



Volts and Jolts

Published monthly for the members of
RED LAKE ELECTRIC COOPERATIVE, Inc.

One of the Minnkota Power Systems

SERVING THE FOUR-COUNTY AREA OF MARSHALL, PENNINGTON, RED LAKE AND POLK

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RED LAKE FALLS (RED LAKE COUNTY), MINNESOTA 56750

JULY 2009

4-Hers receive awards

Each year Red Lake Electric Cooperative sponsors awards for 4-H livestock exhibitors at area (5016004.01 Muriel Mandt) county fairs. This includes the counties of Red Lake, Pennington and Marshall.

This issue of *Volts and Jolts* includes pictures of award recipients from the Red Lake and Pennington County fairs. Additional pictures appear on page 5.



Lisa Bergeson, Trail, was awarded a cash prize at the Red Lake County Fair on behalf of Red Lake Electric Cooperative. She was the senior beef showman at the fair. The fair was held June 25 through 27 in Oklee. Lisa is the daughter of Rich and Linda Bergeson and a member of the Garnes Go Getters 4-H club.

Gazette Photo



Seth Rupprecht, Thief River Falls, won the dairy top production award at the Pennington County Fair with his Jersey cow. Red Lake Electric Cooperative sponsors this award annually. The fair was held July 16 through 19 in Thief River Falls. Seth is the son of Dale and Sherri Rupprecht and a member of the Silverton 4-H club.

TRF Times Photo

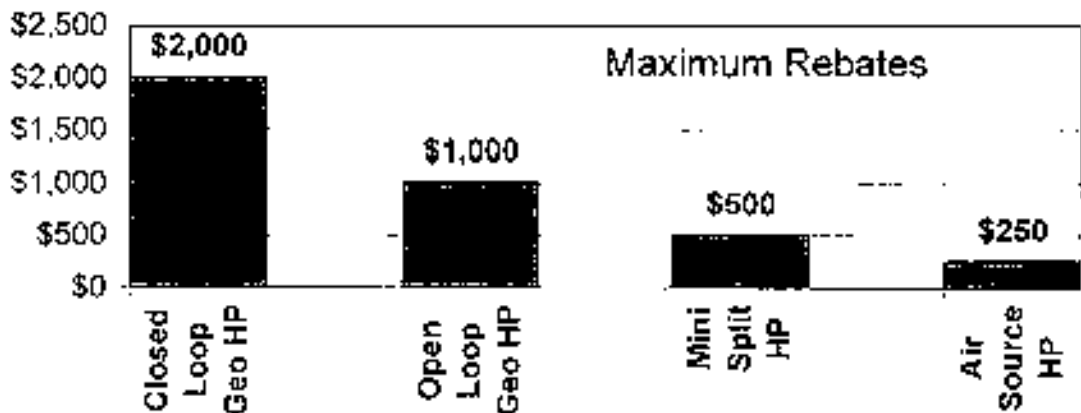
QUICK TAKES

A look at some statistics from your Red Lake Electric Cooperative

Red Lake Electric Cooperative promotes energy conservation by offering rebates to customers who purchase any of the following new equipment that are Energy Star® rated products. Products that meet or exceed energy efficiency guidelines set by the U.S. Department of Energy and the U.S. Environmental protection agency are easily identified by the Energy Star® logo. Call us today at 1-800-245-6068 or 218-253-2168 if you have any questions on how to qualify for your Energy Star® rebate from Red Lake Electric Cooperative.



Red Lake Electric Cooperative Heat Pump(HP) Rebates!



Energy 101: Basic Terms

Understanding some basic terms regarding electricity can help you make wiser energy use decisions at home. We'll start with what electricity actually is and go from there.

Electricity is nothing more than an organized flow of electrons. Everything in the universe is made up of atoms. Atoms consist of nuclei (center) with protons and neutrons inside. Electrons orbit around the nucleus of an atom at a distance. Protons have a positive charge and electrons have a negative charge. Applying a magnetic field to the electrons can push them from their orbit and make them move from atom to atom, which are found everywhere, in air, water, wires or wherever. This is the basis of electricity and how it can be moved great distances.

Electricity can be created by many conversion processes on a large scale with sources like coal, wind, water or the sun.

One common scenario uses affordable coal. Coal is burned to create super-hot temperatures that are then used to boil water. The steam created from the water flows through a turbine, causing its blades to turn. The blades spin a large magnet in the generator. The magnets are arranged so their magnetic fields can pull and push electrons.

As the magnet passes near stationary wire coils in the generator, an (3627001.08 Michael D. Hruby) electric current is produced and electrons flow through the wire. This power is sent throughout the system over transmission lines, to substations, through distribution lines and eventually to your outlet.

Wind turbines work the same way only the force of wind acts as the prime mover, causing its blades to turn and spin the generator.

In a sense, the electricity created from different sources is waiting right inside your outlet to do work for you once your appliance is plugged in to complete the circuit.

Now that we know how electricity is produced, we can discuss how to measure some basic properties and how they factor into your monthly electric statement.

- Watt: a measure of power; the rate energy is used or produced. For example, the amount of electricity used to run a particular appliance.
- Kilowatt (kW): 1,000 watts.
- Kilowatt-hour (kWh): a measure of energy working over a period of one hour. This is how utilities measure energy usage.
- Amperes: Used to measure electron flow (current), quite often directly related to the power consumed by a device.
- Voltage: A unit of electric force that measures the "pressure" of electricity. The two standard residential voltages are 120 and 240 volts.

Think of it this way, voltage is the pressure of water in the pipe. Amps are the water flowing through (0221033.03 Dale Hanson) the faucet. Watts are the speed at which the water flows through the faucet. Kilowatt-hours measure the amount of water used over a period of time.

Take a look at the far right to see how these terms can help you estimate your energy usage and cost.

How to estimate energy usage and cost

The wattage of appliances and equipment as well as the amount of operating time can vary greatly. The following information will show you how to determine where the energy dollars are going in your home.

1 STEP Since the main cost of electricity is determined by the number of kilowatt-hours (kWh) used during a billing period, the first step is to know how much you pay for electricity.

2 STEP Since the wattage of an appliance or electrical equipment determines the electrical usage per hour, the second step is to determine the wattage.

The wattage of an appliance is found on the serial plate. It is possible that electrical equipment will be expressed in volts and amperes rather than watts. If so, multiply volts times amperes to determine the wattage.

MICROWAVE OVEN			
AMPS	12.1	VOLTS	120
HERTZ	60	WATTS	1,452
FORM NO.	00000	MODEL NO.	0000
CODE	0	SERIAL NO.	000000

EXAMPLE:
120 volts x 12.1 amps = 1,452 watts

3 STEP Use the formula shown in the following example to estimate usage and cost for a particular appliance.

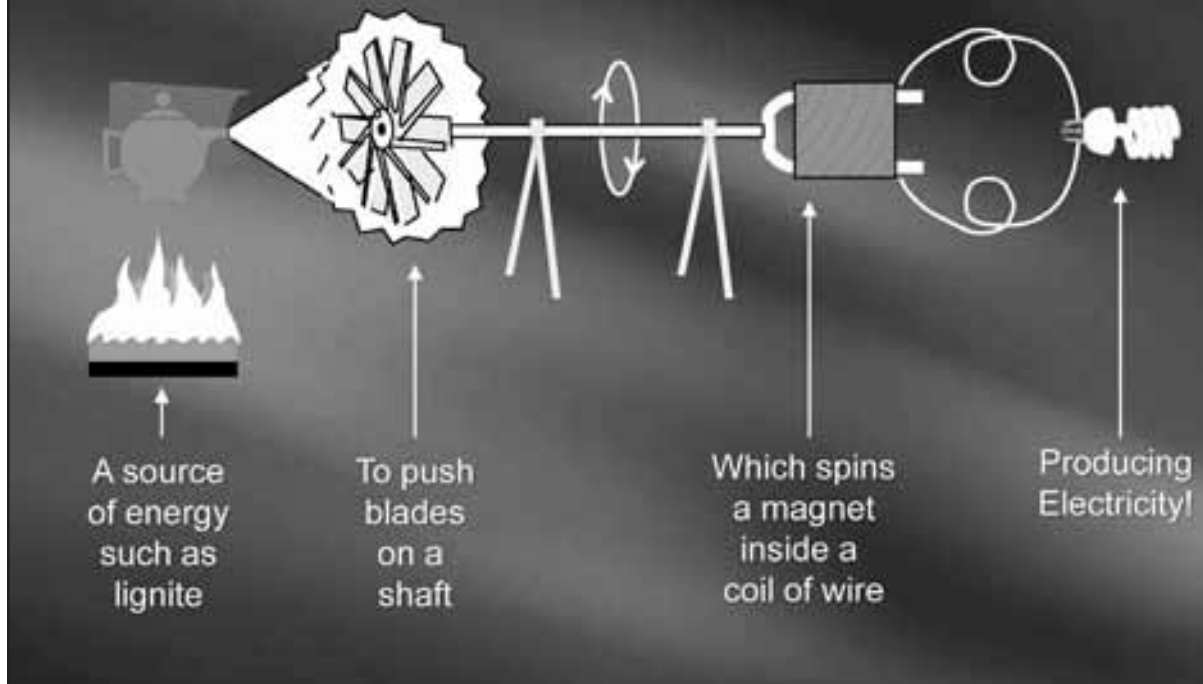
EXAMPLE:
A light uses 100 watts and is left on 15 hours. How many kWh are used and what does it cost you?

$$\text{kWh use} = \frac{100 \text{ watts} \times 15 \text{ hrs.}}{1,000 \text{ watts}} = 1.5 \text{ kWh}$$

Your cost = 1.5 kWh x \$.066* = \$.10

*Red Lake Electric Cooperative's general service rate is 9 cents per kWh for the first 500 kWh and 6.6 cents per kWh for usage over 500 for the months of April through December.

Basics of How Electricity is Made



Creating electricity is as simple as moving a magnet past a wire. However, the actual production process to meet your needs is much more complex.



Manager's Comments

by Roger Johanneck



New conversation incentives

You may wonder sometimes what us folks in the electric business are thinking. Our advertising and newsletter send out messages to encourage you to use electricity one time and the next you are being asked to conserve. Maybe it didn't happen quite that quickly, but you get the point. What do we really want our customers to do?

Since the early days of the Red Lake Electric Cooperative, we have advocated some form of marketing plan to encourage the usage of our product or shape the usage patterns of our customers for the benefit of all of us.

Some of you may recall in our Cooperative's early years the orange camper-type trailer that was used throughout our service area to hold cooking with electricity demonstrations.

Before RLEC was formed, folks throughout our future service area were either using wood or propane to cook meals, heat water and stay warm. Rural folks didn't have any experience or much exposure with using electricity to do these chores at home, so the hands on demonstrations given in our camper-trailer made sense.

It also made financial sense back then to encourage our customers to use more electricity because the more energy we sold, the more kWh's we had to spread the fixed costs of providing service to our

customers.

In addition to the touring kitchen demonstrations, there were other forms of creative marketing to encourage folks to make the switch to electricity. An example of that creativity was shared by a former employee of RLEC who laid claim to one of the Cooperative's original marketing ads: "Let's pass gas". I didn't ask him to elaborate but I assumed this battle cry referred to the Coop's mission, or his, of eventually having more of our customers using electricity than propane for their energy needs.

In the early 1980s when the Coyote power plant came online, RLEC and the other Cooperatives in the Minnkota Power systems began marketing off-peak heating in (7127006.04 Allen V. Trudeau) earnest to make use of the new capacity provided by Coyote. The practice of heating homes and businesses with electricity generated from home-grown coal as opposed to imported oil was an added incentive for our customers who experienced the Arab oil embargos of the late 60s and early 70s.

As we fast forward to today's marketing climate for electric energy, we see an increased demand for electricity and a need for new capacity to meet those needs; the rising cost of building new generating plants, the increasing financial burden of environmental restric-

tions placed on new and existing generation facilities; an increase in Federal and State government regulations and anticipated climate change legislation as the main forces shaping the way electric utilities market their product today. All this points to encouraging customers to use energy as efficiently as possible.

To help accomplish that end, since 1992, Minnesota's Conservation Improvement Program (CIP) has required that Minnesota electric utilities spend 1.5 percent of their annual revenue on energy savings programs. The bulk of that mandate was fulfilled by RLEC's rebate program that paid you for upgrading your older, less efficient appliances, cooling and heating systems to ones that were Energy Star rated, the label given to today's more energy efficient products.

In 2007, the Minnesota legislature passed the "Next Generation Energy Act" which made a number of changes to the CIP requirements. Since that was enacted, we have been sharing information about the new CIP program and what it will mean for you and your Cooperative.

For your Cooperative, it will require that we spend more money on conservation programs, about three to four times what we had been spending annually, to encourage our customers to use energy more efficiently. Those that support this increase in conservation spending reason that it is less expensive to pay for efficiency incentives than it is to pay for new generation.

For you, the CIP program doesn't require that you do anything. However, it was put in place to encourage and help all of us make the switch to more efficient use of our energy. I encourage you to take advantage of these incentives if your heating, cooling or lighting systems are in need of replacement or are just not up to today's efficiency standards.

There is a lengthy list of rebates and incentives for both our commercial and residential customers so we plan to print that ongoing for your reference in future issues of the *Volts and Jolts*, as we have again this month. Rebate forms are available on our Web site and at the office. Call us if we can help in any way with your evaluation of any of the CIP incentives.

Surge protection: everyone's concern

Computers and other electronic equipment found in nearly every home and business are quite susceptible to sags and surges in voltage and current. They may show up as minor voltage spikes, short power interruptions or current distortions that are difficult to find, even if you know where to look. Dealing with power quality concerns requires an understanding of surge protection equipment and a plan to protect sensitive electronic devices.

Lightning strikes to homes or nearby locations is one primary cause of damage to delicate equipment. Other causes like voltage spikes and multiple grounding paths can also create problems. Even minor surges can create a malfunction which requires the device to be reset or possibly even permanent damage.

The surge protection system outlined in this article could apply to nearly any residential or commercial setting, as well as agricultural buildings.

A properly installed transient

surge suppression system includes several levels of protection. Beginning at (6605001.01 Larry O'Neill) the site of the utility service entrance, protection is provided through each of the building's service panels, sub-panels and individual circuits that supply electricity to delicate equipment. Each level of protection is designed to remove a portion of the surge not eliminated by the preceding level.

The last level of protection is provided at the individual circuit. This is where the lowest level of harmful disturbances will be filtered out.

In practice, many buildings won't need all the levels of protection. But, providing protection only at the circuit level is not sufficient to guard against high-energy transient surges.

Should the building contain critical electronics that are affected by any change in current or voltage levels, the best bet is to provide protection at all levels.

As a minimum level of protection, experts recommend the fol-

lowing components be included in any surge protection system:

- Lightning arrestor on main service pole, which is provided and installed by Red Lake Electric.
- Adequate grounding for service entrance and main service pole.
- Surge arrestor (category A or B) for the building service panel.
- Secondary arrestor (category A) for the individual circuit to which the electronic controls are attached.

To learn more, contact Red Lake Electric Cooperative or a local electrician.

Remember, no amount of surge protection will guarantee absolute reliability. But by understanding the causes of power quality problems and the components needed in a well-designed protection system, you will be able to avoid costly losses in equipment and income.

Source: Rural Electricity Resource Council, formerly National Food and Energy Council, Wilmington, Ohio.

From the Mail Bag

Dear RLEC:

Thank you for sponsoring the dairy projects at the Red Lake County Fair. It was greatly appreciated. Thanks again.

Natalie Beyer
Red Lake Falls

Dear RLEC:

I would like to thank you for awarding me the Red Lake Electric Cooperative Scholarship. It will be used as I attend the University of Minnesota, Duluth this fall. Thanks again.

Shelby Weiss
Red Lake Falls

Dear RLEC:

Thank you so much for the scholarship! I really appreciate it. It will come in handy at the University of Minnesota, Crookston next year. Once again, thank you!

Sincerely,
Katrina Peterson
Thief River Falls

Dear RLEC:

Thank you for your generous \$600 Red Lake Electric Cooperative scholarship. I was very excited and appreciative to hear that I was selected for this scholarship. Next year, I plan to put your money to good use by attending the Universi-

ty of North Dakota. I'm going to major in Pre-med. Thank you again for awarding me this scholarship. You have lightened my financial debt and for that I thank you. You have helped me greatly so I may receive a better education. In the future I plan on paying your generosity forward. Thanks again.

Sincerely,
Keaton Joppur
Thief River Falls

Dear RLEC:

We would like to thank Red Lake Electric Cooperative, Inc. for supporting the students of Northland Community and Technical College by donating \$2,000 to the Northland Community and Technical College Foundation. We are very grateful and look forward to awarding this contribution, in the forms of scholarships, to students attending our Aviation Campus during Spring semester 2010!

Thank you for making a commitment to support our area students through your continued financial gifts. These gifts enable our area students to pursue their educational goals and ensure that Northland Community and Technical College continues to provide an exceptional educational experience. Your donations fund scholarships

that truly make a difference in the lives of our students!

Again, we thank Red Lake Electric Cooperative for your continued generosity and support.

Sincerely,
Michelle Benitt
Director of Annual Giving and
Alumni Relations for
Northland College Foundation
Thief River Falls

Tip of the hard hat

Thank you to David DeLong for pulling out a stuck line truck.

Thank you to the following members for their hospitality: Donna Horachek and Jarvis Torgenson.



Current Energy Star household appliance rebates will be discontinued

For over five years, Red Lake Electric Cooperative (RLEC) has been offering rebates on various Energy Star household appliances. Due to changes to the Minnesota Conservation Improvement Program, the rebates will end July 31, 2009.

The appliances that rebates will be discontinued on include: all air conditioners, dishwashers, refriger-



ators, freezers and dehumidifiers.

Currently there is a \$100 rebate for an Energy Star clothes washer. This will be reduced to \$50 after July 31.

In order to receive a rebate on an Energy Star appliance purchased before July 31, the application must be submitted to RLEC by August 14, 2009.

Mission Statement

It is the mission of Red Lake Electric Cooperative to enhance the quality of life for people of our service area by consistently providing quality electric service and other valued services while holding our employees, our community and our environment in high regard.



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

After-Hours
Outage Phone
218-253-2200

WE PROUDLY PRESENT TO YOU

The Red Lake Electric Cooperative Customer Service Guarantee



It's short and simple! Red Lake Electric Cooperative employees will meet or exceed your expectations of friendly, courteous service and will meet any commitments they make to you. If your expectations of the service provided by our employees is not met, please contact me at the Red Lake Electric Cooperative office, 253-2168. You will receive \$5.00 for your inconvenience and our promise to serve you better in the future. Our employees' commitment to quality customer service makes this guarantee possible.



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

ROGER JOHANNECK
General Manager

RED LAKE ELECTRIC COOPERATIVE, Inc.

VOLTS & JOLTS

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NOTICE

Hidden within the text of the articles on pages 1, 2, 3 and the back page of this issue of the Volts & Jolts are the names and account numbers of five RLEC members. They will appear within the articles in parenthesis as such (99-99-99-999-99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your electric bill.



Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Things you should know about your electric service

BILLINGS AND COLLECTION

You will receive your energy bill on or near the 20th of each month.

Payment of your monthly energy bill is due on the 20th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour drive-up drop box located next to the RLEC office, by Auto Pay, or by mail. Payment must be in the office, drop box, Auto Pay, or in the mail, as evidenced by the postmark, by the 5th day of the following month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills, the minimum late payment charge will be \$1.00.

If your payment is not received by the 15th of the month, a final notice of disconnection statement will be included on your following bill. The final notice statement will notify you when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service, a \$50 collection fee will be charged to your account, even if you pay the collector.

To have a disconnected service reconnected, all amounts owing, a \$50 reconnection fee, and a security deposit must be paid. If the service must be reconnected after normal working hours, a \$100 reconnection fee must be paid.

BAD CHECKS

A \$15 charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped.

OUTAGES

In case your electricity goes out, please do the following:

1. Check your fuses or breakers at the yard pole or meter pedestal.
2. Call your neighbor to see if they are out of electricity also.
3. Call the RLEC office (218-253-2168 or 1-800-245-6068) during working hours or 218-253-2200 after hours. We will accept collect calls for outages only.

METER TESTS

RLEC has a schedule in place to have its meters periodically tested for accuracy. Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to you.

STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not reporting a stopped meter.

METER READINGS

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, there is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office.

GENERAL SERVICE RATES

Facilities charge variable \$17 to \$23 month
First 500 KWH90¢ Kwh
Over 500 KWH (April-Dec.)66¢ Kwh
Over 500 KWH (Jan.-Mar.)75¢ Kwh
Multiphase users add \$17/month cost of service charge.

Standby, \$9/month (meter disconnected but the power line retained; standby is not available on services larger than 15 KVA transformer capacity).

Security light, \$7/month, high pressure sodium, \$8/month, mercury vapor; water heater flat credit, \$5/month (on January-April billing); off-peak equipment charge, \$4/month per heat meter; off-peak electric heat rate, 4.0¢/kWh long-term control, 5.8¢/kWh short-term control.

Recipe corner

Scrum-Delicious Burgers

1-1/2 lbs. ground beef
3 tbsp. finely chopped onion
1/2 tsp. garlic salt
1/2 tsp. pepper
1 c. (4 oz.) shredded cheddar cheese
1/3 c. canned sliced mushrooms
6 bacon strips, cooked and crumbled
1/4 c. mayonnaise
6 hamburger buns, split
Lettuce leaves, optional
Tomato slices, optional

In a medium bowl, combine beef, onion, garlic salt and pepper; mix well. Shape into six patties, 3/4 inch thick. In a small bowl, combine cheese, mushrooms, bacon and mayonnaise; refrigerate. Grill burgers until done, turning once. During the last three minutes, spoon 1/4 c. of cheese mixture onto each burger. Serve on buns with lettuce and tomato if desired. Yield: 6 servings.

Raspberry Buttermilk Muffins

2 c. all-purpose flour
1/2 c. sugar
2 tsp. baking powder
1 tsp. salt
6 tbsp. butter or margarine
1 egg, lightly beaten
1 c. buttermilk
1 c. fresh or frozen raspberries*

In a bowl, combine flour, sugar, baking powder and salt. Cut in butter until mixture resembles coarse crumbs. Add egg and buttermilk; mix just until dry ingredients are moistened. Fold in berries. Fill greased or paper-lined muffin cups two-thirds full. Bake at 400 degrees for 25 minutes or until browned. Yield: 12 to 15 muffins.

*Editor's Note: Frozen berries may be used if thawed and well drained.

Raspberry Royal Pie

Crust:
1-1/4 c. all-purpose flour
1/2 c. pecans, finely chopped
1/2 c. butter or margarine, softened
1/4 c. confectioners' sugar
1/2 tsp. vanilla extract
1/8 tsp. salt
Filling:
2 pkg. (10 oz. each) frozen raspberries, thawed
1/3 c. sugar
1/4 c. cornstarch
1/3 c. water
Whipped cream
In a mixing bowl, beat all of the crust ingredients until well mixed. Refrigerate for 30 minutes. Pat into an ungreased 9-inch pie pan. Bake at 400 degrees for 10 to 12 minutes or until golden brown. Cool. Drain the raspberries, reserving the syrup; set aside. Combine the sugar and cornstarch in a saucepan; add water and raspberry syrup. Simmer until thick, stirring constantly. Remove from the heat and fold in berries. Pour into crust. Chill for two hours or until firm. Garnish with whipped cream. Yield: 6 to 8 servings.

Raspberry Baked Apples

1/2 c. sugar
1 tbsp. quick-cooking tapioca
1/3 c. water
3 c. fresh raspberries
6 medium tart apples, quartered
Cream
In a bowl, combine sugar and tapioca. Stir in water and berries. Cut a length-wise strip of peel from the center of each apple quarter; discard peel and stir apples into raspberry mixture. Pour into a greased shallow 3-qt. baking dish. Cover and baked at 350 degrees for one hour or until apples are tender, spooning sauce over apples every 15 minutes. Serve warm with cream. Yield: 8 to 10 servings.

Marinated Flank Steak

1 beef flank steak (about 2 lbs.)
3 tbsp. ketchup
1 tbsp. vegetable oil
1 tbsp. chopped onion
1 tsp. brown sugar
1 tsp. Worcestershire sauce
1 garlic clove, minced
1/8 tsp. pepper
Place flank steak in an 11-inch by 7-inch by 2-inch glass dish. Combine remaining ingredients; pour over meat. Cover and refrigerate for at least four hours. Remove meat, discarding marinade. Grill until meat reaches desired doneness, about four minutes per side for medium-well. Slice into thin strips across the grain to serve. Yield: 8 servings.
Diabetic Exchanges: One serving equals three lean meat; also, 172 calories, 115 mg. sodium, 43 mg. cholesterol, 2 gm. carbohydrate, 23 gm. protein, 7 gm. fat.

Barbecued Trout

6 pan-dressed trout
2/3 c. soy sauce
1/2 c. ketchup
2 tbsp. lemon juice
2 tbsp. vegetable oil
1 tsp. crushed dried rosemary
Lemon wedges, optional
Place trout in a single layer in a plastic bag or glass baking dish. Combine the soy sauce, ketchup, lemon juice, oil and rosemary; pour into bag or dish. Cover (or close bag) and let stand for one hour, turning once. Remove fish, reserving marinade. Place fish in a single layer in a well-greased hinged wire grill basket. Grill, covered, over medium heat for 8 to 10 minutes or until fish is browned on the bottom. Turn and baste with marinade; grill 5 to 7 minutes longer or until fish flakes easily with fork. Serve with lemon if desired. Yield: 6 servings.

Tips for healthy living

By Meg Jones

Staying healthy is more important now than ever. Good health will improve your quality of life and help you remain productive. Plus, staying out of the doctor's office, and the hospital, will save you money. That's important in any economic climate.

What can you do to stay healthy? Here are a few basic tips to follow:

Watch Your Weight

Keeping your weight in a healthy range can allow you to walk, talk and even breathe more easily. And, being overweight increases your chance for developing chronic diseases, like coronary heart disease, type 2 diabetes and high blood pressure.

What can you do to achieve or maintain a healthy weight? Eat healthy, whole foods like whole grains, fruits and vegetables. Replace cookies with fresh, easy-

to-grab fruit like plums and blueberries. Avoid salty and heavily processed foods, like bagged corn chips coated with orange cheese and chocolate snack cakes.

Perhaps most importantly, make sure you don't eat too much and watch your portion sizes. New research from an international congress on obesity found that the rise in obesity in the U.S. since the 1970s was virtually all due to increased energy intake (calories). Now that's food for thought.

Get Regular Physical Activity

Exercise can help you control your weight, avoid disease and feel better.

To reap these benefits, it's important to work regular physical activity into your day to stay healthy. Haven't exercised in a while? You can start small, by parking a little further away from the grocery store or by taking the stairs

at work.

The U.S. Centers for Disease Control and Prevention recommends that you get about 30 minutes of moderate-intensity aerobic activity five days a week.

"Moderately intensive" doesn't mean you need to train for a marathon. You can meet this guideline by taking a brisk 30-minute walk five days a week. You can even break that down further by taking three 10-minute walks per day.

The organization also recommends two sessions of muscle-strengthening activities each week. To accomplish this, you can lift small weights or do tai chi or yoga.

See Your Doctor

Visit your doctor regularly to get the health screenings that are right for people your age. Your doctor can often catch something when it's at its earliest stage and still treatable.

Meg Jones, marketing communications senior advisor with the



Source: U.S. Department of Agriculture

National Rural Electric Cooperative Association, writes group health articles for Insurance and Financial Services.

Top dairy herds for June DHIA

Randy Rasmussen, supervisor of the Red Lake-Pennington DHIA, put the following herds at top 10 in the association for June.

Name		% in milk	lbs. milk	lbs. test	lbs. fat	lbs. protein	lbs. protein
Wayra Dairy 3X245	91	77	3.2	2.5	2.8	2.2
NW Research & Outreach113	87	75	3.5	2.6	3.1	2.3
Spring Prairie Colony373	90	71	3.7	2.6	2.9	2.1
Beyer Bros. Farm80	88	69	3.4	2.4	3.0	2.1
Kara-Kesh Holsteins5	80	68	3.5	2.4	3.1	2.1
Walter Bros. Farm313	88	67	3.4	2.3	2.9	1.9
Robert and Terri Dahlen54	87	63	3.4	2.1	3.0	1.9
Mark Gladen85	86	62	3.2	2.0	3.0	1.9
Amundson Dairy69	87	62	3.3	2.0	3.0	1.9
Schafer Farm73	97	61	3.7	2.3	3.1	1.9

The herd averages are affected by the number of dry cows in the herd. The amount of milk or butterfat is averaged out over all the cows. This gives the farmer a record of the earning power of the herd for the month. If too many cows are included in the herd, then the average for the month may be low, even though the cow that is milking produces a lot of milk.



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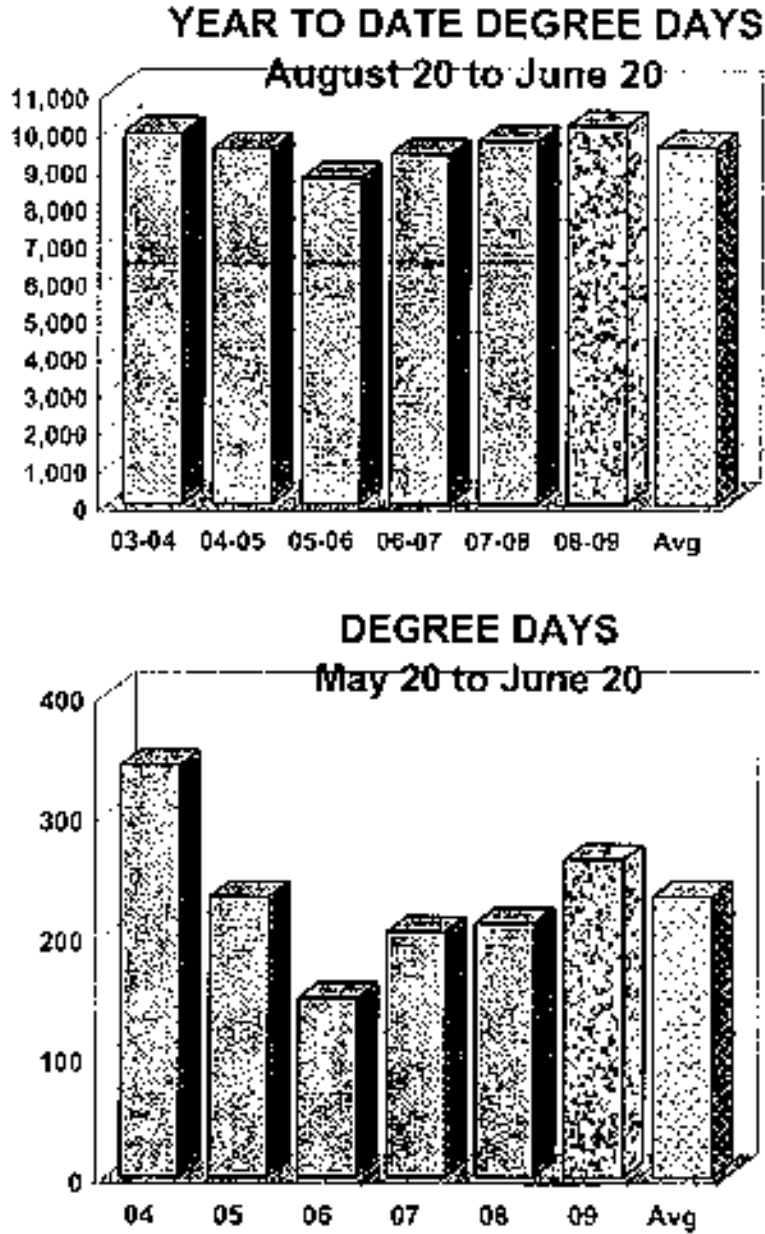
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VOLTS AND JOLTS FEATURE OF THE MONTH

Don and Grace Jorde have century farm

By Destiny Harmoning

Don and Grace Jorde live just outside of Thief River Falls, on the border between Pennington County and Marshall County, on a farm that has been in their family for a century. Their farm will be recognized at the upcoming Marshall County Fair.

Mikkel Jorde moved to the U.S. from Flaa, Norway in 1877. He and his wife Astrich North-hagen moved to a farm near Mekinack, N.D.

In December 1908, Mikkel and Astrich purchased a farm along the Thief River from Christian Jacobson, the original homesteader. The land had been purchased for their son, Carl. The family herded their dairy cattle from Mekinack to the new farm by horse back and wagons. A single-walled shack to live in and a shed for the cattle were built on the farm.

Later on, a clearing was made on the farm and a new house was built by Eddie Sanders, just south of the shack. A barn was built on the land in 1919. It was later destroyed by fire in 1959.

Carl married Emma "Amy" Olson Dec. 16, 1914. They raised nine children, one of which was Don.

Don grew up on the farm. Grace grew up nearby, on a farm about 6 miles away. They both graduated from Lincoln High School in Thief River Falls. Grace attended a few years at Concordia College where she studied Elementary Education.

Don and Grace met at a bowling alley and were married Oct. 13, 1961. They have five children, Murray, Chris, Kari, Nancy and Wade.

Murray is married to Sandy Johnson and they have two daughters. They live across the river from the century farm.

Chris married Jaci Drangstveit. Together they have one son and two daughters. They live just one mile south of the century farm.

Kari is married to Chip Lohmiller. They live at Cross Lake and have four daughters.

Nancy married Brian Sturgeoun and they have three children. They live one mile south of the century farm.

Wade lives across the driveway from Don and Grace, in the original Jorde farm house that was built in 1914.

In their free time, Don and Grace enjoy spending time with their grandchildren, fishing, hunting, snowmobiling, four-wheeling and

Don and Grace Jorde

other outdoor activities. They also attend and are active in Abundant Life Church in Thief River Falls.

Don retired from the Minnesota Department of Transportation after 40 years working in construction. Grace stayed home and took care of the family.

The original barn on the Jorde family farm was built in 1919. It was later destroyed by fire in 1959. Another barn was built in its place.

Don and Grace acquired the family farm through inheritance in 1994. The Jordes decided to keep the farm in the family. "We both came from farming backgrounds and it's a good place to raise kids," Grace said about taking over the farm.

They live in a house that was moved to the land from Thief River Falls, though the original house still resides across the driveway.

The farm has grown over the years. The original acreage was 165 but the Jordes now own about 470 acres. "It's peaceful out here," Don said of the farm.

Don's brother Ruben did most of the farming on the land. Over the years, cattle, grain, horses and pigs were raised. The Jordes haven't farmed the land since 1995. Dave and Darrold Rodahl, who were Grace's neighbors, have farmed it since then. Don and Grace still have six horses that they take care of on the farm.

Don and Grace don't have any plans for the future of the farm but intend to pass it down to their children. "I hope the kids will keep it going," Grace stated.

The history on the Jorde century farm will likely continue on into the future for many more generations of their family.

The original house that was built on the Jorde farm still resides on the land.

The Jorde farm has been in the family for a century.

The first tractor on the Jorde farm was purchased by Don's father Carl.

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Alanis Rupprecht, Thief River Falls, was the recipient of the beef rate-of-gain award at the Pennington County Fair. This award is sponsored annually by Red Lake Electric Cooperative. The fair was held in Thief River Falls July 16 through 19. Alanis is the daughter of Teresa and Daryl Rupprecht and a member of the Silverton 4-H club. *TRF Times Photo*



Samantha Larson, Euclid, was exhibitor of the grand champion 4-H ewe at the Pennington County Fair held July 16 through 19 in Thief River Falls. She received an award sponsored by Red Lake Electric Cooperative. Samantha is the daughter of Nancy and Spencer Larson and a member of the Silverton 4-H club. *TRF Times Photo*



Natalie Beyer, Red Lake Falls, received a cash prize for her dairy exhibit at the Red Lake County Fair. She was the senior dairy reserve champion showman. The prize was awarded by Red Lake Electric Cooperative. The fair was held in Oklee June 25 through 27. Natalie is the daughter of Neil and Polly Beyer and a member of the Pembina Trail 4-H club. *Gazette Photo*



Kelsey Spilde, Thief River Falls, won the sheep rate-of-gain award at the Pennington County Fair held in Thief River Falls July 16 through 19. This award is sponsored annually by Red Lake Electric Cooperative. Kelsey is the daughter of Carol and Alan Spilde and a member of the Kratka 4-H club. *TRF Times Photo*



Teja Beyer, Red Lake Falls, received a cash prize from Red Lake Electric Cooperative at the Red Lake County Fair for being the senior dairy grand champion showman with her holstein cow. The fair was held June 25 through 27 in Oklee. Teja is the daughter of Robin and Tamra Beyer. She is a member of the Pembina Trail 4-H club. *Gazette Photo*

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INVENTORY REDUCTION AUCTION LOCATION: Titan Machinery, Thief River Falls, MN, Junction of Hwy's. 1W & 59N WEDNESDAY, AUGUST 5, 2009 – 10:00 AM

AUCTION COMMENTS: Having recently purchased Anderson Power & Equipment and Winger Implement, Titan Machinery is pleased to be conducting ongoing business in Thief River Falls, Winger and the surrounding communities. We are liquidating items of excess inventory from both stores, as well as additional items from other Titan Machinery locations throughout the region.

FOUR WAYS TO BID: 1) Come to the auction; 2) Bid Live Online from your home or office, or any Titan Machinery Affiliated store in your area- see website for complete listing; 3) Place your maximum bid online in advance and let Live Global Bid, bid electronically for you; 4) Phone/ fax bids are accepted by calling in advance

HAY EQUIPMENT SPECIAL NOTICE: ALL hay equipment, and only hay equipment is subject to prior sale until July 28. There may be deletions and additions to this category. Watch website or call for final hay equipment listing July 29. No other prior sales. Expect additional units by auction day, visit www.titanauctions.com, or call 701-492-1999 for more information on any auction details or bidding procedures.



4WD TRACTORS:
-1999 JD 9400 4WD, CAH, powershift, front weights, 4 hyd., 710x38 tires & duals, 8667 hrs., SN#P020013
-1982 Versatile 895 4WD, CAH, 12 spd. std. trans., 4 hyd., 20.8x38 tires & duals, 8630 hrs., SN#091515
-1976 Versatile 850 Series II 4WD, CAH, 12 spd. std. trans., 4 hyd., 20.8x38 tires & duals, SN#051305
-1976 Versatile 850 Series II 4WD, CAH, 12 spd. std. trans., 4 hyd., 20.8x38 tires & duals, good rubber, new hinge pins & steering pins, inj. pump OH, lots of recent repairs, 5600 hrs. showing, SN# 51561
-1980 MF 4880 4WD, CAH, powershift trans., 4 hyd., 24.5x32 tires & duals, SN#9D002298
-1980 Case 4690 4WD, CAH, powershift, 4 hyd., 20.8x34 tires & duals, good rubber, 8166 hrs., SN#8858748
-1979 Case 2870 4WD, CAH, powershift, 4 hyd., 20.8x34 tires & duals, 5540 hrs. showing, SN#8854151
-1978 Case 2470 4WD, CAH, powershift, 3 hyd., 18.4x34 tires & duals, SN#8826488

MFWD & 2WD TRACTORS & LOADERS:
-1999 Ford 8830 MFWD, CAH, powershift, 3 pt., 1000 PTO, 3 hyd., 18.4x28 front, 18.4x42 rear duals 5002 hrs., SN#A928264
-1998 NH TS110 MFWD, CAH, 16 spd. std. trans., 3 pt., 540/1000 PTO, 2 hyd., 18.4x38 rear tires, 14.9x28 front, excellent rubber, sells w/ Bush Hog M616 grapple attach loader & bucket, 4206 hrs., SN#1017138
-2000 NH TS100 2WD, w/aftermarket cab, heat, 8 spd. trans., 3 pt., 540/1000 PTO, 2 hyd., 18.4x30 rear tires, only 2560 hrs., SN#137363B
-1984 IHC 5088 2WD, CAH, 3pt., 540/1000 PTO, 3 hyd., 18.4x38 rear duals, SN#H012968R
-1979 JD 4440 FWA, CAH, 3 pt., 540/1000 PTO, 2 hyd., good 20.8x38 rear tires, 13.6x28 fronts, sells w/ Great Bend 660 quick attach loader, bucket & grapple, 6500 hrs., SN#062643RG
-1975 JD 4240 2WD, CAH, OR, 3 pt., 540/1000 PTO, 2 hyd., 18.4x38 rear duals, SN#H012968R
-1974 JD 4630 FWA, CAH, OR, 3 pt., 1000 PTO, 3 hyd., 20.8x38 rear tires, 13.6x28 fronts, good rubber & Koyker quick attach loader, clean unit, SN#70949R
-1969 MF 399 MFWD, 95 hp diesel, open station, 3 pt., PTO, 3 hyd., sells w/MF quick attach loader, 2875 hrs showing, SN#P05264
-1977 IHC 1586, CAH, 3 pt., 1000 PTO, 3 hyd., 20.8x38 duals, SN#12986
-1977 IHC 968, CAH, 3 pt., 540/1000 PTO, 3 hyd., 20.8x38 rear duals, SN#U015780
-1971 JD 4520, w/Hiniker cab, synchro trans, 3 pt., 1000 PTO, 2 hyd., factory duals, good rubber & Koyker quick attach loader, clean unit, SN#70949R
-1969 JD 4520, w/cab, 1000 PTO & 2 hyd., 20.8x38 rear tires, 7255 hrs showing, sells w/ DuAll 3000 Series quick attach loader & bkt., SN#R004330
-1973 IHC 1466 Farmall, CAH, 3 pt., 540/1000 PTO, 2 hyd., 20.8x38 rear duals, SN#U015780
-1975 IHC 766 Farmall, diesel, cab, 3 pt., 540/1000 PTO, 2 hyd., 18.4x34 tires, 400 hrs. on engine major, SN#U014759

-IHC 756 Farmall, diesel, open station, 540/1000 PTO, 2 hyd., 18.4x34 rear tires, sells w/DuAll 325 loader, bkt. & grapple, SN#137
-IHC 656 Farmall, gas, open station, 3 pt., 540/1000 PTO, 2 hyd., 18.4x34 rear tires, sells w/ DuAll 325 loader & bkt., SN#26959
-1980 AC 7010, CAH, power director trans., 3 pt., 540/1000 PTO, 2 hyd., 18.4x38 rear tires, 4800 hrs. showing, SN#1914
-1973 Case, David Brown 1212 diesel, open station, 3 pt., PTO, 2 hyd., sells w/DuAll 340 loader & bkt., SN#1001704
-1965 Case 730, w/loader, SN#8275576
-Case 400, gas, w/wide front & loader
-IHC 560 Farmall, gas, wide front, PTO w/DuAll 320 loader & bucket, SN#23500
-IHC 460 Farmall, gas, SN#22612
-IHC 460 Farmall, gas, wide front, PTO, w/DuAll loader & 2-prong bale fork SN#10526
-IHC 460 Utility, gas, wide front, 2 pt. quick hitch, PTO & hyd., SN#99115Z

COMPACT TRACTORS & COLLECTOR TRACTORS:
-2007 NH TC30 Compact Tractor MFWD, ROPS, ag tires, 3 pt., PTO & rear hyd., 691 hrs., SN#Z6NGB3063
-2007 NH TC30 Compact Tractor MFWD, ROPS, ag tires, 3 pt., PTO & rear hyd., 641 hrs., SN#Z6NGB3135
-IHC 806, Wheatland diesel, 540/1000 PTO, 2 hyd., 23.1x30 rear tires, SN#02302
-1966 Case 930, dsl. std., 540 PTO, 2 hyd., 18.4x34 rear tires, hand clutch, frt. wts., SN#826869
-Ford 9N JD B, w/narrow front; AC WD45, w/wide front & loader; AC WD45, w/wide front
-AC WD, w/wide front; Co-Op #40, w/wide front & loader

COMBINES:
Call for Special Financing Available on Combines & Heads

-2003 Case IH 2388, field tracker, hyd. reverser, rock trap, specialty rotor, F/A, bin ext, chopper, 30.5x32 drive tires, long auger, rear wheel drive, 1667 rotor/2267 engine hrs., SN#273327
-2002 Case IH 2388, hyd. reverser, rock trap, specialty rotor, F/A, bin ext, chopper, 30.5x32 drive tires, long auger, rear wheel drive, 2610 rotor/3362 engine hrs., SN#270835
-2000 NH TR99, contour feeder, rock trap, bin ext/cover, chopper, F/A, 18.4x42 duals, 1990 ser./2644 engine hrs., recent repair orders, SN#565752
-1999 Case IH 2388, field tracker, rock trap, AFX rotor, F/A, bin ext., chopper, 30.5x32 drive tires, new feeder chain, SN#198449
-1990 Case IH 1680, rock trap, specialty rotor, bin ext, chopper, 208" unloader, 30.5x32 drive tires, SN#48553
-1990 Case IH 1680, rock trap, specialty rotor, chopper, 30.5x32 drive tires, SN#47066
-1989 Case IH 1680, rock trap, specialty rotor, chopper, 30.5x32 drive tires, SN#46903
-1989 Case IH 1680, rock trap, specialty rotor, chopper, 24.5x32 drive tires, SN#38441
-1988 NH TR 96, rock trap, 30.5x32 drive tires, rear wheel drive & chopper, SN#528894
-1983 IHC 1480, rock trap, chopper, AHHC, air sieve, SN#U044759
-1983 IHC 1480, std. rotor, chopper, 1680 cage, air sieve, SN#U044754

-1982 IHC 1460, elec./hyd., rock trap, chopper, 5480 hrs., SN#33178
-1978 IHC 1460, SN#U02243
-1980 IHC 1482 PT Combine, w/PU head & belt PU, SN#U001548
-2) IHC 914 PT Combines

HEADS:
-1994 JD 18R22 Corn Head, w/poly snouts & knife rolls, (built from factory 1293) SN#655840
-Case IH 1010 25" Rigid Head, SN#124002
-8) Case IH 1020 Flex Heads, 20", 22.5" 25", 30" IHC 810 20" Platform, w/2-9" Sund edible bean PU's, SN#U037486
-NH 962 W4 4R Wide Corn Head
-2) IHC 810 PU Platforms
-6) Assorted IHC 810 PU Heads
-13" to 22"
-Misc. Reels For Heads & Swathers
-MacDon 30" 5-Batt Finger Reel For PT Swather, poly teeth

PLEASE NOTE: All Hay Equipment & Only Hay Equipment, Is Subject to Prior Sale Until July 28. Please Call to Check Deletions or Additions to This List. Call for Special Financing Available.
-2005 NH BR780 Round Baler, Bale Command Plus, 1000 PTO & hyd. PU lift, SN#YSN010476
-2003 NH BR780 Round Baler, Bale Command Plus, flotation tires, 1000 PTO, hyd. PU lift & kicker, SN#26481
-1999 Case IH 8590 Big Square Baler, 46.5x50x48 capacity, SN#CFH0139701
-Late model Gehl 1875 Round Baler, net wrap attachment, gathering wheels, bale kicker & hyd. PU lift, SN#18353
-Hesston 1014-2 12' Swing-Tongue Mower Conditioner, w/steel on steel rolls
-NH 1411 10' Diskbine Mower Conditioner
-Gehl DC2365 10' Diskbine Mower Conditioner
-Gehl 2340 9' Diskbine Mower Conditioner
-JD 1600A 14' Haybine Mower Conditioners
-2) NH 116 16" Mower Conditioners
-NH 885 round Balers, Bale Command, kickers & alarms, SN#s 672950, 672106 & 671997
-1989 NH 853 Round Baler, SN#734933
-Case IH 3650 Soft Core Round Baler
-3) NH Round Balers: 853, 851 & 846
-4) Hesston Round Balers: 5500, 5580, 3510, 3500
-H&S PTO Driven Swath Drills
-2) NH 1010 Stackliners
-55 Square Bale Stackers
-NH 1000 Stackliner Square Bale Stacker
-NH 258 Side-Delivery Rake
-Gehl 2245 12' Mower Conditioner
-NH 495 12' Mower Conditioner
-Gehl 1090 9' Mower Conditioner
-3) JD 510 Round Balers
-Case IH HTX101 PT Transport For Moving Large Windrowers Endwise
-Vermeer 256 Round Bale Processor

FEED WAGONS, FORAGE HARVESTERS & SILAGE ITEMS:
-1999 Wishek 6518 Forage Box/Feed Wagon, 18" unit on tandem axle gear, side discharge, SN#1012699
-Knight 2550 15' Reel Auger Feed Wagon, magnets, battery, scale, 1000 PTO, 3 auger discharge, SN#0015
-Oswalt 3340 14' Mixer Feed Wagon, w/scale, 3 augers in tank, conveyor discharge, 540 PTO, SN#46695
-GT 4000 HI-lift Silage Dump Wagon, SN#80432
-JD 3970 Forage Harvester, well equipped, elec. chute, etc. SN#3970X681484
-JD 3970 Forage Harvester, well equipped, elec. chute, etc. SN#990134
-JD 3960 Forage Harvester, SN#AE37402
-NH 890 Forage Harvester, SN#237890
-NH 890 Forage Harvester, SN#237049
-NH 707 Sgl. Row 3 Pt. Mtd. Forage Harvester
-2) NH 770 Forage Harvesters, 1 w/elec. controls & harrow
-NOTE: There are several heads for the above choppers, 2-row corn & various hay heads
-2) Gehl 940 & 920 Forage Boxes, w/running gears
-Dokken model 82 Forage Box, w/running gear
-2) Kasten #20 Forage Boxes, w/running gears
-JD 6500 Silo Blower
-Farm Hand Grinder/Mixer, 540 PTO, 75 bushel wheels

TILLAGE
-Case IH 5600 39' Spring Std. Chisel Plow, w/ floating tongue, walking idms. around & harrows
-Case IH 5600 39' Spring Std. Chisel Plow, w/ floating tongue, walking idms around, no harrow
-Flexi-Coil System 95 40' Harrow Packer, w/5-bar sections & coil packers
-Power Matic 90' Diamond Tooth (Steel Boss) Harrow, w/auto fold harrow-bar & wing carrier wheels
-Wii-Rich 4400 29' Chisel Plow, walking tandems around & 3-bar harrow
-Case IH 5500 17' Chisel Plow, w/harrow
-Wii-Rich 13 CPW 29' Spring Std. Chisel Plow, walking tandems & harrow
-IHC 490 21' Disk
-Melroe 480 50' HD 4-Bar Harrow
-Several Other Older Units: harrows, discs, chisel plows, mold board plows & small cults.
NOTE: A Large Selection Older Auto. Reset Plows, Melroe 91's, JD 3200's, etc.

PLANTING EQUIPMENT & SPRAYERS:
-Markflex 1000 PT Sprayer, 1000 fiberglass tank, 90' suspended booms, hyd pump, elec controls, ceramic nozzles & 18.4x34 tires
-Summers Super Sprayer, 1000 gal tank, 110' booms, hyd pump, elec controls, wheel boom
-Wii-Rich 5100 Precision Airseeding System, 30' air drill w/independent row units & 4-bar harrows, SN#441202
-JD 9350 30' 6" Rubber Press Drills, w/factory end transport, dry fert. & JD markers
-JD 7100 MaxiMerge 12R30 3 Pt. Planter, w/knife units, markers & lift assist
-JD 7100 MaxiMerge 6R30 3 Pt. Planter, w/mkrs.
-JD 9350 24' Press Drills
-IHC 620 24', 36' & 20' Press Drills
-Melroe 201 & 202 Press Drills
-Melroe 100 Spra-Coupe
-H&S 12R Band Sprayer
-Haul All 19' Double Compartment Slidein Drill Fill Tender

TERMS: Cash, or approved financing as detailed above. All items sold as is, where is. Statements made auction day take precedence over all advertising. No prior sales intended, but all items are subject to availability & inventory on hand.

MOWERS, AUGERS & MISC. EQUIP:
-Bush Hog 2615 15' Double Wing Rotary Mower, 1000 RPM & chain kit
-Bush Hog 2615 15' Double Wing Rotary Mower, 540 RPM & chain kit
-Balzer 20' Stalk Shredder, 4 rear wheels, 1000 RPM PTO, SN#36250
-Westfield TR100-71 10x71 Mechanical Swing Hopper Auger
-2) Woods S-106 6' & S-105 5' Rotary Ditch Bank Mowers
-2) Woods XT 180 7' & XT 160 5' 3 Pt. Rotary Mowers
-Hutch 10x61 Auger; Brandt 8x50 Auger; Snowco Auger
-Township Style PT Road Grader/Blade
-Dunbar Kapple Model 90 Grain Vac & Access.
-Handlair 5250 Grain Vac, w/hyd. reversible air lock & access.
-Large 3 Pt. Snowblower
-Pro Mow Turf 7000 5-Gang Reel-Type Mower, (6'10")
-Owatonna 245 24' PT Swather
-Starline #30 Rota-Spreader Fall Man. Spreader

CONSTRUCTION ITEMS, SKID STEERS & ATTACHMENTS:
-1999 New Holland LB115 4x4 Loader Backhoe, w/all wheel steering, ext. hoe, cab w/ air & heat, power shuttle, 5403 hrs., SN#31019326
-2007 Case 410 Diesel Hydro Skid Steer, w/ ROPS, 72" gen purpose bkt., 1500# lift capacity, aux. hydraulics, 2800 hrs., SN#N6M460344
-ASV MD70 Track Truck Mobile Track Vehicle, SN#2370WTTD
-Ace Of Spades K-36 Skid Steer, mounted hydraulic tree spade, SN#36010
-Borgeze 25" Skid Steer, fence line grout & weed cutter, hyd. operated
-Crary Bobcat 580 8 Hp Chipper/Shredder, w/ trailer, like new
-Levco HD45 Walk-Behind Stump Brinder
-Grass Hopper 618 54" Front Deck Riding Mower, w/new engine
-2005 Gravely 1944 Frt. Deck Grooming Mower
-Cub Cadet 2185 Garden Tractor, w/48" mower deck & rear tiller
-Cub Cadet 3204 Garden Tractor, w/44" hyd. lift mower deck
-Other Lawn & Garden Items Too Numerous To List

VEHICLES & MISCELLANEOUS:
-1993 IHC 4700 Single Axle Van Truck, DT466 diesel, std. trans., 20" dry van w/lift gate, 388942 miles, VIN#FHTS5CPH4M6P479524
-1994 Ford F-150 1/2 Ton 2WD Pickup, V-8 gas, auto. trans., VIN#1FTEF15N2SLB30295
-Store, Shop & Office Miscellaneous Items: shelving, desks, some excess tools, supplies, machine accessories, etc.

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<i>Energy Efficiency Equipment</i>	<i>Rebate Amount</i>
T8 Fluorescent Fixtures (Replacing T12 or incandescents)	\$5 to \$16 per fixture
T5 Fluorescent Fixtures (Replacing HID or incandescents)	Starting at \$60 per fixture
CFL Fixture	\$22/fixture
CFL Lamp	\$1.50/fixture
Split System Energy Efficient Air Conditioners and Air Source Heat Pump	\$30 to \$40/ton
Single Packaged Energy Efficient Air Conditioners and Air Source Heat Pump	\$35 to \$50/ton
Geothermal Heat Pump Open loop, 16.2 EER	\$200/ton
Geothermal Heat Pump Closed loop, 14.1 EER	\$400/ton
Energy Efficient Air Cooled and Water Cooled Chillers	\$30 to \$40/ton
Nema Premium® Three Phase Electric Motors	\$4 to \$15/HP
Energy Star Commercial Solid Door Refrigerator or Freezer	\$60 to \$250
Energy Star Ice Machine	\$200 to \$600
Energy Star Steam Cooler	\$300 to \$600
Energy Star Fryer	\$500
This list is not all inclusive. There are numerous other lighting retrofits. Other measures may also qualify. Any project totalling \$10,000 or more must receive written approval before project installation. Rebate maximum is 75% of project cost up to \$15,000.	

Now is a good time to repair or replace damaged or improper mailboxes

Now is a good time to repair or replace old or damaged rural mail boxes or ones supported by illegal structures, advises the Minnesota Department of Transportation (MnDOT).

"Waiting until the ground starts freezing just makes it more difficult to pull out old posts and put in new ones," said Tom Johnson, who monitors safety compliance and regulations of signs, driveway entrances, and mailboxes along state highways and in rights of way in MnDOT's northwest district. Mn/DOT issues warnings and citations for non-compliance of regulations related to these issues.

The department reminds residents in rural Minnesota that:

- Rural mailboxes are to be mounted and placed according to U.S. Postal Service and federal highway placement standards.
- Mailboxes with damaged or worn latches should be replaced. Wind and heavy snow can cause a mailbox door to fall open if the latch isn't working properly.
- Reflectors should not be placed on mailboxes, especially red and orange colored reflectors since this can confuse a driver with vehicle tail lights.
- Reflectors posted near mailboxes and driveways should be blue or clear and posted at least 12 feet from the outside edge of the shoulder and no more than five feet above the ground.
- Ornamental displays, chains and other types of decorations should not be attached to the mailboxes because these add weight to the structure and do not leave much room for maintenance and plowing.

For a diagram of a standard swing-away type mailbox, visit <http://www.dot.state.mn.us/design/standard-plates/english/e9000/s9350a.pdf> or for additional information on mailbox placement along state highways, call the MnDOT permits office in Bemidji at 218-755-6578 or 218-277-7964 in Crookston.

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<i>Energy Efficiency Equipment</i>	<i>Rebate Amount</i>	<i>Rebate Maximum</i>
CFL Lamp (Maximum 12 lamps)	≤ 50% of retail not to exceed \$2	\$24 per customer
Energy Star Clothes Washer	\$50	\$50
High Efficiency Electric Water Heater 80 gallon or larger, EF ≥ 0.91, must be on load control	\$150/unit	\$150/unit
High Efficiency Furnace with ECM blower	\$150/unit	\$150/unit
High Efficiency Air Source Heat Pump 14.0 SEER, 8.2 HSPF	\$250/unit	\$250/unit
Geothermal Heat Pump Open loop, 16.2 EER	\$200/ton	\$1,000
Geothermal Heat Pump Closed loop, 14.1 EER	\$400/ton	\$2,000

Apply now for prairie chicken and fall turkey hunts

Hunters who wish to apply for one of 186 permits for the 2009 Minnesota prairie chicken season or for one of 9,330 permits for the fall turkey hunt must do so by July 31. Applications are available wherever hunting and fishing licenses are sold.

Application materials and maps of permit areas for both hunts are available on the Minnesota Department of Natural Resources (DNR) Web site at www.mndnr.gov/hunting. Winners will be notified by mail by mid September after applying at one of 1,800 electronic license agents across Minnesota.

Fall Turkey Season

This year's 9,330 turkey permits represent a substantial increase in fall hunting opportunities from last year when 5,555 permits were available, said Bill Penning, DNR farmland wildlife program leader.

The increase relates to a major expansion of fall hunting opportunities in southwest and western Minnesota as well as higher permit numbers in hunting areas that opened last year. In 2008, a record 1,187 birds were harvested during the fall hunt with hunter success typically about 25 percent.

The fall turkey hunt application fee is \$3. The license costs \$23 for residents and \$78 for nonresidents. The \$5 stamp validation has been incorporated into the license fee; a separate stamp is no longer required. Hunters may apply for one permit from 67 different hunting areas that will be open from Oct. 14-18 and Oct. 21-25.

Prairie Chicken Season

Hunters who apply for the 186 available prairie chicken permits will have about a one-in-three chance of being drawn, depending on the area chosen. Prairie chicken permit numbers are unchanged from last year. In 2008, 139 birds were harvest with 90 percent of hunters taking at least one bird.

Minnesota's prairie chicken population has increased substantially in recent years, now standing at more than 1,600 adult males. The DNR expects more than four times that number of birds in the fall population.

"Prairie restoration and protection programs have helped stabilize the bird's population in recent years," Penning said.

The five-day prairie chicken season, which will begin Oct. 17, is

open to Minnesota residents only. Hunters will be charged a \$4 application fee and may apply individually or in groups up to four. Prairie chicken licenses cost \$20.

The hunt will be conducted in 11 prairie chicken quota areas in west-central Minnesota between Warren in the north and Breckenridge in the south. Up to 20 percent of the permits in each area will be issued to landowners or tenants of 40 acres or more of prairie or grassland property within the permit area for which they applied. Resident hunters younger than 12 may apply for a prairie chicken license.

The season bag limit is two prairie chickens per hunter. Licensed prairie chicken hunters will be allowed to take sharp-tailed grouse while legally hunting prairie chickens. Sharptails and prairie chickens are similar looking species and the general closure on taking sharp-tailed grouse by small game hunters in this area is to protect prairie chickens. Licensed prairie chicken hunters who wish to take sharptails must meet all regulations and licensing requirements for taking sharp-tailed grouse.

The department recognizes that courses can be difficult to fit into the hectic schedules of today's fast-moving lifestyle. As a result, the DNR offers independent study course options. These include the on-line or workbook version and are administered through volunteer instructors around the state for those 16 and older.

Independent study courses are not a "short cut" to certification. Experience has shown that they involve a similar amount of time as the traditional firearms safety classroom course.

Hunter education classes fill up fast, so now is the time to register. To find an upcoming class or information on the independent study options, go to www.mndnr.gov and click on "Education/safety" or http://www.dnr.state.mn.us/events/index_safety.html call 651-296-6157 or toll free 1-888-646-6367.

Minn. breeding duck numbers decline, Canada goose numbers stable

Minnesota's breeding duck population has dropped to an estimated 507,000 birds, according to the Minnesota Department of Natural Resources (DNR).

This number is 31 percent lower than last year and 19 percent below the long-term average of 626,000. The population estimate is based on the DNR's May aerial waterfowl survey.

"Though population swings are normal, it's always disappointing when numbers decline," said Dennis Simon, DNR wildlife chief. "Our goal is to build a breeding population of 1 million birds."

Steve Cordts, the DNR waterfowl specialist who conducted the survey, said the mallard breeding population was estimated at 236,000. This is 6 percent above the long-term average of 224,000 breeding mallards, but 21 percent below last year and 19 percent below the recent 10-year average.

Blue-winged teal numbers declined 11 percent from last year to 135,000 and remained 39 percent below the long-term average.

The combined populations of other ducks, such as wood ducks, ring-necked ducks, gadwalls, canvasbacks and redheads, decreased to 170,000, which is 5 percent below the long-term average.

The estimated number of wetlands was 318,000, down 2 percent from last year but above the long-term average of 248,000.

Additional wetlands and grasslands, including higher quality grasslands and wetlands, are key to improving breeding duck numbers. The DNR's Duck Recovery Plan identifies the need to restore 2 million acres of additional habitat to achieve the 1 million-bird breeding population level.

"We are committed to hitting the 1 million-bird target," Simon said. "That means focusing on a long-term strategy to improve the quantity and quality of wetlands and grassland through the combined efforts of many partners."

Simon said new constitutionally dedicated funding for habitat conservation would help this effort. The Legislature recently appropri-

ated about \$13 million to various conservation organizations for habitat improvement on wildlife management areas (WMA), federal waterfowl production areas and other lands. The Legislature also appropriated \$8.5 million of dedicated funding to the DNR for WMA grassland and wetland acquisition and enhancement.

The DNR's waterfowl survey has been conducted in early May each year since 1968, with only minor changes to the survey design. A DNR waterfowl biologist and pilot count all waterfowl and wetlands along established survey routes by flying low-level aerial surveys. The survey is timed to coincide with peak nesting activity of mallards.

The U.S. Fish and Wildlife Service provides ground crews that also count waterfowl along some of the same survey routes. The survey was designed to provide an index of breeding duck abundance in about 40 percent.

Data on breeding duck numbers across other regions of North

Now is the time to take a hunter safety course

With the fall hunting seasons just around the corner, the Minnesota Department of Natural Resources (DNR) is urging all hunters to sign up now for a hunter education class.

"Though classes are held throughout the year, we offer more of them in late summer and early fall," said Capt. Mike Hammer, DNR Enforcement Education Program coordinator. "So now is the time to sign up and complete a course, because once the hunting season gets rolling, it might be too late."

Besides ensuring you'll be able to hunt this year, taking the class sooner rather than later means more time for scouting, sighting-in, and securing permission to hunt on private lands. Minnesota hunters born after Dec. 31, 1979, must take a DNR Hunter Education Firearms Safety Training Course and receive a certificate of completion before purchasing a license for big or small game. The firearm safety class consists of a minimum of 12 hours of classroom and field experience in the safe handling of firearms and hunter responsibility.

Field experience allows students to learn and demonstrate commonly accepted principles of safety in hunting and the handling of firearms. It includes firing practice on a rifle range. Students who pass the course receive a temporary certificate, allowing them to purchase a hunting license in Minnesota and other states where certification is required.

The department recognizes that courses can be difficult to fit into the hectic schedules of today's fast-moving lifestyle. As a result, the DNR offers independent study course options. These include the on-line or workbook version and are administered through volunteer instructors around the state for those 16 and older.

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More wind energy; Minnkota helps dedicate Ashtabula Energy Center

On June 17, North Dakota Governor John Hoeven helped partners Minnkota Power Cooperative, Otter Tail Power Company and NextEra Energy Resources dedicate the Ashtabula Wind Energy Center, which is located about 15 miles northeast of Valley City, N.D. Minnkota is Red Lake Electric Cooperative's wholesale power supplier.

Local and regional officials and guests joined Hoeven and company officials at the 196.5-megawatt (MW) wind farm.

Located in Barnes County in southeastern North Dakota, the Ashtabula Wind Energy Center will generate more than 700 million kilowatt-hours (kWh) annually, equivalent to the average electricity used in more than 36,700 homes per year in the Minnkota service area. Initial operation of the 131 wind turbines at the wind farm began in December 2008.

Minnkota is purchasing energy from its 148.5 MW allocation at the wind farm through a 25-year Power Purchase Agreement with NextEra. Otter Tail owns 32 of the Ashtabula Wind Energy Center turbines or 48 MW. NextEra owns the remainder of the turbines and operates the wind farm.

North Dakota has the most wind energy potential of any state. Led by companies such as Minnkota, Otter Tail and NextEra, it's being put into good use.

"We are pleased to be purchasing energy from NextEra and the Ashtabula Wind Energy Center," said David Loer, Minnkota president and Chief Executive Officer. "The energy from our 148.5 megawatt share of this wind energy center will bring Minnkota's wind energy to nearly 25 percent of our total annual energy requirements.

"Minnkota is a significant player in helping develop North Dakota's abundant wind resources."



The Ashtabula wind farm, which is located about 15 miles northeast of Valley City, N.D., will provide energy to Minnkota Power Cooperative, Red Lake Electric Cooperative's wholesale power supplier.

The energy produced at Ashtabula will help Minnkota meet renewable energy mandates and objectives in Minnesota and North Dakota, respectively. The Minnesota Renewable Energy Standard requires a 25 percent renewable power supply component by 2025, and the North Dakota Renewable Energy Objective sets a renewable goal of 10 percent by 2015.

Minnkota is a generation and transmission cooperative that supplies wholesale electricity to 11 electric distribution cooperatives serving a 34,500-square-mile area in eastern North Dakota and northwestern Minnesota.

Minnkota is also operating agent for the Northern Municipal Power Agency (NMPA), which serves 12 municipal utilities in the same geographic region. Together, the Minnkota/NMPA Joint System serves more than 130,000 customers.



Source: National Oceanic and Atmospheric Administration

Protect yourself from lightning

By Chris Grammes

According to the National Weather Service, lightning kills an average of 62 people each year in the U.S.

In 2008, 27 people died from a "bolt out of the blue." The majority of these fatalities occurred outdoors, but caution must be taken indoors as well.

Follow the tips below to keep you and your family safe from lightning this summer:

- Seek shelter immediately if you hear thunder; lightning is not far away.
- Find shelter in a substantial building or in a fully-enclosed

vehicle with the windows rolled up.

- Do not seek shelter under trees, picnic or rain structures or in open-frame vehicles. Avoid objects like electric wires or metal fences.

- If you cannot find shelter in a building or closed-frame vehicle, keep your feet together and crouch on the ground using the "lightning crouch": feet together, squat low, tuck head and cover ears.

- If you are inside, do not plug or unplug anything during an electrical storm.
- Do not use corded tele-

phones; phone use is the number one cause of indoor lightning injuries in the U.S. Avoid contact with other electrical equipment like computers.

- Avoid contact with water, pipes, washers or dryers.

- If a person is struck by lightning, call 911 and care for the victim immediately.

You cannot be harmed by touching the victim after he or she has been struck by lightning.

Sources: National Weather Service; SafeElectricity.org

Chris Grammes writes on safety issues for the National Rural Electric Cooperative Association.

Auction Sale

August 1, 12 noon

413 Lambert Street, Oklee (Streets will be marked)

Furniture and Household Items

2 Brown matching Lazy Boy Rocker/Recliners
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2 Oak Glass Door Display Cabinets
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Kirby Vacuum and attachments
32 cup coffee maker, cookbooks
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To Numerous to Mention!!

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4 hp 22 gallon Air Compressor
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4in Vise, Drill Bits
¾ in drive socket set
½ in drive socket
2-Newer Push Mowers
Weber BBQ Grill
Crow Bars, Saws, Gear Puller
Battery Charger, Work Light
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Many other tools and garden tools
To Numerous to Mention!!

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The Auto Pay service is free of charge. Not only is this service free, you will eliminate the expense of writing a check, postage to mail your payment and no more late payment penalties because your bill will be paid on time, every month, for you.

Your payment will be automatically made for you on the 5th of each month. If the 5th falls on a week-

end or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's energy bill statement.

Continue to pay your monthly bill until you are notified on your bill that the Auto Pay has been set up for you.

If you have any questions about the Auto Pay please call RLEC at 800-245-6068 or 218-253-2168.

AUTO PAY SIGN-UP SHEET

I authorize Red Lake Electric Cooperative (RLEC) and the bank listed below to initiate variable entries to my checking or savings account. This authorization remains in effect until I notify RLEC in writing to cancel it in such time as to allow RLEC to act on it.

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SIGN HERE TO AUTHORIZE _____

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One of the Minnkota Power Systems

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After-hour outage	218-253-2200
Office hours	Monday-Friday, 8:00-4:30
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Web site	www.redlakeelectric.com

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