

The heating season is here

Additional generation to benefit off-peak customers

Although a number of variables affect off-peak control hours, increased electric demand on the Minnkota Power Cooperative generation and transmission system during the 2008-2009 heating season will be offset by the addition of new generating resources.

That's good news for the more than 50,000 offpeak customers in the Minnkota/Northern Municipal Power Agency (NMPA) Joint System who receive electric service from an associated cooperative or municipal in eastern North Dakota and northwestern Minnesota.

Dual heat is a simple concept. Participants in the load management program receive (5305017.02 Steve Sorvig) substantially reduced electric rates for their primary electric heating source. In exchange, they maintain an automatic and reliable backup heating system capable of carrying them through control times.

These dual heating systems allow Minnkota to interrupt the flow of electricity during peak demand times to better manage energy supply and demand. Load management activities are initiated from the Control Center in Grand Forks, N.D.



should be a positive offset to the amount of load management that may be needed."

While Sailer isn't projecting an actual number of load control hours this winter season, he is predicting that the number of hours should be less than last year. This is in spite of an anticipated 2.5 percent increase in total system load.

The decision to control off-peak loads is an economic one. The cost of wholesale power on the open market is the primary driver. The price of natural gas, which fuels many (2818003.02 Michael Srnsky) of the region's peaking plants, has a huge bearing on the cost of wholesale power. An escalated price of natural gas translates into higher wholesale electricity costs.

"The decision on whether to purchase energy from the market or to control off-peak loads is based on the current market price, along with season-to-date energy purchases and control hours," said Al Tschepen, vice president of Planning and System Operations

Entire System Benefits The load management program benefits all customers in the Minnkota/NMPA Joint System. By controlling demand for a short time during highuse periods, affordable rates for all customers are maintained and the construction

of new base load generation

just to cover the peak load

blend of primary off-peak

electric heat with backup

provided by propane, natural

gas or fuel oil is significant-

ly less expensive than heat-

"Off-peak electric heating," he

off-peak customers shouldn't notice

Sailer noted that using a

periods is avoided.

Thanksgiving A Time for Giving Thanks

As we gather with our families and friends for Thanksgiving, it is fitting we reflect on the many blessings for which we can be thankful. We all experience misfortunes but they are few compared with the blessings bestowed on us.

May you have an enjoyable Thanksgiving!

et's keep a good thing going.

More Resources The additional generation within the Minnkota system will come from:

• Purchasing energy another 40.5 from (MW) of megawatts capacity from the Langdon Wind Energy Center south of Langdon, N.D.;

• Purchasing energy produced by the new 99-MW Ashtabula Wind Energy Center north of Vallev City, N.D., when it is commissioned later this year; and

• Exercising the last of four incremental options to increase Minnkota's allocation (by another 5 percent) of the power produced by Young 2 beginning Jan. 1, 2009.

That final increment will add another 22 MW of capacity, bringing Minnkota's share to 50 percent of Young 2 generation.

"These additional resources should also reduce the number of hours of load control," said Todd Sailer, Minnkota energy supply manager. "We are actually at a point where the expanded resources

ing with fossil fuels alone. explained, "is definitely the most economical heating choice. And with a good backup heating system **Positive Offset**

properly installed and maintained. any difference in comfort level when the load control system is called on to operate."

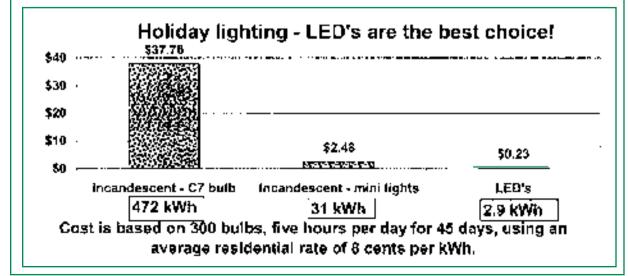
QUICK TAKES

A look at some statistics from your Red Lake Electric Cooperative

Consider buying light emitting dicde (LED) Christmas lights this year. They are superior to standard bulbs for holiday lighting.

LED's use 10 times less energy than mini-lights and 100 times less energy than C-7 bulbs. TED's have an ultraliong life - up to 100,000 hours. TED bulbs are good. for all weather, unbreakable and water resistant-good for indoors and outdoors. If one LED purns out, the others stay lit. LED's are safe; cool to the touch and five resistant. Many LED lights can be connected end-to-end without overloading a typical circuit.

Although LED lights may cost more than standard lights, they quickly make up the difference in energy savings as indicated by the chart below,



Red Lake Electric urges customers not to plug in electric space heaters during load control times

As customers of Red Lake Electric Cooperative know, the load management program is a good thing to have around. The program helps keep electric rates among the lowest in the country.

The program could lose much of its value, however, if electric space heaters, including those being advertised regionally, were to be substituted on a large-scale basis for the backup heating systems that are used during high demand times.

Based on Honor System

In the load management program, Red Lake Electric customers maintain adequate and reliable dual heating systems. This, in turn, qualifies them for off-peak rates that are nearly 50 percent less than regular retail rates. These systems include electric floor heat, electric furnaces and other loads that can be interrupted during peak-use times.

When the backup systems are in operation, electric load on the regional power system is reduced. This, in turn, allows our power supplier, Minnkota Power Cooperative, to avoid buying higher cost supplemental power from the wholesale market.

While there are requirements that have to be met to qualify for participation in the off-peak program, there is a certain amount of honor involved, too. Customers need to allow their backup systems to take over, rather than plugging in one or more electric space heaters.

"If customers of the associated distribution systems violate the spirit of the program, there will be consequences," explained Al Tschepen, Minnkota vice president of Planning and Systems Operations. "Those consequences would include higher rates for all customers and extended control times for those customers who are playing by the rules of the load management program."

Major Concerns

Recently, ads have been appearing in regional newspapers and on the radio, promoting certain types



of electric space heaters. Red Lake Electric Cooperative is concerned that customers might be paying more money for products that aren't going to result in the savings they anticipated.

"No matter how they promote it, a 1,500-watt heater is a 1,500-watt heater," explained Kevin Reich, member services manager at Red Lake Electric Cooperative. "You can get one of these space heaters at the local hardware store for less than \$50. If someone is buying one of these because of the advertising, they could be spending a lot more money, up to \$400 and even \$500, for something that might have a fancy cover on it, but in the end, all they are really getting is a 1,500watt heater."

Customers who plug in space heaters during periods of load control create another concern. The benefits of the load management program are greatly diminished when this occurs. "Electric space heaters create additional demand during times when Red Lake Electric is trying to demonstrate our ability to control heating loads, which reduces our wholesale power costs from Minnkota," said Reich.

Safety is also a huge concern with portable space heaters. Using a number of these heaters inside a home can overload circuits that were not wired for that kind of load. The Consumer Products Safety Commission reports that each year

about 28,000 house fires are attributed to space heaters, resulting in 300 related deaths. Space heaters are not inherently dangerous, but they need to be used wisely.

Dual Heating Systems -A Better Solution

"It's not hard to understand why someone who is paying \$3 a gallon for fuel oil would think it is a great option to plug in a heater," said Reich. "But what they may not understand is that over time it will increase their overall costs.'

If a number of off-peak customers began using one, two or even three space heaters, this would directly affect their cooperative. This could result in a rate increase for all customers, or even worse, the program could be eliminated all together.

"Instead of the possibility of paying the full rate for electricity for space heaters, customers should consider adding to their off-peak systems," Reich said. "These systems allow Red Lake Electric Cooperative to control heating loads during times when supplemental power from the open market is most expensive."

By either expanding a dual heating system or developing a new (5814001.02 Virgil Benoit) one, customers will receive the most economical rate available for their electricity and the integrity of the load management system will be maintained long into the future.

A blend of primary off-peak electric heat with a fuel oil, propane or natural gas backup heating system is significantly less expensive than heating with fossil fuels alone.

"Off-peak electric heating continues to be the most economical heating choice this winter season," Reich said.

Information about developing a dual heat system is available by contacting the member services department at Red Lake Electric Cooperative. Call 1-800-245-6068 or 218-253-2168 for more details.



Manager's **Comments**

by Roger Johanneck

Plug-in electrical space heaters

I encourage you, if you haven't done so already, to read the article "Let's keep a good thing going," printed on page one of this month's *Volts & Jolts*. This story on plug-in electric space heaters does a good job of explaining why Red Lake Electric Cooperative and other Cooperatives of the Minnnkota Power Systems do not support the use of portable electric heaters.

What we do support is that our off-peak heating customers keep their back-up source of heat, usually a fuel oil or propane furnace, in good working order to cover their heating needs during the winters load control periods. A customer using a portable electric heater(s) in place of their backup fuel oil or propane furnace cancels the savings RLEC would normally realize from lowering or shedding that customers electric heat load. When that happens, our costs to serve you go up. When our costs go up, those costs get passed on to all customers in the form of higher retail rates.

Judging by the phone calls and

visits we have with customers, there are many of you who have seen or heard the ads promoting the use of these electric space heaters. I admit these ads are appealing and well written. Who wouldn't, as the ads proclaim, want to save 50 percent on home heating costs? That is an attention getter. The fine print here is that to save that much on your energy cost, you need to lower the heat in other parts of your home and only heat the room you want to keep warm. In many cases however, people (7019002.04 Randy D. Proulx) maintain the same thermostat temperature in the house and plug in the electric space heaters besides. We know, we have heard from these folks shortly after their monthly electric bill arrives, wondering why their bill has gone up instead of down. The bottom line is, there is no magic plug-in space heaters that will reduce your energy usage. To save money by using a space heater, you need to sacrifice comfort in the rest of your home and heat only the room you occupy.

From the mailbag

DEAR RLEC:

Thank you for donating to the Kris Fontaine Memorial Golf Tournament. The tournament was a success and with your donation we continue to increase the Kris Fontaine Memorial Scholarship Fund. Your continued support is greatly appreciated.

The Fontaine Families Mentor

DEAR RLEC:

Thank you from the Red Lake County Central SADD (Students Against Destructive Decisions) students and TRI A (Alcohol and Ash Annihiliators) students for your support of Red Ribbon Week, October 2008. Your donation was greatly appreciated.

> **Red Lake County Central Students**

DEAR RLEC:

Your generous thoughts and donations from Operation Round-Up are greatly appreciated. This will help our communications. Thank you. **Cathy Desrosier**

Polk County Mounted Posse

DEAR RLEC: Thank you for the \$100 credit

we received for the auto pay drawing. Mark and Lana Bruggeman

Thief River Falls

DEAR RLEC:

Thank you for the \$300 grant you gave the Strandquist Food Shelf. This money will help feed many people. Thanks **Gula Stromgren**

Strandquist

Mission Statement

DEAR RLEC:

work.

The Red Lake Falls Volunteer Fire Department was happy to receive a grant from Operation Round-Up. The money we received will be used to purchase new pager equipment needed to replace the current pagers. The replacement is needed due to the new radio systems coming out. This is a great program you are offering and it is very much appreciated by all of us. Thanks again.

I encourage doing the math

before you invest in an expensive

space heater. We are grateful to

those customers who have ques-

tioned the fine print of these

portable space heating ads and have

called RLEC to learn "the rest of

the story." Many of our customers

have come to know that in order for

RLEC to have an off-peak heating

program, where customers can save money on their heating bills, plug

in space heaters can not be part of

the heating equation. It just doesn't

your monthly energy bill, we are

convinced you would be money

ahead to use the \$300-\$400 some

are charging for these plug in

heaters and invest it in weatheriza-

tion improvements to your home.

We invite you to call us if you have

more questions about these space

heaters or questions you have about

home heating. We're happy to help

you any way we can.

If you want to save money on

Red Lake Falls Volunteer Fire Department

DEAR RLEC:

On behalf of the Thief River Falls and Pennington County Safety Camp Committee, I would to thank RLEC and the Board of Directors for the continued financial support that you give to our Safety Camp through your Operation Round-Up program.

Your generosity will continue to



Report from the Office

by Shirley Bregier

Identity theft protection

Identity theft is on the rise and fast becoming the number one crime in America. Starting Nov. 1, 2008, Red Lake Electric has new policies and a "Red Flag" program (1223004.02 David J. Thompson) in place to make it more difficult for someone to steal your identity. The more I learn about identity theft, the more concerned I get. It's pretty amazing how easy it has been to steal someone's identity.

To be in compliance with the Fair and Accurate Credit Transactions Act of 2003 (FACT Act) Red Lake Electric has developed a program to identify, detect and respond to patterns, practices and specific forms of activity that could indicate identity theft. As a part of this program, Red Lake Electric will be asking you some identifying questions when you call the office for setting up a new service, to have changes made to your account or to request certain information. When you visit our office to request this information you will be asked for photo identification. We may, in some instances, call you back to verify that it was you that made the request. Also, any identifying numbers such as social security numbers, driver's license number or bank information is encrypted so it is protected.

This may seem like an annoyance, and it may be, but we hope that by taking some extra care in being sure we are talking to the person who's name is on the account and knowing who you are that your identity will be safe with us. Rest assured we would never ask you for identifying information by e-mail.

Another thought I had today is that now that the heating season is getting in full swing we get more concerned with the automated meter reading devices on off-peak

systems that are not sending us a reading. If you are using electric heat that is on an off-peak system, we ask that you check over your electric bill and make sure that your meter readings on the bill are in line with the reading on your meter. Sometimes after the summer break some of the automated meter reading endpoints don't want to start back to work. If you notice a difference, please call the RLEC office and we will check it out.

As we approach the Thanksgiving holiday, I think we all start thinking more conscientiously about things we are thankful for. When we stop long enough we realize we each have many things to be thankful for. May each of you have a very enjoyable Thanksgiving and I hope your list of blessings continues to grow.

Decorate safely for the holidays

By Chris Grammes

Colorful, twinkling lights. Brightly lit plastic candy canes and snowmen on the front lawn.

Such decorations help make the holidays a magical time of year, but they must be handled with care. Each year, fires occurring during the holiday season injure 2,600 individuals and cause more than \$930 million in damage, according to the U.S. Fire Administration, largely due to the misuse of electrical products and decorations.

Here are some tips for using electrical products safely during the holidays:

· Before decorating, read and follow the manufacturers' instructions concerning installation and maintenance of all decorative electrical products.

• Indoors and out, use lights and other electrical decorations certified by a recognized, independent testing firms such as Underwriters Laboratories, Inc. (UL).

• Use lights certified for outdoor use only for outdoor use. The same goes for indoor lights.

· Carefully inspect each light



before plugging it into a socket. Cracked, frayed, loose or bare wires may cause a serious electric shock or start a fire.

• Do not mount or support light strings in any way that might damage the cord's insulation. Never nail or staple light strings or extension cords.

• Always unplug an electrical decoration before replacing light bulbs or fuses.

• Do not connect more than three light string sets together. Light strings with screw-in bulbs should have no more than 50 bulbs connected together.

Do not overload extension cords

• Keep all extension cords and light strings clear of snow and standing water.

• Use caution when decorating near power lines.

• Never use electric lights on a metallic tree

• Do not allow children or pets to play with electrical decorations.

• Always turn off decorations before leaving home or going to bed.

• Plug outdoor lights and decorations into circuits protected by ground fault circuit interrupters (GFCIs). Portable GFCIs for outdoor use can be purchased wherever electrical supplies are sold.

Sources: Electrical Safety Foundation International; U.S. Fire Administration.

Chris Grammes writes on safety issues for the National Rural Electric Cooperative Association, the Arlington, Va.-based service arm of the nation's 900-plus consumerowned, not-for-profit electric cooperatives.

It is the mission of Red Lake Electric Cooperative to enhance the quality of life for people of our service area by consistently providing quality electric service and other valued services while holding our employees, our community and our environment in high regard.



be used towards safety education for 120 second and third graders in June 2009. With financial support from organizations such as yours, it will be possible to once again conduct this camp to teach children the importance of safety that could one day save their lives.

Madelyn Vigen **Director of Parks and** Recreation **Thief River Falls**

WE PROUDLY PRESENT TO YOU The Red Lake Electric Cooperative **Customer Service Guarantee**



It's short and simple! Red Lake Electric Cooperative employees will meet or exceed your expectations of friendly, courteous service and will meet any commitments they make to you. If your expectations of the service provided by our employees is not met, please contact me at the Red Lake Electric Cooperative office, 253-2168. You will receive \$5.00 for your inconvenience and our promise to serve you better in the future. Our employees' commitment to quality customer service makes this guarantee possible.



ROGER JOHANNECK General Manager

One of the Minnkota Power Systems

RED LAKE ELECTRIC COOPERATIVE, Inc. VOLTS & JOLTS

(USPS 663-400)

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Hidden within the text of the articles on pages 1, 2, 3 and the back page of this issue of the Volts & Jolts are the names and account numbers of five RLEC members. They will appear within the articles in parenthesis as such (99-99-99-999-99 Roger P. Member). If you find your name and account number, clip it out and send it with your next payment. You will be credited with \$5 on your electric bill.



A Red Lake Electric Cooperative, Inc.

One of the Minnkota Power Systems

Things you should know about your electric service

BILLINGS AND COLLECTION

You will receive your energy bill on or near the 20th of each month.

Payment of your monthly energy bill is due on the 20th of the month. You may pay your bill in person at RLEC during office hours, use the 24-hour driveup drop box located next to the RLEC office, by Auto Pay, or by mail. Payment must be in the office, drop box. Auto Pay, or in the mail, as evidenced by the postmark, by the 5th day of the following month to avoid a late payment charge. A 1 1/2% monthly late payment charge will be computed on delinquent energy bills, the minimum late payment charge will be \$1.00.

If your payment is not received by the 15th of the month, a final notice of disconnection statement will be included on your following bill. The final notice statement will notify you when your electric service will be disconnected if the delinquent amount remains unpaid. If an employee is sent to disconnect your electric service, a \$50 collection fee will be charged to your account, even if you pay the collector.

To have a disconnected service reconnected, all amounts owing, a \$50 reconnection fee, and a security deposit must be paid. If the service must be reconnected after normal working hours, a \$100 reconnection fee must be paid.

BAD CHECKS

A \$15 charge will be levied each time a check is returned because of nonsufficient funds, account being closed or payment stopped.

OUTAGES

In case your electricity goes out, please do the following:

1. Check your fuses or breakers at the yard pole or meter pedestal.

2. Call your neighbor to see if they are out of electricity also.

3. Call the RLEC office (218-253-2168 or 1-800-245-6068) during working hours or 218-253-2200 after hours. We will accept collect calls for outages only.

METER TESTS

RLEC has a schedule in place to have its meters periodically tested for accuracy. Results from these tests show that meters generally slow down with age; however, if you think that your meter is recording too much usage, RLEC will test it for accuracy. You must pay a test fee in advance of the test. If the meter test shows that the meter was inaccurate, the test fee will be refunded to you.

STOPPED METERS

If you find your meter has stopped and you are using electricity, please contact the office immediately so we can replace it. Average consumption will be billed to the member for the time the meter was stopped so there is no advantage in not reporting a stopped meter.

METER READINGS

An automated meter reading system is utilized to obtain monthly meter readings. Although the system is normally reliable, there is always a chance that the correct reading has not been transmitted to the office for billing. Customers should periodically read their meter and compare it to the reading on the billing statement. If the actual reading is not close to the billing statement reading, please call the office.

GENERAL SERVICE RATES

Facilities charge variable \$15 to \$21 month Over 500 KWH (April-Dec.)5.7¢ Kwh Multiphase users add \$16/month cost of service charge.

Standby, \$8/month (meter disconnected but the power line retained; standby is not available on services larger than 15 KVA transformer capacity).

Security light, \$6/month, high pressure sodium, \$7/month, mercury vapor; water heater flat credit, \$5/month (on January-April billing); off-peak equipment charge, \$3.50/month per heat meter; off-peak electric heat rate, 3.5¢/kWh long-term control, 5.0¢/kWh short-term control.

Volts and Jolts

Recipe corner

Icebox Sugar Cookies

- 1 c. butter (no substitutes), softened
- 2 c. sugar
- 2 eggs
- 1 tsp. vanilla extract
- 3-1/2 c. all-purpose flour
- 1 tsp. baking soda
- 1/2 tsp. salt

In a mixing bowl, cream butter and sugar. Beat in eggs and vanilla. Combine flour, baking soda and salt; gradually add to creamed mixture. On a lightly floured surface, shape dough into three 10-in. long rolls. Tightly wrap each roll in waxed paper. Chill for 1 hour or until firm. Cut into 3/8in. slices; place on greased baking sheets. Sprinkle with sugar. Bake at 375 degrees for 8-10 minutes or until lightly browned. Cool on wire racks. Yield: about 8 dozen.

Herb-Rubbed Turkey

2 tbsp. rubbed sage 1 tbsp. salt 2 to 3 tsp. pepper 2 tsp. curry powder 2 tsp. garlic powder 2 tsp. celery seed 2 tsp. dried parsley flakes 1 tsp. paprika 1/2 tsp. ground mustard 1/4 tsp. ground allspice 3 bay leaves, crumbled 1 turkey (14 to 16 pounds)

In a small bowl, combine all of the seasonings; mix well. Rub half the seasoning mixture in the cavity of the turkey. Rub remaining mixture over the turkey skin. Tie the drumsticks together arid place turkey in a roasting pan. Roast using your favorite cooking method until a meat thermometer reads 185 degrees. Yield: 12-14 servings.

Turkey Tetrazzini

6 tbsp. butter 6 tbsp. all-purpose flour 1/2 tsp. salt 1/4 tsp. pepper 1/8 tsp. cayenne pepper 3 c. chicken broth 1 c. whipping cream 1 package (1 pound) linguine, cooked and drained 4 c. cubed cooked turkey 1 c. sliced fresh mushrooms 1 jar (4 ounces) diced pimientos, drained 1/4 c. chopped fresh parsley 4 to 5 drops hot pepper sauce 1/3 c. grated Parmesan cheese

In a saucepan over medium heat, melt the butter. Add the flour, salt, pepper and cavenne; stir until smooth. Gradually add broth; bring to a boil. Cook and stir for 2 minutes or until thickened. Remove from the heat; stir in cream. Mix 2 cups of sauce with linguine; pour into a greased 13-in. by 9-in. by 2-in. baking dish. Make a well in center of noodles, leaving about a 6-in. by 4-in. space. To the remaining sauce, add turkey, mushrooms, pimientos, parsley and hot pepper sauce; mix well. Pour into the center of dish. Sprinkle with parmesan cheese. Cover and bake at 350 degrees for 30 minutes. Uncover and bake 20-30 minutes more or until bubbly and heated through. Yield: 8-10 servings.

Squash Puffs

- 1 c. mashed cooked acorn squash
- 1 egg
- 1/4 c. diced onion
- 1/2 c. self-rising flour*
- 1/2 c. self-rising cornmeal*
- 1 tsp. sugar
- 1/2 tsp. salt
- Cooking oil

In a bowl, combine squash, egg and onion. Combine flour, cornmeal, sugar and salt; add to squash mixture and mix well. In an electric skillet, heat 1/4 in. of oil to 365 degrees. Drop batter by tablespoonfuls into oil. Fry, a few at a time, for 2-3 minutes or until crisp and golden, turning often. Drain on paper towels. Yield: 4-6 servings. *Editor's note: As a substitute for self-rising flour, place 3/4 tsp. baking powder and 1/4 tsp. salt in a 1/2c. measuring cup. Add all-purpose flour to measure 1/2 cup. There is no substitute for self-rising cornmeal.

- Spaghetti Fruit Salad
- 1 c. confectioners' sugar
- 2 eggs 1/2 c. lemon juice
- 1/2 tsp. salt
- 8 ounces spaghetti, broken into 2-inch pieces
- 1 can (20 ounces) pineapple tidbits
- 3 medium tart apples, diced
- 1 carton (8 ounces) frozen whipped topping, thawed
- 1/4 c. chopped walnuts
- Maraschino cherries, halved

In a saucepan, combine sugar, eggs, lemon juice and salt; cook and stir over medium heat until temperature reaches 160 degrees and mixture is thickened, about 4 minutes. Cool completely. Cook spaghetti according to the package directions; drain and rinse in cold water. Place in a large bowl. Drain pineapple, reserving juice. Pour juice over the spaghetti; stir in apples. Toss gently; drain. Stir in the egg mixture and pineapple. Cover and refrigerate overnight. Fold in whipped topping just before serving. Garnish with walnuts and cherries. Yield: 12-14 servings.

Molded Cranberry Fruit Salad

This tasty dish uses less sugar, salt and fat. Recipe includes diabetic exchanges.

- 2 packages (3 ounces each) cherry gelatin
- 2 c. boiling water
- 1 package (12 ounces) fresh or frozen cranberries
- 1 large apple, peeled and chopped
- 1 large orange, peeled, chopped and seeded
- 1 piece of orange peel (1 inch)
- 1 can (20 ounces) crushed pineapple, undrained

In a bowl, dissolve gelatin in water. Stir in all remaining ingredients. Process in small batches in a blender until coarsely chopped. Pour into a 13in. by 9-in. by 2-in. dish or a 3-qt. serving bowl. Chill until set, about 2-3 hours. Yield: 16 servings. Diabetic exchanges: One 1/2-c. serving (prepared with sugar-free gelatin and unsweetened pineapple) equals 1 fruit; also, 47 calories, 46 mg sodium, 0 cholesterol, 11 gm carbohydrate, 2 gm protein, trace fat.

Red Lake Electric Cooperative, Inc.			
Operating	Report		

MONTHLY COMPARISON

SI	EPTEMBER 2007	S	EPTEMBER 2008	
Total Revenue\$	595,903	\$	622,890	
Total Margins\$	(9,203)	\$	(38,780)	
Cost of Power\$	393,929	\$	431,844	
KWH's Purchased	8,644,408		9,208,525	
Capital Credits Paid to Estates\$	12.165	\$	7.046	

YEAR TO DATE COMPARISON

	PTEMBER 2007	S	EPTEMBER 2008
Total Revenue	5,919,761	\$	6,680,090
Total Margins\$	646,100	\$	795,728
Cost of Power\$	3,768,008	\$	4,263,588
KWH's Purchased	3,679,816	1	02,264,160
New Service Connections	30		55
Customers Served	5,087		5,140
Capital Credits Paid to Estates\$	87,260	\$	53,443
Miles of Line			
Overhead	2,330		2,325
Underground	230		233

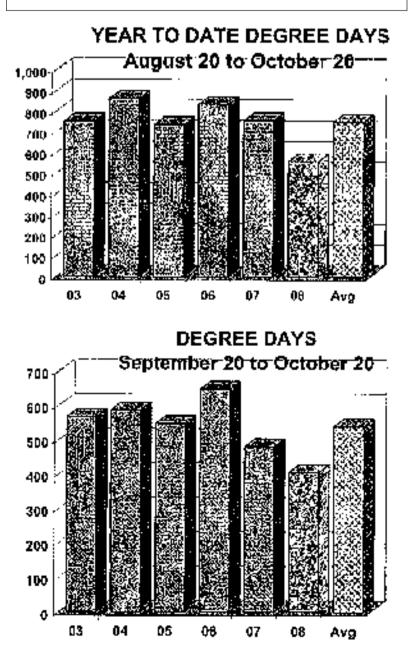






DEGREE DAYS

To determine degree days, you must calculate the daily mean temperature for the time period you are measuring. Degree day computation is based on the assumption that a building does not require any heat if the outside temperature averages 65 degrees during a 24-hour period. To obtain a degree day figure, the high temperature and the low temperature for the day are added and the total divided by two. That figure is then subtracted from 65. For example, if the high temperature was 30 degrees and the low temperature 10 degrees, the figure would be 30+10=40; 40/2=20; 65-20=45. This would be a 45-degree day. The higher the degree day figure, the more heat required to warm your home.





VOLTS AND JOLTS FEATURE OF THE MONTH

History lives on at Perreault Century Farm

By Destiny Harmoning

The Perreault family farm, located just west of Terrebonne, was recognized this year as a "Century Farm" by the Minnesota Farm Bureau and the state fair board. Qualifying farms must be over 50 acres in size and must have been in the family for over 100 years.

Louis and Mary (Beauregard) Perreault began the farm. They moved to the Terrebonne area in 1879 as a newlywed couple. When they first came to the area, they made their residence in Gervais township. This is where the family farmed, producing oats and wheat and raising dairy cattle and chickens.

When the Perreault farm started, horses were vital to the farming process. They were used to plow the land and cultivate the soil.

In 1900, Louis and Mary bought about 500 acres of land, in the location that the Perreault farm sits today. The land was purchased for \$10,000.

In 1912, Louis sold approximately 400 acres of his land to his son Napoleon. When Napoleon married Amanda (Paradis) in 1914, they built a home which remains on the farm today, with some additions and updates. Napoleon and Amanda raised their nine children in the home.

Dairy cattle and chickens were raised on the farm, just like Louis had raised. They also raised sheep and pigs. Crops on the farm included wheat, barley, oats, alfalfa and corn.

Napoleon used a steam-powered threshing machine to separate the grain from the straw. This was later replaced, in 1951 when Napoleon bought the first combine for the family.

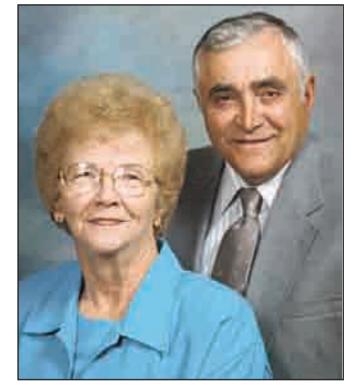
In the early 1940's, the World War II draft sent two of the Napoleon's sons into active duty. Since Vern was the youngest son, he was able to stay at home and continue to farm with his father, even though he had also been drafted.

Music was an important part of the Perreault family. In 1948, the "Perreault Rhythm Boys" were formed. Napoleon and his sons David, Harvey, Vern and Leo played in the band, entertaining locals at wedding dances and events. The music was a great form of entertainment for the family and it also helped supplement their income.

Vern grew up on the farm and graduated from Lafayette High School. He met his wife Merlyn (Fredrickson) at a wedding dance in Plummer. Merlyn had grown up on a farm near Plummer and graduated high school there. The



Vern and Merlyn Perreault's Century Farm as it looked in 1997. The only change between then and now is the barn and silo have been taken down.



easy after retirement. For 19 years, the couple wintered in Texas. They also used to spend a lot of time camping and fishing.

Merlyn enjoys spending her time being a homemaker, which she has always done for her family aside from a stint at St. John's Hospital where she worked in nursing. She enjoys reading, crocheting and quilting.

Vern enjoys playing the accordian, as he used to as a band member of the Perreault Rhythm Boys. He also enjoys building model horse sleighs, creating the sleighs and harnesses for the miniature toy horses. He is working on making one of these for each of his grandsons.

The family were members of St. Anthony Catholic Church until it closed. They are now members of St. Joseph Catholic Church in Red Lake Falls.

Vern and Merlyn no longer farm the land, but it is rented out to Darrell and Daniel Payment who grow soybeans, wheat and perrenial rye grass.

Though they no longer farm, Vern and Merlyn remember what it was like, stating that trying to make ends meet was the biggest challenge. With Vern's other jobs, it all worked out.

The Perreault family farm has seen a lot of history over its 108 years. Vern himself has personally witnessed the farm go from horse-powered machinery, to steam-powered, to modern day tractors, a feat not achieved by too many.

Though none of their children currently farm, Vern and Merlyn will someday pass the farm onto all of their children in hopes that the history will live on.



couple were united in marriage in 1950.

Farming was the family's main source of income but Vern also did a stint at American Crystal Sugar in Crookston, worked some road construction and acquired his journeyman's license to work as an electrician.

Vern farmed with his father for many years and then rented the land following his father's death in 1962. Vern eventually purchased the land from his mother.



Members of the Perreault family are, front from left, Lori Wavra, Vern and Merlyn Perreault, Mary Kleven; back, Lyle, Bruce, Wayne and Dennis Perreault.

Merlyn and Vern Perreault

In 1969, Vern suffered an injury while doing electrical work. During this time, he was unable to harvest. A multitude of friends and neighbors offered a helping hand during this rough time for Vern and the crops were harvested.

Vern and Merlyn raised their six children on the farm. Now all of their children are grown and have children of their own. Vern and Merlyn even have 4 great-grandchildren.

Their son, Dennis is married to Deb. They have five children and reside in Grand Rapids. Wayne lives in Nashwauk with his wife Patti and their three children. Lyle, his wife Diane and their two children live in Apple Valley. Mary married John Kleven. They have three children and live near Erskine. Lori married Dan Wavra and they have four children. Lori and her family live in Red Lake Falls. Bruce has two children with his wife Gwen. They live in Moorhead.

Vern and Merlyn remain on the farm. Though the farm was eligible for Century Farm status in 2000, it was just recognized this year and is infact 108 years old.

Things are much quiter now for Vern and Merlyn, who are just taking it

Members of the "Perreault Rhythm Boys" in 1948 are, from left, Napoleon, Harvey, Leo, David and Vern. In front is Harvey's son Tom.



Napoleon and Amanda Perreault's home in 1915. The home still stands on the Perreault family farm, but it has faced some improvements and additions.



How to make the most out of your next doctor's appointment

By Rachel S. Burke

No, it is not your imagination visits with the doctor are shorter now than they used to be. Whether you are in for a routine visit or a specific diagnosis, a little bit of planning can make your appointment more productive and can save you time and money in the long run. Here are a few suggestions to consider:

• Make a list of all the medications you take, the dosage and time you take them, as well as what they are treating.

• Remember to include any over-the-counter medicines, vitamins and herbal supplements.

• If you see more than one doctor, make sure they all know what medications you take. Also, remember to note any medications that need to be refilled soon. This is especially important if you are preparing to travel; making sure you have the medications you need before you head out of town can save you an expensive trip to the doctor or pharmacy.

Before your visit, write down questions you want to ask your doctor. It may be helpful to have a family member or friend with you to take notes at your appointment. If

you are being monitored for a chronic condition (i.e. diabetes, high blood pressure), note any changes in your condition since your last visit. If your medications were adjusted at your last visit, note your response to those as well.

While your doctor or nurse is talking, stop and ask questions if you do not understand something. If you are given new information about a medication or condition, ask for material you can take home. That way you will be less likely to forget what you have been told.

If you are asked a series of questions about your health and behavior, be completely honest in your answers. For example, your doctor may need to know how much alcohol you consume for a number of reasons, but it may be particularly important to have this information if you take certain medications. If you have diabetes, an honest description of your diet is essential to the management of your care. Remember, information you share with your doctor is private.

If your visit is for an acute injury or illness, provide as much information as possible. Consider these questions:

• When did the problem start?

• What were you doing just before it happened? If you are having pain, describe it. Is it continuous or intermittent? How intense?

• Remember your medication list when you are seeing your doctor for an injury. If you fell and hurt your ankle, your doctor needs to know if you are taking a new medication that could cause dizziness.

• If you are experiencing pain, tell your doctor. Speaking up now will save you the expense of a latenight trip to the emergency room when the pain is too much to handle.

Ask your doctor if there are preventive screening tests you should have. For instance, if you are a woman over the age of 40, you should ask about scheduling an annual mammogram. Many serious conditions like colorectal cancer, high cholesterol, diabetes and high blood pressure can be effectively managed when diagnosed in early stages. Taking the time now to get screened could save you a lot of time and money in the future - and it might even save your life.

Rachel S. Burke, RN is Senior Advisor, Clinical Programs and Initiatives with NRECA

Burn candles safely

By Christine Grammes

Candles provide a delightful source of light and fragrance, especially during the holidays. However, they can also lead to injury or even death if not used properly. According to the National Fire Protection Agency (NFPA), the month of December typically has twice the number of home candle fires than an average month.

According to the NFPA, candle fires occur most often in the bedroom (45.2 percent), the family room (17.5 percent) and the bathroom (11.2 percent). Materials typically ignited by candles include cabinetry, bedding, pillows and curtains. Most startling, 85 percent of

candle fire incidents were started because of consumer misuse.

Below are some tips for keeping you and your family safe when using candles:

• Extinguish all candle flames when leaving the room or going to sleep.

• Keep candles at least one foot away from things that can catch fire, like clothing, books and curtains.

• Use candle holders that are sturdy, won't turn over easily and are made of material that cannot burn. In addition, the candle holder should be large enough to collect dripping wax.

• Keep candle wicks trimmed to

one-quarter inch and extinguish taper and pillar candles when they get to within two inches of the holder. Votives should be extinguished before the last half-inch of wax starts to melt.

• During power outages, avoid having to carry a lit candle. Use flashlights instead.

• NFPA discourages the use of candles in bedrooms and sleeping areas.

Source: National Fire Protection Agency; National Candle Association.

Christine Grammes is a freelance writer specializing in energy and cooperative affairs.

Donating deer hides helps habitat and educates children

Since 1985, Minnesota's deer hunters have unselfishly participated in one of the nation's most unique recycling projects; Hides For Habitat, a project of the Minnesota Deer Hunters Association (MDHA).

Thanks to Minnesota's deer hunters nearly 650,000 deer hides have been donated since 1985. From the sale of those hides, MDHA chapters have generated nearly \$3.5 million that has been used primarily for critical wildlife habitat enhancement and acquisition of new Wildlife Management Areas (all open to public hunting). Additionally, Hides for Habitat funds have been used in support of Whitetail Deer research and, most recently, to support MDHA's Forkhorn Youth Summer Camp program and other youth education programs such as youth field days and the National Archery in the Schools Program.

According to MDHA Executive Director Mark Johnson, "The \$8.50 that MDHA receives for each grade-one deer hide is not the key. The key comes as we are able to multiply hide dollars through leveraging federal, state and other conservation dollars. Generally, by the time Hides for Habitat dollars hit the ground they have tripled by the leveraging of other funds. On top of that, Wildlife Research Center, the Ramsey based scent company, is again sponsoring Hides For Habitat billboards across the state, thus reducing advertising cost."

That is only half of the story, as Johnson explains. "No matter how good our habitat and how large our populations of huntable game, it won't matter if we do not lead our children to learn about our heritage

of hunting and natural resources. Consequently, MDHA's chapters also utilize Hides for Habitat funds to help provide money for camp scholarships and camp equipment for MDHA's Forkhorn Youth Summer Camps. In 2008, over 600 kids attended Forkhorn camps, most of whom would not have been able to attend had it not been for the scholarships provided through MDHA Chapters with revenue from the donated deer hides. It all starts with deer hunters, like you and me, unselfishly donating their deer hide."

To donate a deer hide this season, simply look for the MDHA Hides for Habitat orange signs located at Hides Drop Point Stations. To locate an official MDHA Hides Drop Station, log onto www.mndeerhunters.com or call MDHA's State Office at 800-450-3337, ext 12.

However, Johnson cautions hunters. "Each year across the state, more imposter Hide boxes are popping up. These are boxes that are not Hides for Habitat boxes but look like them and are sometimes positioned next to our Hides for Habitat boxes. Don't be tricked! Be sure to only place your hide into boxes with "Hides for Habitat" or "MDHA" signs prominently displayed on them. Also, please thank the local business owner for donating the space for the Hides for Habitat drop boxes."



Holiday Train to make a return to TRF

The Canadian Pacific Holiday Train will chug to Thief River Falls Monday, Dec. 15. The train is scheduled to be at the Depot/City Hall from 8:15 p.m. to 8:45 p.m.

The Holiday Train will travel to various locations throughout Illinois, Wisconsin, Minnesota, North Dakota and Saskatchewan. Holiday lights adorn the train, which travels from town to town to help raise food, money and awareness for local food banks.

Bringing holiday cheer, as well as the important message supporting food pantries in the U.S., is Canadian Country Music Hall of Fame member Tracey Brown, CCMA winner Johnny Reid, Shaun Verreault, singer/guitarist/songwriter for blues-rockers and Canadian live favorites Wide Mouth Mason and Juno award winning singer and songwriter Melanie Doane.

This is the tenth year that CP's Holiday Train will take to the rails for local food banks with its message of hope and community sup-



has generated \$3 million and 1.6 million pounds of food. All donations collected in a community remain in that community for local

distribution.

For more information about the CP's Holiday Train, visit the general public section of their website, www.cpr.ca.



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The Gazette is only \$29 in Red Lake County

Milk Sense for the Holidays

Selected writings reprinted from the weekly newspaper column Written by Mike Phillips

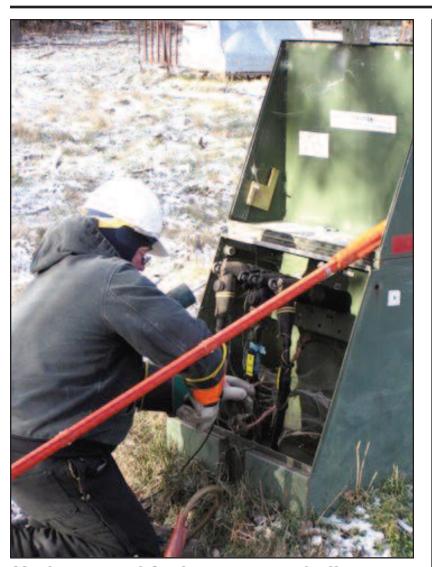
NOW AVAILABLE- Give yourself and others a gift of some of our favorite Milk Sense columns printed over the years. In this anthology entitled MILK SENSE FOR THE HOLIDAYS you will find more than 40 different columns published since Milk Sense began in 1996. Included are such titles as: A Christmas Star is Born, A Christmas Eve Visit, A Christmas Eve Inspection, Ruminations On A Thanksgiving Cow?, Flags Over The Pasture, America The Beautiful, Lonely Churches, Friends Are Forever, How to Eat a Drumstick©, I Can't Believe I Sold The Cows and many, many more.

Priced at just \$8.50 or 2/\$15.00 this anthology is a great keepsake for anyone who grew up on the farm and still savors the memories of farm life with cows. Even non-farmers will enjoy the humor and common sense shared in these pages. ORDER TODAY AND GET FREE SHIPPING!

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Underground faults present challenges

Faulted underground cable presents challenges in many ways. First it must be determined that there is an underground short. Once that is determined, line switching and back-feeding must be done to restore electric power to the affected customers. Then the fault needs to be located and repaired which is time consuming. Once the cable is repaired, the line switching is restored to the normal positions and the cable can be re-energized. Dick Gervais, crew foreman, works to ground out an underground junction box so the faulted cabled can be "thumped" to locate the fault.



Red Lake Electric hires PKM Electric of Warren to locate underground cable faults. Their truck is equipped with a Smart-Thump thumper and radar unit. Cables from the thumper are hooked to the faulted underground wire and the radar will indicate the approximate footage to where the fault is. The thumper also puts a higher voltage charge onto the wire which will send a shock wave into the ground in the area of the faulted wire.



Ira Cota, lineman, uses an underground locator to determine the path of the underground wire.





Once the underground fault location has been determined the cable needs to be exposed to splice the cable. Brett Knott, apprentice lineman (in the trench) and Roger Valley, crew foreman, work to uncover the underground cable.

Before repairs can be made to the underground cable it needs to be isolated and grounded. Mike Wavra, left, lead lineman, and Casey Thronson, lineman, check the cable with a voltage detector, at a junction cabinet, to make sure the cable is de-energized.



Mike Wavra uses an insulated fiberglass "shotgun" stick to disconnect the other end of the underground cable where it terminates on the riser pole.





Once the cable is totally disconnected and grounded, the repair splice can be made to the wire. The linecrew works to make the splices on two cables that had faulted. Once the splices are complete the trench is filled and the line switching is restored to the normal positions and the cable can be re-energized. These cable faults occurred on a line northeast of Red Lake Falls on a Sunday afternoon affecting approximately 50 customers at the time of the fault.















Co-op Month Energy Credit Winners

In observance of Co-op Month in October, Red Lake Electric Cooperative awarded five \$50 energy credits. A random drawing of the Cooperative's members was conducted and the following people received a \$50 credit on their electric bill: Tom Blazejewski, Newfolden; Jeff Langan, Thief River Falls; Steve Heden, Plummer; June Brustad, Mentor; and Craig and Shelly Flatgard, Oklee.



In case of an electrical outage or emergency, call the after-hour phone number, 218-253-2200.

Happy Thanksgiving!

Keeping warm with window treatments

Window treatments and coverings aren't just for decoration, they can also go a long way in saving energy. Some carefully selected window treatments, such as draperies and insulating panels, can keep heat from escaping through window panes in winter.

A drapery's ability to reduce heat loss and gain depends on several factors, including fabric type (closed or open weave) and color. Although it's difficult to generalize about energy performance, when drawn during cold weather most conventional draperies can reduce heat loss from a warm room up to 10

percent. In winter, you should keep draperies that don't receive direct sunlight closed during the day and close all draperies at night.

Draperies should be hung as close to windows as possible to reduce heat exchange and should fall onto a windowsill or floor. For

\$32,000.00

\$16,500.00

\$42,950.00

\$43,500.00

\$17,000.00



maximum effectiveness, install a cornice at the top of a drapery or place the drapery against the ceiling. Then seal the drapery at both sides with Velcro or magnetic tape, and overlap it in the center. Such snug window treatments can reduce

heat loss by up to 25 percent. An inexpensive insulating

window panel or pop-in shutter, typically made of a core of rigid foam insulation, also reduces heat loss. The panels are made so that their edges seal tightly against the window frame, and they can be pushed or clipped into the interior of a window. No hardware, such as hinges or latches, is required.

Of course, window treatments aren't effective at reducing air leakage or infiltration-caulk and weather strip around windows to reduce drafts. Also, draperies work best for winter weather. Window blinds are more effective at reducing summer

heat gain than winter heat loss. For more information, visit

eere.energy.gov. Source: U.S. Department of Energy Office of Energy Efficiency

and Renewable Energy.

AUTO PAY OFFERED BY RLEC

Red Lake Electric Cooperative is pleased to offer you Auto Pay. Now you can have your monthly energy bill paid automatically from your checking or savings account. You can receive the Auto Pay service by completing the Auto Pay sign-up sheet and returning it to Red Lake Electric Cooperative.

The Auto Pay service is free of charge. Not only is this service free, you will eliminate the expense of writing a check, postage to mail your payment and no more late payment penalties because your bill will be paid on time, every month, for you.

Your payment will be automatically made for you on the 5th of each month. If the 5th falls on a weekend or holiday, the payment will be made on the next business day. You will continue to receive your monthly energy bill as you have in the past, indicating the amount that will be withdrawn from your bank account. The proof of your payment will appear on your bank statement and your next month's energy bill statement.

Continue to pay your monthly bill until you are notified on your bill that the Auto Pay has been set up for you.

If you have any questions about the Auto Pav please call RLEC at 800-245-6068 or 218-253-2168.



Peterson receives electrical award

TW20 2WD

8340 ford mfd / loader / cab

TN75 sims cab loader / MFD

8260 Nh loader MFD

5230CIH MFD Loader

5250 CIH MFD

TL 100 A MFD

Ethan Peterson, Thief River Falls, recently received a cordless electric drill from Red Lake Electric Cooperative. Red Lake Electric sponsors the award for the Pennington County 4-H electric project winner. Ethan is a member of the Silverton 4-H Club and the son of David and Betty Peterson.



RC 60 cab/heat bucket clean

Terex backhoe cab/mfd 2005 model

Terex backhoe cab/mfd 2005 model

RC 30 1617hrs clean

(2) SR80 cab/heat/aii

580SE case Backhoe

MISC

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	TN65 NH	Call	LM860 NH TELEHANDLER	\$42,000.00
	7700 with cab	\$10,500.00	CX 80 excavator	\$70,000.00
	4010 JD diesel	\$7,800.00	850K case dozer	\$63,000.00
	DX55 Case MFD loader clean	\$25,950.00	A-62 payloader	\$18.000.00
	TC30 hydro loader sims cab and heat	\$18,000.00	84' marflex sprayer 750 gal	\$12,000.00
	TC55DA MFD canopy clean	\$22,000.00	New Kong Skilde Stonebear	CALL
	TC40DA MFD loader	\$19,500.00	8600 CIH air drill	\$14.500.00
	966 IH CAB pto no/ 3PT	\$6,700.00	5100 wilrich 30' air seeder	\$8,500.00
	TS100 2488hrs 8x2 trans	\$22,000.00	HAY	φ0,000.00
	399 Massey mfd/loader	\$20,500.00	605M Vermeer low bale count	\$24,800.00
	TILLAGE		BR780 baler	\$18.000.00
	Wilrich 42' cultivator with 3 bar harrow	\$4,8000.00	BR780 NH Baler net wrap/extra sweep	\$24,000.00
	Wilrich 657 disc chisel	CALL	BR750 NH baler clean	\$17,000.00
	4800 28' cultivator	\$7,200.00	BR730A clean baler	\$14,000.00
	4700 45' cultivator with harrow	\$5,000.00	688 NH baler	\$13,500.00
	630 JD tandem disc 28'	\$7.800.00	8590 CIH square baler	\$25.000.00
	220 JD disc 20'	\$4,800.00	568 JD round baler	\$25,000.00 Call
	SUMMERS SUPER COULTER	CALL	855 NH BALER	\$3,800.00
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	SUMMERS DEGELMAN, HAY			

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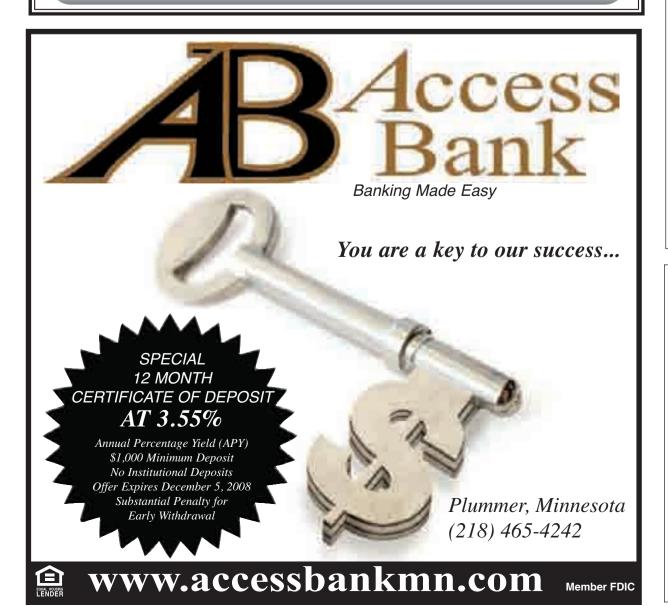
\$33,500.00

\$39,000.00

\$42,000.00

\$28,700.00

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NAME OF FINANCIAL INSTITUTION ____

CHECKING ACCOUNT # ____

SAVINGS ACCOUNT # ____

TELEPHONE # ____

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