couple made their home on the farm while Adolph and Luella moved less than a mile west, close to both the Deer Park Town Hall and the original homestead site of John and Esther. A new home was built on the property in

Andy and Karen continue the farming tradition started by Andy's grandfather. They had two sons, Isaac and Paul, who helped with the daily chores that come with farm life. "One of the best memories I have is all four



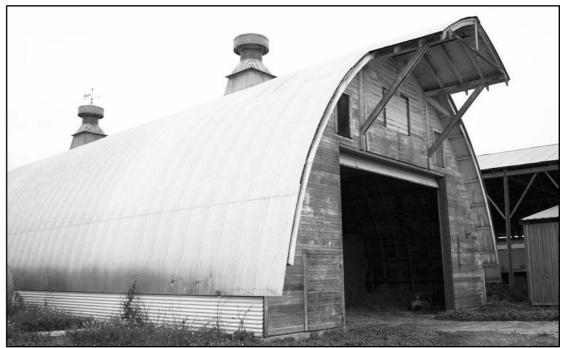
Adolph and Luella Peterson

of us working together on the farm," said Karen, "The boys were doing chores and we were milking cows." They replaced the dairy cattle with beef cattle in 1995 and later ended the livestock operation in 2005 to focus on wheat, soybeans and hay.

"Andy's never had a different job," says Karen. "He's farmed all his life. He really does have the work ethic of his father. They don't like to come in until they're done."

Continued on page 5





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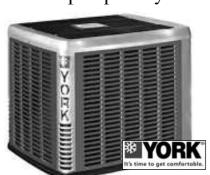
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## Large construction equipment and farm machinery leads to overhead power line conversions

It is very apparent that construction equipment and farm machinery continue to become larger. The size of the equipment often dictates the need for an overhead line to be raised, moved, or in some cases,

line for safety reasons. These types of line conversions are often at the expense of the contractor or farmer who is requesting (5931003.01 Jerome E. Schindler) the change. The

replaced with an underground requesting party is supplied with an estimate prior to the conversion. Line conversions are all part of the regular work for the line crews at Red Lake Electric Cooperative.



Red Lake Electric linemen begin the terminations on an underground riser pole where an existing overhead line is being replaced with an underground line.



Red Lake Electric lineman Casey Thronson (left) and Branden Narlock cut the overhead wires prior to connecting the new underground cable.

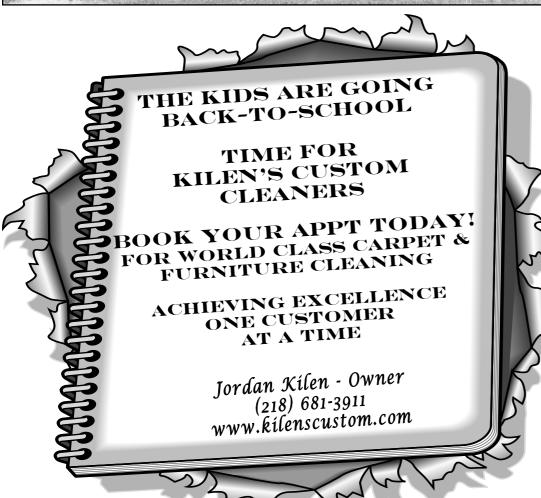
#### Wells Century Farm Continued from page 4

The couple remodeled the original home on the farm twice and then built their current home, in the same yard but south of the original home, in 1984. Their son, Brian, and his family now reside in the original home. A tour of the farm's yard shows the barn, quonset, shop, silo, grain bins,

and several other buildings that the couple added to adorn the picturesque property. As the couple is retired, the fields are rented out, along with storage space in the grain bins and several buildings.

Virgie can often be found on a four-wheeler and Bernie on a golf cart as they ride around their land. "A retired farm is what we call it, but we wouldn't want to live anywhere else," said Virgie. "There's no better life than being with nature.







Thronson and Narlock make some of the final connections on the underground riser pole.



Five personnel work to remove and retire the overhead line that is being replaced with three spans of underground cable. The overhead line was replaced to allow for the ease of construction equipment to travel in and out of the contractors headquarters safely.

#### Peterson Century Farm Continued from page 4

Karen worked right alongside him on the farm and also taught high school science and coached girls' athletics at Red Lake County Central High School.

She goes on to tell a story that illustrates their dedication to farming as a way of life. When Andy had two broken feet because a grain bin had fallen on him, she was pregnant with their son, Paul. "I milked cows the night Paul was born," she says, "My doctor told me I had to take a week off, so I did. Andy's parents helped for a week and I was back out there." She explains that Andy took care of Isaac and newborn Paul while using a wheelchair and crutches. He also managed to get himself from the wheelchair into the grain swather to get the fieldwork done when he could.

We always have a lot of work to do because we have two farm sites, but it's a good way to live," she says, "It's a good way to raise kids. It's fresh air, all of the time."

The couple has been fortunate that even though they live and work far from the nearest town, they have a sense of community out in the country, "We have good neighbors, "says Karen. "You can count on them, or you go help them. It goes both

The farm changed over the years as Andy purchased land to add to the property's acreage. The couple erected a Quonset and lowered the barn to make it more functional. In 1992, the couple moved to the home that was left by Adolph and Luella's passing and began renting out their previous home. This past winter they added a shop in their current yard.

Even though Karen retired from teaching two years ago, the couple has no plans to slow down anytime soon. They want to continue farming for at least the next few years. They are active socially as Andy bowls on a league and Karen serves on the Red Lake - Pennington Thrivent Financial for Lutherans board. They also enjoy spending time with their family, especially granddaughters Megan and Kayla.





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#### WHAT ARE MY LIGHT-ING CHOICES?

Three of the most common energy-efficient lighting types include energy-saving incandescents, CFLs, and LEDs. You can find these in most hardware and home improvement stores, and they are all more energy-efficient than traditional incandescent bulbs

**INCANDESCENTS-ABOUT** 25% ENERGY SAVINGS



Energy-saving, or halogen, incandescents have a capsule inside that holds gas around a filament to increase bulb efficiency. This type of incandescent bulb is about 25% more efficient and can last up to three times longer than traditional incandescent bulbs. They are available in a wide range of shapes and colors, and can be used with dimmers.

**CFLS-ABOUT ENERGY SAVINGS** 



**75%** 

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have in a kitchen or garage. Because they use less electricity than traditional incandescents, typical CFLs can pay for themselves in less than nine months, and then start saving you money each month. An ENERGY STAR-qualified CFL uses about one-fourth the energy and lasts ten times longer than a comparable incandescent bulb that puts out the same amount of light.

CFL bulbs are available in a range of light colors, including warm (white to yellow) tones that were not as available when first introduced. Some are encased in a cover to further diffuse the light and provide a similar shape to the bulbs you are replacing. If you are looking for a dimmable bulb, check the package to make sure you purchase a CFL with that feature.

Fluorescent bulbs contain a small amount of mercury, and they should always be recycled at the end of their lifespan. Many retailers recycle CFLs for free. See EPA's website for more information.

LEDS-ABOUT 75%-80% **ENERGY SAVINGS** 



The light emitting diode (LEDs) are a type of solid-state lighting -- semiconductors that convert electricity into light. Although once known mainly for indicator and traffic lights, LEDs in white light, general illumination applications are one of today's most energy-efficient and rapidly-developing technologies. ENERGY STARqualified LEDs use only 20%–25% of the energy and last up to 25 times longer than the traditional incandescent bulbs they replace.

LED bulbs are currently available in many products such as replacements for 40W, 60W, and 75W traditional incandescents, reflector bulbs often used in recessed fixtures, and small track lights. While LEDs are more expensive at this early stage, they still save money because they last a long time and have very low energy use. As with other electronics, prices are expected to come down as more products enter the market.

> References-Energy Star Courtesy-U.S. Department of Energy

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## College versus retirement planning

tution offers the education nec-

essary for that career? What are

the unemployment rates for

recent graduates of that career?

The Economic Policy Institute

estimated in 2011 that 9.4 per-

cent of recent college graduates

attend a public, in-state college

or university where tuition is

cheaper? For the first two years,

can your child attend a commu-

nity college or other local

school? Keeping the "purchase"

concept in mind, you may want

to approach your child's college

choice as you would a new vehi-

cle. Most people consider their

budget and what kind of trans-

portation they really need. Will

a basic pickup truck do the job,

Cost savings: Can your child

are unemployed.

For many parents today, sending children to college is a top priority. But without the right financial planning, paying for higher education can turn into a lifelong debt. When your child selects a college, a purchase is being made. When you think of it in those terms, it's much easier to make smart financial choices.

Let's start with the costs: According to the College Board, the total cost for an in-state public college or university for the 2011–2012 academic year was, on average, \$21,447—that includes tuition, room and board, and fees. Private schools, of course, are even pricier, while community colleges cost substantially less than in-state schools.

When sitting down with your child to discuss the future, consider the following:

Career direction and the current economy

What career path is he or she interested in? What type of insti-

or does it have to be the luxury Of course, whatever vehicle is chosen, the purchaser most likely will have to pay for it over the course of several years. It's much the same for higher edu-

While planning for your child's education is important for their financial future, don't forget yours in the process. Be sure to explore all possible financing sources, and try to avoid tapping into your retirement savings to pay for collegerelated expenses. Student loans often have long-term payback periods, but you probably won't have as much time to save for your retirement. Borrowing from your retirement accounts or even reducing your retirement plan contributions to fund your child's education could jeopardize your financial future.

Planning for college, like planning for retirement, takes time and a great deal of thought. The sooner you start, the more successful you are likely to be. And when it comes to planning for both college and retirement, remember this: You don't have to do it alone. Be sure to consult a financial professional.

#### Important notice for military personnel

Section 1. [325E.028] UTIL-ITY PAYMENT ARRANGE-MENTS FOR MILITARY SERVICE PERSONNEL

Subdivision 1. **Restriction** on disconnection; payment schedules. (a) A municipal utility. cooperative electric association or public utility must not disconnect the utility service of a residential customer if a member of the household has been issued orders into active duty, for deployment or change in duty station if such a residential customer:

(1) has a household income below the state median household income or is receiving energy assistance and enters into an agreement with the municipal utility, cooperative electric association or public utility under which the residential customer pays ten percent of the customer's gross monthly income toward the customer's bill and the residential customer remains reasonably current with those payments; or

(2) has a household income above the state median household income and enters into an agreement with the municipal utility, cooperative electric association or public utility establishing a reasonable payment schedule that considers the financial resources of the household and the residential customer remains reasonably current with payments under the payment schedule.

(b) For purpose of this subdivision, "household income means household income measured after the date of the orders specified in paragraph (a).

Subd. 2. Annual notice to all customers; inability to pay forms.

(a) A municipal utility, cooperative electric association or public utility must notify all residential customers annually of the provisions of this section.

(b) A municipal utility, cooperative electric association or public utility must provide a form to a residential customer to request the protections of this section upon the residential customer's request.

Subd. 3. **Application to service limiters.** For the purposes of this section, "disconnection" includes a service or load limiter or any device that limits or interrupts electric service in any way.

Subd. 4. Income verification.

Verification of income may be conducted by the local energy assistance provider or the municipal utility, cooperative electric association or public utility unless the customer is automatically eligible for protection against disconnection as a recipient of any form of public assistance, including energy assistance that uses income eligibility in an amount at or below the (5007001.03 (Greg P. Hilgeman) income eligibility in subdivision 1, clause (1).

Subd. 5. Appeal process. (a) The municipal utility, cooperative electric association

or public utility shall provide the

residential customer with a commission approved written notice of the right to appeal to the commission or other appropriate governing body when the utility and residential customer are unable to agree on the establishment, reasonableness or modification of a payment schedule, provided for by this section. Any appeal must be made within seven working days after the residential customer's receipt of personally served notice, or within ten working days after the utility has deposited firstclass mail notice in the United States mail.

(b) The utility shall not disconnect service while a payment schedule is pending appeal or until any appeal involving payment schedules has been determined by the commission.

Subd. 6. **Enforcement.** This section may be enforced pursuant to chapter 216B.

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## Power Savers program incentives continue

As a directive from the state legislature, Red Lake Electric Cooperative (RLEC) must spend money on conservation programs that yield electric energy savings. Energy conserved must equal 1.5 percent of the Cooperative's total annual kilowatt hour sales.

To help meet this directive the Cooperative is offering Power Savers. This program offers incentives to implement conservation measures.

Residential offerings span from a \$2 rebate on compact fluorescent lamps (CFL) to \$400 per ton on a geothermal, closed loop heat pump.

Business incentives apply for lighting, air conditioning, air (1236003.02 Jessica and Adam Steinhauer) source heat pumps, geothermal heat pumps,

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Open Loop <135,000 BTUH @ 59°F

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Ground-Source Heat Pump (GSHP)

Incentive available for failed geothermal equipment only.

All GSHP incentives must meet following criteria:

chillers, motors, variable frequency drives, and Energy Star food service equipment.

Rebate forms that list the offerings are posted on RLEC website, www.redlakeelectric.com.

The forms are also available from the Cooperative or local electrical and heating/cooling contractors.

The accompanying tables list many of the residential incentives.

Custom applications may also apply to business customers. Most energy conservation measures can be explored to see if the measure qualifies for an incentive.

For additional information, contact RLEC at 253-2168 or 800-245-6068.

\$2,500/h

\$400/ton Maximum inc \$5,000/home

Maximum ii \$1,250/hom

\$200/ton

16.2 EER /3.6 COP

14.1 EER /3.3 COP

16.2 EER /3.6 COF

14.1 EER /3.3 COP

New installations only. All efficiency ratings will be verified using the AHRI database (ahridirectory.org).

Water-to-water systems need the manufacturer's specifications indicating the equipments incentive requirements.

Entire indoor unit replacement is required to receive incentive. Replacing only the compressor will not qualify for the incentive.

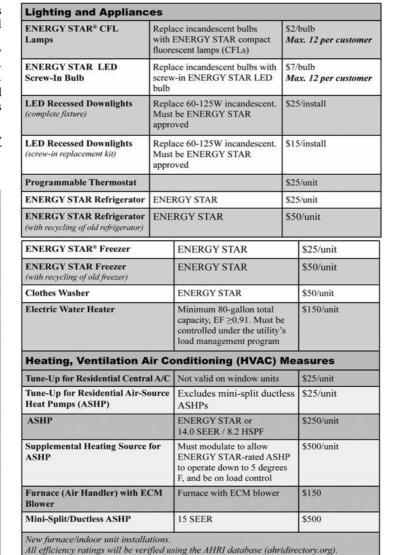
Efficiency ratings will be verified using the AHRI database (ahridirectory.org

Equipment being replaced must fall outside of any warranty period to receive incentive Invoice showing proof of purchase must be attached.

Equipment must meet or exceed efficiency requirements or carry an ENERGY STAR\*

used for analysis, resulting heat loss and equipment heating capacity for the home Incentive is based off total heating capacity for the home. If equipped with backup electric heat, home must be on load control or demand billing per local utility offerings.

Requires a heat load calculation to be submitted clearly delineating design temperature



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- Bill4U allows you access to your billing statements at any time.
- Bill4U allows you to view and compare your kilowatt-hour usage. If you have any questions or need more information, visit our web site or call Red Lake Electric 800-245-6068.



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#### Review the cold weather disconnection law

The cold weather law, which became effective Aug. 1, 1995, provides a guideline for Red Lake Electric Cooperative to use for properly notifying a customer of their delinquent account and determining when electricity can be shut off during the cold weather season (Oct. 15 through April 15).

This law also provides a guideline for customers to follow when their electric service is up for disconnection and what they must do to avoid disconnection of electricity during the cold weather season.

It's important to remember the cold weather rule does not prevent a shutoff of electricity during the cold weather season. Only you, the customer, can prevent a shutoff of electricity

Other than paying your bill when it is due, you can prevent a shutoff from occurring by responding to the information RLEC will deliver with each collection notice during the cold weather months. Should you have any questions about the cold weather rule or the shutoff protection information that will be attached to each collection notice, please call RLEC. We want to help you prevent a cold weather shutoff. **COLD WEATHER LAW** 

216B.097. Cold weather rule, cooperative or municipal utility. Subdivision

Application; notice to residential customer.

'97 Ford F150 4x2 Reg Cab

F13243B V6, XL, 8' Box ...... 99 Ford Explorer XLT 4x4

T13262A V6, Heated Leather...... \*03 Dodge Neon SXT 4 Door

97 Jeep Wrangler Sport 4x4

13223C Hard/Soft Top, V6, 5 08 Ford Focus 4 Door SE

08 Kia Amanti 4 Door

S0974 Lariat, Leather...... 05 Chrysler 300 4 Door

B0965 V6, Leather, Moonroot 07 Ford Expedition 4x4

EXTENDED SALES HOURS

113200 Moonroof, Heated Leather, V6 08 Honda Fit 4 Door

80969 4 cyl, 5 Speed, 62k ...... O1 Ford F150 SuperCrew 4x4

B0976A 4.0L V6, Cloth Seats
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(a) A municipal utility or a cooperative electric association must not disconnect and must reconnect the utility service of a residential customer during the period between October 15 and April 15 if the disconnection affects the primary heat source for the residential unit and all of the following conditions are

1. The household income of the customer is at or below 50 percent of the state median household income. A municipal utility or cooperative electric association utility may (i) verify income on forms it provides or (ii) obtain verification of income from the local energy assistance provider. A customer is deemed to meet the income requirements of this clause if of public assistance, including energy assistance, that uses an income eligibility threshold at or below 50 percent of the state median household income;

2. A customer enters into and makes reasonably timely payments under a payment agreement that considers the financial resources of the household; and

3. A customer receives referrals to energy assistance, weatherization, conservation or other programs likely to reduce the customer's energy bills.

(b) A municipal utility or a cooperative electric association must, between August 15 and October 15 each year, notify all residential customers of the

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'10 Ford Edge Limited 4WD

'10 Ford F150 Super Cab 4x4

'10 Ford F150 SuperCrew 4x4

'12 Ford Escape Limited 4x4

B0973 V6, Leather, 23k

'12 Ford Escape Limited

'11 Ford Edge SEL AWD

'10 Ford F150 SuperCrew

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'11 Ford F150 SuperCrew 4x4

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59,999

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provisions of this section.

Subdivision 2. Notice to residential customers facing disconnection.

Before disconnecting service to a residential customer during the period between Oct. 15 and April 15, a municipal utility or cooperative electric association must provide the following information to a customer:

- 1. A notice of proposed disconnection;
- 2. A statement explaining the customer's rights and responsibilities;
- 3. A list of local energy
- assistance providers; 4. Forms on which to declare inability to pay; and
- 5. A statement explaining available time payment plans and other opportunities to

Subdivision 3. Restrictions if disconnection is necessary.

(a) If a residential customer must be involuntarily disconnected between October 15 and April 15 for failure to comply with subdivision 1, the disconnection must not occur:

1. on a Friday, unless the customer declines to enter into a payment agreement offered that day in person or via personal contact by telephone by a municipal utility or cooperative electric association:

2. on a weekend, holiday or the day before a holiday;

3. when utility offices are

4. after the close of business on a day when disconnection is permitted, unless a field representative of a municipal utility or cooperative electric association who is authorized to enter into a payment agreement, accept payment and continue service, offers a payment agreement to the customer.

Further, the disconnection must not occur until at least 20 days after the notice required in subdivision 2 has been mailed to the customer or 15 days after the notice has been personally delivered to the customer.

(b) If the customer does not respond to a disconnection notice, the customer must not be disconnected until the utility investigates whether the residential unit is actually occupied. If the unit is found to be occupied, the utility must immediately inform the occupant of the provisions of this section. If the unit is unoccupied, the utility must give seven days' written notice of the proposed disconnection to the local energy assistance provider before making a disconnection.

(c) If, prior to the disconnection, a customer appeals a notice of involuntary disconnection, as provided by the utility's established appeal procedure, the utility must not disconnect until the appeal is resolved.

Subdivision 4. Application to service limiters. For the purposes of this section, "disconnection" includes a service or load limiter or any device that limits or interrupts electric service in any way.

#### **AUTO PAY OFFERED BY RLEC**

Red Lake Electric Cooperative is pleased to offer you Auto Pay. Now you can have your monthly energy bill paid automatically from your checking or savings account. You can receive the Auto Pay service by completing the Auto Pay sign-up sheet and returning it to Red Lake Electric Cooperative.

The Auto Pay service is free of charge. Not only is this service free, you will eliminate the expense of writing a check, postage to mail your payment and no more late payment penalties because your bill will be paid on time, every month, for you.

Your payment will be automatically made for you on the 5th of each month. If the 5th falls on a weekend or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's energy bill statement.

Continue to pay your monthly bill until you are notified on your bill that the Auto Pay has been set up for you.

If you have any questions about the Auto Pay please call RLEC at 800-245-6068 or 218-253-2168.



SIGN-UP SHEET

I authorize Red Lake Electric Cooperative (RLEC) and the bank listed below to initiate variable entries to my checking or savings account. This authorization remains in effect until I notify RLEC in writing to cancel it in such time as to allow RLEC to act on it.

RLEC ELECTRIC ACCOUNT # NAME (PRINT)

**ADDRESS** 

TELEPHONE #

NAME OF FINANCIAL INSTITUTION

CHECKING ACCOUNT #

SAVINGS ACCOUNT #

SIGN HERE TO AUTHORIZE

Please return this authorization form with a blank, voided check to: Red Lake Electric Cooperative, P.O. Box 430, Red Lake Falls, MN 56750

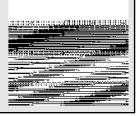


### Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Phone Toll-free Fax After-hour outage Office hours E-mail: Web site

218-253-2168 1-800-245-6068 218-253-2630 218-253-2200 Monday-Friday, 8:00-4:30 redlake@minnkota.com www.redlakeelectric.com



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