

Volts and Jolts

Published monthly for the members of

RED LAKE ELECTRIC COOPERATIVE, Inc.

One of the Minnkota Power Systems

SERVING THE FOUR-COUNTY AREA OF MARSHALL, PENNINGTON, RED LAKE AND POLK

VOL. 45 - NO. 08

RED LAKE FALLS (RED LAKE COUNTY), MINNESOTA 56750

JUNE 2010

June is Dairy Month

Facts about dairy you may not know

Here are some facts about dairy you may not know:

- Milk offers nine essential nutrients (potassium, B12, vitamin A, riboflavin, niacin, phosphorus, calcium, protein and vitamin D.
- It takes more than 21 pounds of whole milk to make one pound of butter.
- One cow produces about 350,000 glasses of milk in her life-
- More than 10 pounds of milk go into one pound of cheese.
- Super Bowl Sunday is the number one day for consumption of pizza with cheese. In second place is the Wednesday before Thanks-
- About 300 varities of cheese are sold in the U.S.
- The top five cheese producing states are (3634001.01 Wayne D. Harder) Wisconsin, California, New York, Minnesota and Idaho.
- The U.S. is the world's largest producer of cheese.
- People crave cheese more than any other food.



• It takes 12 pounds of whole millk to make one gallon of ice

Source: Midwest Dairy Association; Dairy Farming Today

RLEC announces scholarship recipients

Each year, Red Lake Electric Cooperative provides scholarships for graduating seniors at each of the high schools operating throughout the Cooperative's service

The recipients are selected by the scholarship selection committee at the high schools. There were 11 recipients this year with each student receiving \$500.

The funds for these scholarships come from unclaimed capital credits.

Congratulations and best wishes to these scholarship recipients.



TYLER KNUTSON Marshall County Central Mark and Susan Knutson Newfolden



MAX THOMPSON Greenbush/Middle River H.S. David and Karleen Thompson Middle River



MACY BURKS Grygla-Gatzke High School Sarah Cullen and Larry Cullen Goodridge



RACHEL HANSON Goodridge High School Dale and Dawn Hanson Goodridge



THOMAS MORINVILLE Red Lake County Central Scott and Judy Morinville **Brooks**

20 ways to reduce cooling costs

In this period of rising energy costs, it's important to keep thinking of ways to reduce energy consumption and then do them!

- 1. Use fans. Even mild air movement of 1 mph can make you feel
- three or four degrees cooler. 2. Shade your outside cent compressor for more efficient oper-
- ation. 3. Place lamps and TVs away from your AC thermostat to prevent

heat from making your AC run

- longer. 4. Install a whole-house fan to pull air through open windows on the bottom floor and exhaust it through the roof. This can reduce energy use by a third. 5. Install white window shades, drapes or blinds to reflect heat. Close curtains
- on south and west-facing windows. 6. Grow vines on trellises to shade windows or the entire side of
- 7. Avoid landscaping with lots of unshaded rock, cement or asphalt on the (4533001.01 Orville Nelson) south and west sides. This increases temperatures around the house and radiates heat to the home in the evening.
- 8 Plant deciduous trees to shade your home from the sun. In summer, daytime temperatures can be three to six degrees cooler in treeshaded neighborhoods.
- 9. Use CFLs and cut heat radiation by 80 percent.
- 10. Air-dry dishes instead of using the dishwasher's drying
- 11. Use a microwave oven to cook more meals, reducing energy use and heat.
- 12. Plug home electronics into power strips and turn the strips off when not in use.
- 13. Lower the thermostat on your water heater; 115 degrees is

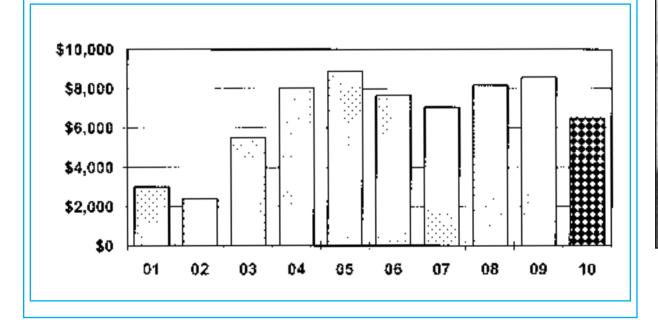
- comfortable for most uses. 14. Wash only full loads of dishes and clothes. 15. Take quick showers instead
- of baths to reduce hot water use. 16. Caulking and weatherstripping keeps cool air in and hot air
- 17. Hire a professional to repair holes or separated joints in your air
- 18. Add insulation around AC ducts located in unconditioned
- spaces, such as attics, crawl spaces 19. Hang clothes outside to dry
- instead of using your dryer. 20. Install awnings on south-facing windows. Because of the angle of the sun, trees, a trellis or fence will best shade west-facing windows. Apply sun-control or reflec-

tive films on south-facing windows. Source: MSN Money

QUICK TAKES

A look at some statistics from your Red Lake Electric Cooperative

The graph below shows the amount of money Red Lake Electric Cooperative has given in scholarships to our service area high school graduates for the past tenyears. The majority of this scholarship money is funded by unclaimed Capital. Credits paid out by Red Lake Electric Cooperative. The ability of Red Lake Electric Cooperative to use these unclaimed Capital Credits this way was a privilege given to all Minnesota Cooperatives in 1987. Prior to that time, these monies were handed over to the state. We think this law change was a good one and are happy Red Lake Electric Cooperative can use this money to provide scholarships for our service area high school graduates.





MOLLY HAUGEN Lincoln High School Monte and Sue Haugen Oklee



TEAGAN NELSON Lincoln High School Clark and Penni Nelson Goodridge



MARIAH TORGERSON Lincoln High School Mike and Carla Torgerson Thief River Falls



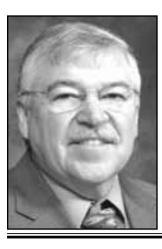
CASSANDRA BRULE Crookston High School Alan and Carmen Brule Crookston



ZACH PAGE Lafayette High School Allan and Pam Page Red Lake Falls



KATIE SALVHUS Win-E-Mac High School Scott and Jackie Salvhus McIntosh



Manager's **Comments**

by Roger Johanneck



Be prepared – for outages

My tenure as a boy scout was a short-lived experience, having never advanced beyond tenderfoot. However, two things from my childhood scouting days that left a lasting impression were: the boy scout motto "be-prepared" and don't go camping with a tent that has a large hole in it. The experience of spending the night in a rainsoaked sleeping bag had something to do with my short-timer status as a scout.

It's hard not to like or agree with a motto like the boy scouts have; "being prepared" is just plain good advice and applies to nearly everything we do. For sure "be prepared" applies (6108001.09 Lee Schmitz) when one considers how much each of us rely on electricity and what we need to do when the power goes out. Being prepared for electric service interruptions will help us minimize the inconvenience of going without power and the risk of something getting damaged.

Last year, Red Lake Electric Cooperative experienced the second best year on record in terms of electric service interruptions; customers went without power on average 50 minutes in 2009. The past five years, RLEC members have averaged 1.7 hours without

Annual average outage time of two hours or less per account is considered good so it is understandable that we can become complacent and take the constant flow of energy for granted. We expect the lights to go on when we flip the switch given our recent service reliability experience.

We need look back not too far in

history to see that service reliability wasn't always as good as it has been the past few years. In 2001, average interruption time was 12.3 hours per customer; the spring blizzard of 1999 upped average outage time that year to over 34 hours per account and the flood of '97 raised

the bar to over 37 hours average

outage time. Earlier in May, our members in the Goodridge area were without power for nearly three hours when transmission service to our Highlanding substation was interrupted. A broken insulator on Minnkota's transmission line was the cause of that interruption and nearly 800 of you went without power until Minnkota's crew could locate the

fault and repair it. About three weeks later some of our members in the same area went without power again when that area was hit with heavy rain, strong winds and lightning. That interruption of service ranged from 30 minutes for some and nearly five hours for others as our crews worked that night to clear trees from the line, splice broken wires and replace equipment damaged by lightning. Total customers affected during that service interruption numbered about 350.

By comparison, our recent May outages in the Goodridge area are minimal when we look at what flooding, ice and storms have done to others around the state and nation this year. However, these examples of interruptions in our service area serve as reminders that our electrical system is vulnerable to the elements of nature and storms can change our comfortable situation in a hurry.

What are some things we can do to be prepared for an electrical out-

Having a small generator to run your essential equipment is not only a good idea, but also a good investment. If you are one of the many RLEC members that do have a standby generator, or are considering purchasing one, make sure you have the proper wiring set up for ease of use and safety consider-

Electric code requires a "double throw" switch which will disconnect your connection to RLEC distribution wires when your generator is in operation. This will both safeguard crews working on the power lines from any back-feed power from your generator and safeguard damage to your generator when service from RLEC is restored.

For those of you that don't own a generator, estimate how long you can get by without the essential electrical equipment such as your sump pump, well water pump, freezer, refrigerator, lighting and other equipment.

With the wet year we have had in our service area, many would likely experience wet homes if there was an extended outage and you (2304001.05 Rodney Liedberg) didn't have a battery operated sump pump to back up your main pump. If you don't have a battery backup pump, I suggest you have a bucket or buckets and scoop handy should you need them to remove water from your sump.

Refrain from opening the freezers and refrigerator to check on food; it will stay colder much longer if you keep the doors shut on these appliances.

Do you have a lantern, flash lights and batteries handy in an easy to find place should you need to locate them in the dark?

When we are experiencing an outage over an area that affects a large number of customers, there is a good chance we are receiving many phone calls from our membership. Your patience and understanding while we are handling these calls as well as understanding power can be restored is appreciated. If you get a busy signal or an answering machine when you call, know that we are busy taking other calls and try your call later if you think we are not aware of your service interruption or you have information that would be helpful to our crews in locating the problem that caused the outage.

Keep our phone numbers in a handy location should you need to call us to report an outage: 1-800-245-6068 during office hours and 218-253-2200 after office hours.

GOPHER STATE

ONE CALL

Call before digging! It's the law!

1-800-252-1166

Member Service Department

by Kevin Reich

Heat sink versus no heat sink, the proverbial question

A question that is asked on a routine basis when referring to hydronic floor heat is: is there a need for a sand bed to provide a heat sink? The answer is generally determined by what type of structure is to be heated, is the heat source an electric boiler, and will there be any other heating equip-

Often a shop or garage that is to be heated with an electric boiler has only one heat source. In this situation a heat sink should be included in the construction plans. A building with a heat sink and an electric boiler on an off-peak setup, can take advantage of a longer term control option. Longer term control yields a better off-peak electric heat rate resulting in reduced annual heating costs.

A shop with no heat sink can only withstand three to five hours of load control before experiencing a temperature drop. For this reason,

the electric boiler would have to be on short term control, a maximum control period of four hours at one time. The short term control offpeak electric heat rate, as of July 10, will be 6.2¢ per kilowatt hour.

A shop with a 16-inch heat sink can withstand 14 to 18 hours of load control. This setup would be on medium term load control. Medium (1133001.03 Merlyn L. Lindemoen) term controlled load is cycled off and on daily during the heating season with approximately 13 hours of off time and 11 hours of on time. This setup would qualify for the best off-peak electric heat rate of 4.2¢ per kilowatt hour, effective July 10.

Comparing these two scenarios, the shop with the heat sink would save \$400 per year if both shops used 20,000 kilowatt hours for heating. The savings only com-

A house constructed on a concrete slab with electric hydronic floor heat should also consider a heat sink. Again this would allow for longer term control on the offpeak electric heat resulting in lower heating costs.

Constructing a house on a basement with electric hydronic floor heat may not necessitate a heat sink. Factors that play a role in that decision include: what other type of heat will be in the house; will there be other electric heat on an off-peak setup and if so, under what control option; what is the water table height in relation to the depth of the

If you have questions about installing a heat sink versus no heat sink in a building you are constructing, contact Red Lake Electric and we will offer you some answers.

Informational Web Sites

The following is a list of Web sites that can provide information and education in reference to electrical safety and energy conservation. These Web sites are listed as links on Red Lake Electric Cooperative's Web site at www.redlakeelectric.com.

- Electrical Safety Foundation International: www.esfi.org
- Alliance to Save Energy: www.ase.org
- US Environmental Protection Agency: www.epa.gov/greenhomes • Energy Star: www.energystar.gov
- Minnesota Safety Council: www.minnesotasafetycouncil.org
- · Safe Electricity: www.safeelectricity.org · Lighting Controls Association: www.aboutlightingcontrols.org

Mission Statement

It is the mission of Red Lake Electric Cooperative to enhance the quality of life for people of our service area by consistently providing quality electric service and other valued services while holding our employees, our community and our environment in high regard.





Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Things you should know about your electric service

BILLINGS AND COLLECTION

You will receive your energy bill on or near the 20th of each month.

Payment of your monthly energy bill is due on the 20th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour driveup drop box located next to the RLEC office, by Auto Pay, or by mail. Payment must be in the office, drop box, Auto Pay, or in the mail, as evidenced by the postmark, by the 5th day of the following month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills, the minimum late payment charge will be \$1.00.

If your payment is not received by the 15th of the month, a final notice of disconnection statement will be included on your following bill. The final notice statement will notify you when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service, a \$50 collection fee will be charged to your account, even if you pay the col-

To have a disconnected service reconnected, all amounts owing, a \$50 reconnection fee, and a security deposit must be paid. If the service must be reconnected after normal working hours, a \$100 reconnection fee must be paid.

BAD CHECKS

A \$15 charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped.

OUTAGES

following:

In case your electricity goes out, please do the

- 1. Check your fuses or breakers at the yard pole
- or meter pedestal. 2. Call your neighbor to see if they are out of
- 3. Call the RLEC office (218-253-2168 or 1-800-245-6068) during working hours or 218-253-2200 after hours. We will accept collect calls for outages

METER TESTS

RLEC has a schedule in place to have its meters periodically tested for accuracy. Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to you.

STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not reporting a stopped meter.

METER READINGS

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, there is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office.

GENERAL SERVICE RATES

Facilities charge variable \$17 to \$23 month Over 500 KWH (April-Dec.) 6.6¢ Kwh Over 500 KWH (Jan.-Mar.)7.5¢ Kwh Multiphase users add \$17/month cost of service

Standby, \$9/month (meter disconnected but the power line retained; standby is not available on services larger than 15 KVA transformer capacity).

Security light, \$7/month, high pressure sodium, \$8/month, mercury vapor; water heater flat credit, \$5/month (on January-April billing); off-peak equipment charge, \$4/month per heat meter; off-peak electric heat rate, 4.0¢/kWh long-term control, 5.8¢/kWh short-term control.



WE PROUDLY PRESENT TO YOU

The Red Lake Electric Cooperative

Customer Service Guarantee



It's short and simple! Red Lake Electric Cooperative employees will meet or exceed your expectations of friendly, courteous service and will meet any commitments they make to you. If your expectations of the service provided by our employees is not met, please contact me at the Red Lake Electric Cooperative office, 253-2168. You will receive \$5.00 for your inconvenience and our promise to serve you better in the future. Our employees' commitment to quality customer service makes this guarantee possible.



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

RED LAKE ELECTRIC COOPERATIVE, Inc. **VOLTS & JOLTS**

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Subscription Rate	\$2.50 per year

NOTICE

ROGER JOHANNECK

General Manager

Hidden within the text of the articles on pages 1, 2, 3 and the back page of this issue of the Volts & Jolts are the names and account numbers of five RLEC members. They will appear within the articles in parenthesis as such (99-99-99-999-99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your electric bill.

Recipe corner

Corn-Stuffed Tomatoes

This tasty dish uses less sugar, salt and fat. Recipe includes diabetic exchanges.

- 6 large tomatoes
- 1/2 tsp. salt, optional
- 1/2 c. plain or Italian-seasoned, bread crumbs
- 2 Tbsp. each chopped green pepper, celery and onion
- 2 Tbsp. half-and-half cream
- 1 Tbsp. butter or margarine, melted
- 2 Tbsp. shredded mozzarella cheese
- 1/4 c. water

Cut a thin slice off the top of each tomato; scoop out and discard pulp. Sprinkle salt inside tomatoes if desired. Invert on paper towel to drain. Combine bread crumbs, corn, green pepper, celery, onion, cream and butter; spoon into the tomatoes. Place in an ungreased 13-inch by 9-inch by 2inch baking dish. Sprinkle with cheese. Pour water into the baking dish. Bake, uncovered, at 350 degrees for 30 minutes or until tomatoes are tender. Yield: 6 servings.

Diabetic exchanges: One serving (prepared with plain bread crumbs, margarine and low-fat mozzarella and without salt) equals 1 starch, 1 vegetable, 1/2 fat; also, 131 calories, 108 mg sodium, 3 mg cholesterol, 27 gm carbohydrate, 5 gm protein, 2 gm fat.

Fruit-Topped Almond Cream

- 1 pkg. (3.4 oz.) instant French vanilla pudding mix
- 2-1/2 c. cold milk
- 1 c. whipping cream
- 1/2 to 3/4 tsp. almond extract
- 3 c. assorted fruit (strawberries, grapes, raspberries, blueberries, mandarin oranges)

In a large mixing bowl, combine pudding mix and milk. Beat on low speed for 2 minutes; set aside. In a small mixing bowl, beat cream and extract until stiff peaks form. Fold into pudding. Spoon into a shallow 2quart serving dish. Chill. Top with fruit just before serving. Yield: 8 serv-

Red Lake Electric Cooperative, Inc.

Operating Report

MONTHLY COMPARISON

	APRIL	APRIL
	2009	2010
Total Revenue \$	932,579	\$ 884,154
Total Margins\$	158,586	\$ 44,350
Cost of Power	577,507	\$ 620,820
KWH's Purchased	2,209,163	10,871,375
Capital Credits Paid to Estates\$	9,787	\$ 14,373

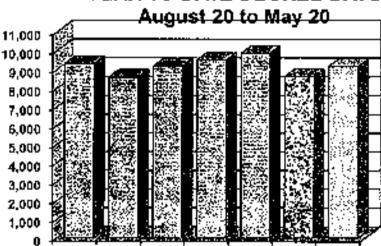
YEAR TO DATE COMPARISON

	APRIL	APRIL
	2009	2010
Total Revenue \$ 4,	194,375	\$ 4,537,829
Total Margins\$	855,063	\$ 681,805
Cost of Power \$ 2,4	431,020	\$ 2,869,420
KWH's Purchased	261,745	57,929,423
New Service Connections	1	6
Customers Served	5,158	5,200
Capital Credits Paid to Estates\$	21,289	\$ 29,982
Miles of Line		
Overhead	2,319	2,325
Underground	235	235

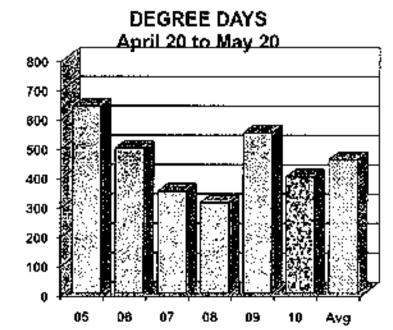
DEGREE DAYS

To determine degree days, you must calculate the daily mean temperature for the time period you are measuring. Degree day computation is based on the assumption that a building does not require any heat if the outside temperature averages 65 degrees during a 24-hour period. To obtain a degree day figure, the high temperature and the low temperature for the day are added and the total divided by two. That figure is then subtracted from 65. For example, if the high temperature was 30 degrees and the low temperature 10 degrees, the figure would be 30+10=40; 40/2=20; 65-20=45. This would be a 45-degree day. The higher the degree day figure, the more heat required to warm your home.

YEAR TO DATE DEGREE DAYS



04-05 05-06 06-07 07-08 08-09 09-10



Deli-Style Pasta Salad

- 1 package (7 oz.) tricolor spiral pasta
- 6 oz. thinly sliced hard salami, julienned 6 oz. provolone cheese, cubed
- 1 can (2-1/4 oz.) sliced ripe olives, drained
- 1 small red onion, thinly sliced 1 small zucchini, halved and thinly sliced
- 1/2 c. chopped green pepper 1/2 c. chopped sweet red pepper
- 1/4 c. minced fresh parsley
- 1/4 c. grated Parmesan cheese
- 1/2 c. olive or vegetable oil
- 1/4 c. cider or red wine vinegar
- 1 garlic clove, minced
- 1-1/2 tsp. ground mustard
- 1 tsp. dried basil
- 1 tsp. dried oregano
- 1/4 tsp. salt
- Dash pepper

2 medium tomatoes, cut into wedges

Cook the pasta according to package directions; rinse in cold water and drain. Place in a large bowl; add the next nine ingredients. In a jar with tight-fitting lid combine oil, vinegar, garlic, mustard basil, oregano, salt and pepper; shake well. Pour over salad; toss to coat. Cover and chill for 8 hours or overnight. Toss before serving. Garnish with tomatoes. Yield: 10-12 servings.

That Good Salad

- 3/4 c. vegetable oil
- 1/4 c. fresh lemon juice 2 garlic cloves, minced
- 1/2 tsp. salt
- 1/2 tsp. pepper
- 2 bunches (1 lb. each) romaine, torn
- 2 c. chopped tomatoes
- 1 c. (4 oz.) shredded Swiss cheese
- 2/3 c. slivered almonds, toasted, optional 1/2 c. grated Parmesan cheese
- 8 bacon strips, cooked and crumbled

1 c. Caesar salad croutons

In a jar with tight-fitting lid, combine oil, lemon juice, garlic, salt and pepper; cover and shake well. Chill. In a bowl, toss romaine, tomatoes, Swiss cheese, almonds if desired, Parmesan cheese and bacon. Shake dressing; pour over salad and toss. Add croutons and serve immediately. Yield:

From the Mail Bag

Dear RLEC:

Thank you for selecting me to receive your scholarship. Your support in helping me further my education is greatly appreciated. I am looking forward to attending MSUM. Go Dragons!

Sincerely, **Zach Page Red Lake Falls**

Dear RLEC:

Thank you for sponsoring a scholarship for students at RLCC High School. I feel honored to have received this scholarship and will put it to good use in furthering my education at UND.

Thomas Morinville Brooks

Dear RLEC:

Thank you for the scholarship; it is greatly appreciated and makes life a little easier for my family. My intended major of biochemistry has only altered a little into biochemical engineering, but alters my number of years going to college a lot, so your scholarship is even more appreciated.

Thank you again, **Molly Haugen**

Dear RLEC:

Thank you for awarding me with your \$500 scholarship this year. It will be very helpful next year. I appreciate your support and assure you it will be put to good use in my post secondary education. **Teagan Nelson**

Goodridge

Dear RLEC:

Thank you for selecting me as one of the recipients of your scholarships. My plans are to attend the University of Minnesota in pursuit of a B.A. degree in chemistry and plan to further my education with a degree in pharmacy. The money will be very useful when paying for books, tuition and all of the other expenses that go with college life.

Sincerely, **Max Thompson** Greenbush-Middle River

Dear RLEC Trust, Inc.:

We would like to acknowledge and express appreciation for funds given to support grounds/building at PCHS. As a non-profit organization, our mission is accomplished through the generosity of others. Thank you for supporting our work.

From all of us at PCHS

•national homeownership month FDIC 🕮

GOPHER STATE ONE CALL

Call before digging! It's the law!

1-800-252-1166

Spicy Sausage Sandwiches

Salsa:

- 2 jalapeno peppers
- 1 large fresh banana pepper
- 1/2 c. diced sweet red pepper 1/2 c. diced Vidalia or sweet onion
- 1/2 c. frozen corn, thawed
- 1 Tbsp. chopped fresh cilantro or parsley Sandwich:
- 1 lb. bulk pork sausage
- 6 English muffins, split and toasted
- 6 slices Colby/Jack cheese

Remove seeds and membranes from jalapeno and banana peppers if desired (for a less spicy salsa). Dice peppers and place in a bowl; add remaining salsa ingredients and mix well. Cover and refrigerate until ready to serve. Form the sausage into six patties; cook in a skillet over medium heat until meat is no longer pink. Place each on an English muffin half; top with 1 Tbsp. salsa and a slice of cheese. Cover with other muffin half. Serve remaining salsa on the side. Yield: 6 servings.

Tangy Barbecue Sandwiches

- 3 c. chopped celery 1 c. chopped onion
- 1 c. ketchup
- 1 c. barbecue sauce
- 1 c. water
- 2 Tbsp. vinegar 2 Tbsp. Worcestershire sauce
- 2 Tbsp. brown sugar
- 1 tsp. chili powder
- 1 tsp. salt
- 1/2 tsp. pepper
- 1/2 tsp. garlic powder
- 1 boneless chuck roast (3 to 4 lb.), trimmed
- 14 to 18 hamburger buns, split

In a slow cooker, combine the first 12 ingredients; mix well. Add roast. Cover and cook on high for six to seven hours or until tender. Remove roast; cool. Shred meat and return to sauce; heat through. Use a slotted spoon to serve on buns. Yield: 14-18 servings.

Top dairy herds for April DHIA

Randv Rasmussen, supervisor of the Red Lake-Pennington DHIA, put the following herds at top 10 in the association for April.

Name Cows	% in milk	lbs. milk	test	lbs. fat	protein	lbs. protein
Northstar Dairy LLC 3X1114	93	80	3.4	2.7	3.2	2.6
NW Outreach Center	90	78	3.7	2.9	3.1	2.4
Wayra Dairy 3X271	94	77	3.4	2.6	2.9	2.2
Spring Prairie Colony 363	88	72	3.8	2.7	3.0	2.2
Walter Bros. Farm334	89	69	3.5	2.4	3.0	2.1
Beyer Bros. Farm	93	66	3.4	2.3	3.0	2.0
Robert and Terri Dahlen 54	87	66	3.1	2.0	3.0	2.0
Amundson Dairy68	84	63	3.8	2.4	3.0	1.9
CB Farms LLC 50	98	61	3.6	2.2	3.1	1.9
BLY Dairy Farm Inc	86	59	3.7	2.2	3.0	1.8

The herd averages are affected by the number of dry cows in the herd. The amount of milk or butterfat is averaged out over all the cows. This gives the farmer a record of the earning power of the herd for the month. If too many cows are included in the herd, then the average for the month may be low, even though the cow that is milking pro-

St. Hilaire parish has new summer service schedule

The St. Hilaire ELCA Parish of Calvary Lutheran Church in downtown St. Hilaire and St. Pauli Lutheran Church south of Thief River Falls are changing their summer schedule for worship services.

St. Pauli is located four miles south of Thief River Falls on Highway 59 to County Road 20 and three miles south, or just one mile north of the Hazel Elevator.

The parish for both churches will be holding one Sunday morning service at 9:30 a.m. and an informal service on Wednesday evenings at 7 p.m.

For the first half of the summer, June 6 through July 14, the Sunday morning service will be at Calvary Lutheran Church in St. Hilaire at 9:30 a.m. The Wednesday evening

service will be at St. Pauli at 7 p.m. For the second half of the sumwill switch and the Sunday morning service will be at St. Pauli at 9:30 a.m. and the Wednesday evening service will be at Calvary at 7 p.m.

The Wednesday evening services will be casual and will feature musicians from the area who will lead the congregational singing and also provide special music during the service. In most cases, there is a

We are expecting to really enjoy these Wednesday evenings, as well as our early service on Sunday

different group each week.

Pastor Terri Cuppett is the pastor for this parish and will be leading both worship services each week.

Everyone is welcome to attend any or all of these special summer church events. Come sing and worship with us!



Farmers Union Oil Company

Thief River Falls



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VOLTS AND JOLTS FEATURE OF THE MONTH

Fresh produce and more available from Cabin View Gardens

By Destiny Harmoning

Cabin View Gardens, located just outside of Thief River Falls near the airport, specializes in home-grown produce, jams, jellies and pickled products. Much of the produce is grown in a high tunnel greenhouse.

The operation is a cooperative effort between Rob and Kim Swanson of Thief River Falls, Van and Dede Swanson of Thief River Falls and Don and Carolyn Matz of Warren. The operation is located at Van and Dede's farm.

The operation became reality when the three couples, who are not related, began attending meetings about high tunnel greenhouses offered through the University of Minnesota Extension, which some of them are employed through.

Kim works at the Pennington County Extension office as an office manager and Master Gardener. Her husband Rob works at Northern Motors and has owned and operated a custom combine business for the past 26 years. They have two children: Lindsey, 25, and Dale, 22. Lindsey is married to Josh Brown and they have a son, 17 months.

Van is employed by the University of Minnesota Extension, working with the 4-H programs in Marshall and Pennington County. He also raises beef cattle and sells hamburger. His wife Dede operates a beauty shop out of their home. They have two children: Kelly, 36, and Ryan, 32. They also have four grandchildren: Olivia, 8, Hannah, 6, Alice, 3, and Drew, 3.

Carolyn is a retired teacher from Warren-Alvarado-Oslo Elementary and is currently working for the University of Minnesota Extension as a Nutrition Education Assistant.

Her husband Don works for Marshall County in the solid waste department and is the Veterans Service Officer. They have one son, Marcus, 23, who is a chemist at General Mills.

The crew came together and started Cabin View Gardens when they realized they all had an interest in gardening, canning and high tunnel opera-

"At first we said we'd never have one but then cooperatively we thought

The high tunnel greenhouse is operated just like a garden, only its inside a plastic building. The plants are grown on the ground and taken care of with an irrigation system. The high tunnel allows the produce to be kept at higher temperatures than outside the greenhouse, which allows the plants to grow more efficiently and they produce more. The high tunnel also extends the growing season by eight to ten weeks.

Cabin View Gardens began with a lot of research and time spent attending meetings. Then they purchased the building and chose the location. Van



Cabin View Gardens is run by, from left, Don and Caroline Matz, Rob and Kim Swanson and Van and Dede Swanson.

and Dede offered their farm to put the high tunnel because of its close proximity to Thief River Falls, which would benefit their customers.

The group also visited with several friends who were operating high tunnel greenhouses and acquired some much-needed advice on getting started. The people who have high tunnels are so friendly and so willing to

share; we have so many resources to go by if we have questions," said Kim. The high tunnel greenhouse was built in September. Several people were ecruited to help with the raising of the building, as it is quite an extensive

They each played an individual and cooperative role in getting the high tunnel operation started. Kim grew the plants from seed and got them ready to be planted in the high tunnel. Kim and Rob did the speaker system, which plays music out at the cabin across from the high tunnel and Rob did a lot of electrical work. Don did some of the construction, including working on the trellises and irrigation system. Carolyn provided her knowledge of canning to the others. Dede and Van maintain the heat, which requires opening and closing the sides of the high tunnel frequently according to the outside temperature and the sun. They all worked together to plant the produce and share in the keeping of the plants.

'We kind of all work together so we really don't have a particular job necessarily, if something needs to be done we try to get it done," Van said of their teamwork.

Cabin View Gardens really began last summer, prior to the building of the high tunnel, when the couples began selling produce from their own gardens as well as canned goods.

They attended three different shows to get their name out and also relied on word of mouth. Crazy Days, Bountiful Harvest and Everybody's Market, all in Thief River Falls, were events they sold at.

The couples are hoping to be a part of a farmers' market being proposed by the Thief River Falls Chamber of Commerce to be held every Saturday from 9 a.m. to 1 p.m. They are also considering being open at their location on Wednesdays for consumers.

The group said they were quite successful last summer in their sales and only expect things to continue to grow as they are still in an experimental stage and it's too early to tell how successful the business will be overall.

The couples agreed that Cabin View Gardens wasn't about money, but about the enjoyment of growing the produce, working together and being able to provide home-grown goods to the public.

At Cabin View Gardens, they grow and sell cucumbers, peppers, garlic, tomatoes, lettuce, radishes, eggplant, cantaloupe, sweet potatoes, onions, brocoli and cauliflower in the high tunnel. Plus some additional varieties are supplemented through each of their gardens.

Everything sold through Cabin View Gardens is locally-grown. They either grow it in the high tunnel, in their own gardens, or they acquire it from other local growers as in the case of their berries for jams and jellies.

The consumers of home-grown products aren't the only ones taking notice in the Cabin View Gardens' high tunnel greenhouse. Several local groups and organizations have been out to tour the operation including young students, Master Gardeners, Home Makers, Garden Club, Nutritional Education Assistants and the Natural Resources Conservation Service who were interested in the operation because they were administering a grant for the start up of high tunnel greenhouses.

Anyone who is interested in viewing the operation can call Cabin View Gardens to set up an appointment.

Those who are interested in Cabin View Garden products can contact them at 218-681-8836, 218-745-5605 or 218-681-1155 or email cabinviewgardens@hotmail.com.



Inside the high tunnel greenhouse, the temperature is much warmer than outside, allowing the growing season to be extended and the plants to grow more efficiently.



Some green peppers are nearly ready to be picked at the Cabin View Gardens high tunnel greenhouse.



Trellises on the inside of the high tunnel greenhouse help keep the plants from tipping over, allowing them to produce more.

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Tie-line goes from single phase, to three phase, to two utilities

A ten-mile section of single phase line northwest of Red Lake Falls, serving electricity to 20 accounts from the Terrebonne substation, had no backfeed capability if something would have happened to the line. To overcome that shortfall, it was planned to construct one and one half mile of single phase underground tie-line to be fed off a line from the Huot substation.

After some additional study, it was decided to scale-up the underground tie-line to a three phase line and also convert one and one half mile of existing single phase overhead line to three phase. This would allow a complete three phase interconnect between the Terrebonne and Huot substations.

Having a three phase interconnect would allow for much more versatility for back feeding to supply electricity to many additional customers if the need would arise.

As construction of the project was underway, it was made known to Red Lake Electric Cooperative that Otter Tail Power Company was exploring options of re-routing their three phase line that runs from Red Lake Falls to

Continued erosion along the Red Lake River banks, north of Red Lake Falls, was cause for concern for some of Otter Tail's structures close to the river. Otter Tail decided to re-route two miles of line northwest of Red Lake Falls using overhead and underground construction.

One mile of Otter Tail's overhead line would be attached to the same structures as Red Lake Electric's line.

It took some time to get all of the pre-construction details taken care of which was cause for the project to be delayed and extended. All of the work has now been completed with both utilities having some new three phase line that should serve their electric customers for many years.



In October of 2009, Trudell Contracting of Warren plowed in 1-1/2 miles of three phase underground cable west of the Schafer farm northwest of Red Lake Falls. It is part of a three phase tie-line between the Terrebonne and Huot substations. Two crawlers were needed to pull the plow through the heavy soil.



A Red Lake Electric construction crew works to set a new pole east of the Schafer farm. The existing single phase overhead line was converted to three phase. The two lineman in the bucket trucks hold the existing wires out of the way using the jibs at the end of the booms.



Above: The existing single phase poles were re-set at an angle to allow for the new three phase structures to be set in place. This work is all part of the three phase tie-line between the Terrebonne and Huot substations.

Left: Ira Cota, Red Lake Electric lineman, installs stringing blocks over the crossarm of a three phase structure. When the new wires are strung, they are able to roll over the crossarm in the stringing blocks.

Additional pictures appear on page 6.



Red Lake Electric employees Troy Schmitz, left, and Dick Gervais work to convert a single phase pole to a three phase structure east of the Halvorson farm northwest of Red Lake Falls. The west end of the three phase tie-line was connected to the three phase overhead line from the Huot substation which is just east of the Halvorson farm. Note the rubber hoses and rubber blanket that protect the linemen from the existing phase wire which remains energized while they work.





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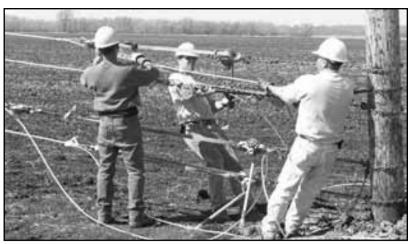
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Following the stringing of the wires, the wires need to be pulled to the proper tension. This is accomplished using web hoists and dynometers. The dynometers record the tension on each wire. Red Lake Electric employees pulling the wires are, from left, Ira Cota, Aaron Derosier and Dick Gervais.



Above: Trudell Contracting uses a boring machine to bore under Red Lake County Highway 19. A hole was bored into the pit on the other side of the roadway. The underground cable was hooked to the bore pipe and pulled under the highway, causing no disruption to the asphalt-covered road.

Right: An Otter Tail Power construction crew does work on a three phase corner pole east of the Aakhus residence north of Red Lake Falls. This pole is on the northeast end of Otter Tail's two-mile re-route for their line going from Red Lake Falls to St. Hilaire.



Trudell Contracting plowed in three phase underground cable on the Walker farm north of Red Lake Falls. Approximately 1/2 mile of underground was part of Otter Tail Power's two-mile re-route of line.





This is the completed double circuit line north of Red Lake Falls. Otter Tail Power's three phase feeder line for St. Hilaire is on the top of the structures. Red Lake Electric's three phase tie-line is on the lower crossarms. This new line will provide many years of service for both Otter Tail Power and Red Lake Electric customers.

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The following people have capital credit refunds due them. Checks mailed to their last-known address have been returned by the Postal Service. If you can provide a current address for someone who is listed or the name and address of an heir if they are deceased, call or write Red Lake Electric Cooperative, PO Box 430, Red Lake Falls, MN 56750; 218-253-2168 or 800-245-6068.

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Agassiz National Wildlife Refuge office open Sunday afternoons in June

Sunday drive? Come out to Agassiz National Wildlife Refuge located 23 miles northeast of Thief River Falls. During the month of June, the refuge office will be open and staffed on Sundays from 1 to 5

Stop at the office and check out a key to climb the 100-foot fire/wildlife observation tower or to explore the "back roads" of the refuge (weather permitting). If you plan on travel-

ing the back roads, please try to arrive at 1 p.m. so that you have the entire four hours to be on the interior gravel roads of the refuge as you and key need to back to the office by 5 p.m.

During regular weekly office hours, a key can also be checked out to travel the refuge back roads. To best view and hear wildlife, make sure you shut off your vehicle engine at different stops for several minutes as wildlife will put on a show for you.

Three short hiking trails (two are accessible by all people) are also open during daylight hours to get close-up views of wildlife. Wildlife observation/photography blinds are along the Headquarters Hiking Trail and at the east end of the Rodahl Hiking Trail overlooking Farmes Pool. Your visit will provide you a time of peace with nature.

It's a great time to visit. Birds are singing and displaying, frogs and toads are sounding their calls and Canada goose goslings have hatched and can be seen from nearly every roadway. White-tailed deer fawns are being born, ducklings are hatching, moose, bears and many other wildlife species are moving around on the refuge.

Plants, making up part of the habitat required by these living organisms, are showing off their prettiest part, their flowers. Some flowers produce quiet a fragrance for humans to enjoy.

Bring binoculars, spotting scopes and cameras to get close views of wildlife and pictures to



remember them. Bring a little insect spray as mosquitoes can sometimes be pesky. As always we want to hear reports of wildlife and plants that you have seen or heard.

To get from Thief River Falls to the Agassiz National Wildlife Refuge headquarters, travel 12 miles north on Minnesota Highway 32 to just north of Holt then go east 11 miles on Marshall County Road 7 (290th Street Northeast). Please drive safely and watch out for wildlife as you travel through the

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System which encompasses 548 national wildlife refuges, 3,000 Waterfowl Production Areas and other special management areas. It also operates 69 national fish hatcheries, 64 fishery resource offices and 81 ecological services field stations.

The agency enforces Federal wildlife laws, administers the Endangered Species Act, manages migratory bird populations, restores nationally significant

fisheries, conserves and restores wildlife habitat such as wetlands, and helps foreign governments with their conservation efforts. It also oversees the Federal Aid program that distributes hundreds of millions of dollars in excise taxes on fishing and hunting equipment to state fish and wildlife agencies.

For further information on the U.S. Fish and Wildlife Service National Wildlife Refuge System in the Great Lakes-Big Rivers Region, visit http://fws.gov/midwest or for the National Wildlife Refuge System main internet site visit http://www.fws.govlrefuges/.

To find out information on special scheduled refuge event celebrations across the country go to the refuge web page and click on spe-

Scaffold, Dollies

Gas tanks

2-table saws

Fein Magnet press drill

Floor jacks, Hyd. jacks

Many air hose & reels

Tool carts & shop dollies

Dell printer/scanner/tax

8 office chairs

Wood cabinet

Microwave

3-4 drawer filing cabinets

Air grease guns

Cutting torches

Bench grinder

Chop saws

Used 320/90R42 tires on rims Used 320/90R46 tires

SHOP TOOLS & EQUIPMENT

AaLadin cleaning system high pressure washer, 220 volt

Scotchman 3 hp 230 volt 3 phase metal shear & bender

Commercial 220 volt drill press w/vise & slide table

Many sockets, box end, crescent & pipe wrenches

Hyd. hose end fitter/crimper Safety stands

Good supply of hyd. ends & connectors

Used 320/85R38 tires on rims 8 hole rims

Land scaping edging

Flotation tires on rims



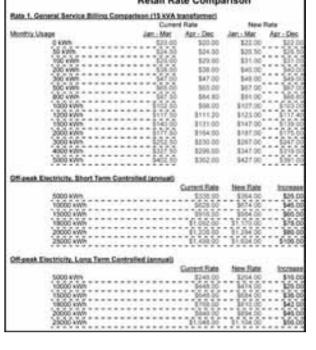
Red Lake Electric Cooperative's board of directors recently approved a retail rate increase which will, on average, increase the cost to members an average of 6 percent beginning with the monthly billing in August of 2010. The increase in rates is needed to offset a rate increase from Minnkota Power Cooperative that occurred in March of this year.

For on-peak usage, the rate increase will amount to \$6.80 per month for an average monthly usage of 1,300 kWhs. For off-peak usage, the increase will amount to \$46 per heating season for those using 20,000 kWhs, the annual average energy used by residential cus-

rates that were first implemented with the Cooperative's retail rate increase in July of 2007. Seasonal rates, for most, will be (4934002.04 Burrack Farms) higher in the winter months or billing periods of January, February and March, and lower rates the remaining nine months of the year.

Higher retail rates in the winter are the result of the higher wholesale cost of electricity for those months, as well as increased distribution system costs associated with rising winter peak demands for energy.

Even with energy conservation measures encouraged by the Cooperative's rebate program and the response by customers who have used these rebates to upgrade to more energy efficient heating systems and appliances, the demand for energy, especially over peak periods, continues to increase.



This system peak, which occurs in winter, is determined when all off-peak loads have been shed and only on-peak loads are placing demand on the system. The cost to meet these peak demand loads need to be reflected in the cost of providing that energy to customers.

It is hoped the higher retail winter rates will encourage members to be more (6920001.02 Maurice P. Cote) energy conservation minded during the time of year it

The following is a summary comparing Red Lake Electric's present rates to the new rates that customers will pay effective with the August 2010 billing.

Retail Rate Change Effective	August, 2010 B	illing
Rate 1, General Service	Company Company	to the
Monthly Facilities Charge 1.5 - 90 kVA Transformer 11 - 25 kVA Transformer 25 - 75 kVA Transformer 26 - 75 kVA Transformer First 500 kWh Över 500 kWh (Jan - Mar) Över 500 kWh (Apr - Dec) Muti-phase Surcharge	Surrent Rate \$77.00 \$20.00 \$23.00 \$6.000 \$6.075 \$6.006 \$17.00	\$19.00 \$22.00 \$25.00 \$35.00 \$0.000 \$0.000 \$0.072 \$18.00
Rate 2, On Peak Service, over 75 kVA Trans		
Monthly Facilities Charge First 35,000 kWh (Jan - Mar) First 35,000 kWh (Apr - Dec) Över 35,000 kWh (Jan - Mar) Över 35,000 kWh (Apr - Dec) Demand Chg per kW (Jan - Mar) Demand Chg per kW (Apr - Dec)	Gument Rate 541.00 30.060 30.047 30.047 30.045 59.00 \$8.00	New Rate 844 (00 \$0.003 \$0.001 \$0.001 \$0.049 \$10.00 \$6.00
Rate 3, Seasonal Service over 75 kVA Trans	former Current Rate	New Rate
Monthly Facilities Charge per kVA All kWh Charge (Jan - Mar) All kWh Charge (Apr - Dec) Multi-phase Surcharge	\$0.46 \$0.075 \$0.066 \$17.00	\$0.49 \$0.080 80.072 \$18.00
Rate 4. Internuptible Service over 25 kVA Tr	Ansformer Current Rate	New Rate
Monthly Facilities Charge First 35,000 kWh (Jan - Mar) First 35,000 kWh (Apr - Dec) Over 35,000 kWh (Jan - Mar) Over 35,000 kWh (Jan - Dec)	\$41.00 \$6.050 \$6.048 \$6.047 \$6.045	\$44.00 30.053 30.051 80.051 30.049
Off-peak Heating Rates	Current Rate	New Rate
Monthly Off-peak Equipment Chg Short-term Control per kWh Long-term Control per kWh	\$4.00 \$0.058 \$0.040	\$4.50 \$5.562 \$0.042
Security Lighting Service	Current Rate	New Rate
100 watt HPS Light Lease 175 watt MV Light Lease	\$7.00	\$7,00 \$8,00
Standby Service (retain de-energized service	e only) Current Rate	New Rate
Monthly Charge	19.00	\$10.00

AUTO PAY OFFERED BY RLEC

Red Lake Electric Cooperative is pleased to offer you Auto Pay. Now you can have your monthly energy bill paid automatically from your checking or savings account. You can receive the Auto Pay service by completing the Auto Pay sign-up sheet and returning it to Red Lake Electric Cooperative.

The Auto Pay service is free of charge. Not only is this service free, you will eliminate the expense of writing a check, postage to mail your payment and no more late payment penalties because your bill will be paid on time, every month, for you.

Your payment will be automatically made for you on the 5th of each month. If the 5th falls on a week-

end or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's ener-

Continue to pay your monthly bill until you are notified on your bill that the Auto Pay has been set up for you.

If you have any questions about the Auto Pay please call RLEC at 800-245-6068 or 218-253-

413 Main Street, Brooks, MN Tuesday, June 22, 2010 ~ 10 am

MARFLEX MANUFACTURING INC.

View more pictures online at mcmullensales.com

Foam markers

Wood bleachers

New 320/90R50 tires on rims

Used 265/75R22.5 tires on rims

Miller CP-250 TS wire welder, 3 phase

Thermal Dynamics Cutmaster 100, 220 volt

Used 11R22.5 tires on rims

2-large air compressors

Many roller stands

110 volt drill press

Hyd. pipe benders

Bolt cutter

Many drill bits

Plus more misc.

2 computers & monitors

Printer & fax machines

2 drawer file cabinet

Bookshelves

Drill & side grinders

Ellis metal band saw w/table

Ellis 110 volt drill press w/vise

DieHard 275 amp chargers

Many C clamps & vise clamps

Air impact wrenches, 1 in. on down

Steel work benches & rails

Welding tables & vises



FORKLIFTS & VEHICLES Yale model #GLP100MGNGBE093, LP type, 3 stage forklift. w/slide shift, 7.50 x 15/ PNEU duals driver, 7.00 x 22/PNEU steers, 9000 lb. lift, ser. #B813D03941V

Yale model #GLP080LGNGBE088, LP type, 3 stage forklift, 7.00 x 15 driver & duals, 7.00 x 12 steers, ser. #8813001849T

Yale truck model GLP050R5, LP type, 3 stage forklift, 7 x 12 drivers/PNEU, 4500 lb. lift, w/tank, ser. #A875B08368X 1996 IH C-4700 truck, 6 cyl. auto., diesel, no steering sector & transmission issue

1995 Ford service van, V8 auto.

OTHER EQUIPMENT

5-4 wheel running gears w/floatation tires 3 pt. Marflex tank & partial spray unit 2000 model? Marflex sprayer, 80 ft. booms, incomplete Gooseneck trailer nose

26 ft. van body w/roll up door & slide door

24 ft. van body w/roll up door 20 ft. van body w/shelving & roll up door

PARTS

STORAGE UNITS

Partial Marflex booms for sprayers Large racks of bolts & nuts Sorter racks full of misc. Many pipe fittings Drawers filled w/electric & air fittings Many ball valves & clamps Used truck transmission Spools of low & high amp wire Many sprayer tip connectors Many tank connectors & elbows Large assortment of springs

Used truck parts, drive shafts, air brakes, accessories Rear differential & air brakes w/12 hole rims

MISCELLANEOUS

New angle iron & various sizes of tubing Many chains, come alongs & chain binders Spools of cable in assorted sizes Step ladders 5th wheel plates Forklift containers

Plastic pipe

Refrigerator Owner manuals Marflex sweatshirts, vests, t-shirts, caps









View additional photos at www.mcmullensales.com · email:mcmullensales@mncable.net



This Auction Conducted, Managed & Clerked By

OFFICE EQUIP. & CLOTHING

impacts our cost of providing that service the most. Members will also see a continuation of seasonal



AUTO PAY

SIGN-UP SHEET

Lauthorize Red Lake Electric Cooperative (RLEC) and the bank listed below to initiate variable entries

	it. This authorization remains in effect until I notify RLEC in writing to RLEC to act on it.
1	
RLEC ELECTRIC ACCOUNT # -	
NAME (PRINT) —	
ADDRESS	
TELEPHONE #	
NAME OF FINANCIAL INSTITUT	ION
CHECKING ACCOUNT #	
SAVINGS ACCOUNT #	
SIGN HERE TO AUTHORIZE —	
	authorization form with a blank, voided check to: operative, P.O. Box 430, Red Lake Falls, MN 56750



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Phone 218-253-2168 Toll-free 1-800-245-6068 Fax 218-253-2630 After-hour outage 218-253-2200 Office hours Monday-Friday, 8:00-4:30 E-mail: redlake@minnkota.com Web site www.redlakeelectric.com

P. O. Box 430 • 412 International Drive SW • Red Lake Falls, MN 56750-0430